Contents

Introduction / Overview .................................................................................................................. 3

II. Biennial Review Process ........................................................................................................ 4
   A. The Biennial Review Committee ......................................................................................... 4
   B. Location of Report ............................................................................................................. 4

III. Annual Policy Notification Process ..................................................................................... 5
   A. Content of Alcohol/Drug Abuse and Prevention Statement ............................................ 5
   B. Notification Process for Employees ................................................................................. 5
   C. Notification Process for Students .................................................................................... 5

IV. Alcohol and other Drug (AOD) Data / Needs Assessment .................................................. 5

V. AOD Policy, Enforcement and Compliance Inventory ............................................................ 6
   A. Inventory of Policies ........................................................................................................ 6
      1. Alcohol and Drug Abuse Prevention Statement ....................................................... 6
      2. Student Code of Conduct .......................................................................................... 6
      3. Tobacco Policies ........................................................................................................ 6
      4. Lee College Intercollegiate Athletics Substance Abuse and Education Program ....... 6
      5. Financial Aid Drug Convictions Policy ......................................................................... 6
      6. Drug Screenings for College Security Officers - ....................................................... 7
   B. Infractions / Enforcement ............................................................................................... 7

VI. AOD Comprehensive Program / Intervention Inventory and Related Process and Outcomes/Data .... 8
   A. Community Activities / Initiatives - ............................................................................... 8
      1. Drug Free Campus Committee .................................................................................... 8
      2. Premier of the Last High Documentary - ..................................................................... 8
      3. Lee College Health Fair ............................................................................................. 8
      4. Alcohol / Drug Presentation to College Forward Students ......................................... 8
      5. Town Hall Meeting on Prescription Drugs ................................................................ 8
      6. Partnership with Community Groups and Coalitions ................................................ 8
      7. Website information .................................................................................................. 9
   B. College Activities / Initiatives ......................................................................................... 9
      1. Presentation at New Student Orientation - ................................................................. 9
      2. Campus Email Notifications - ..................................................................................... 9
      3. Screening of the Last High - ....................................................................................... 10
      4. Campus Awareness Events. - .................................................................................... 10
      5. Mental Health First Aid Training - ............................................................................ 11
C. Programs for Special Populations .......................................................... 11

Education Program for our NJCAA athletes .................................................. 11

VII. AOD Comprehensive Program Goals and Objectives for Biennium Period ........................................... 12

VIII. AOD Strengths, Weaknesses ............................................................... 13

A. Strengths (Favorable Compliance) ......................................................... 13

B. Weaknesses (Areas Needing Improvement) ............................................ 13

Recommendations for Next Biennium ......................................................... 13

IX. Appendices .......................................................................................... 14

APPENDIX A ............................................................................................ 15

Alcohol / Drug Abuse and Prevention Statement ........................................... 15

APPENDIX B ............................................................................................ 19

Email Statement to Employees .................................................................... 19

APPENDIX C ............................................................................................ 20

Sample Notification Email to Students ....................................................... 20

APPENDIX D ............................................................................................ 21

Intercollégiate Athletics - Substance Abuse Education and Testing Program ................. 21

APPENDIX E ............................................................................................ 24

Federal Financial Aid Drug Policy ............................................................... 24

APPENDIX F ............................................................................................ 27

Lee College Health Fair .............................................................................. 27

APPENDIX G ............................................................................................ 28

Town Hall Meeting on Prescription Drugs .................................................. 28

APPENDIX H ............................................................................................ 34

Tobacco 21 Coalition of Organizations ....................................................... 34

APPENDIX I ............................................................................................ 36

“O” Team Partnership ................................................................................ 36

APPENDIX J ............................................................................................ 37

Email Communications ................................................................................ 37

APPENDIX K ............................................................................................ 40

College Alcohol and Other Drug Awareness Events ....................................... 40

APPENDIX L ............................................................................................ 42

Life of an Athlete Final Report ................................................................. 42

APPENDIX K ............................................................................................ 45

Orientation for Student Athletes (Fall 2017) ................................................ 45

Lee College Drug Free Campus 2018 Biennial Report / Page 2
**Introduction / Overview**

Lee College is committed to an environment that supports the academic success and health of our staff and students and has a Drug Free Campus Program that serves to provide the campus with activities and services designed to encourage a healthy and drug-free lifestyle.

In keeping with the requirements of the Drug-Free Schools and Campuses Regulations [EDGAR Part 86], Lee College has an Alcohol / Drug Abuse Prevention Statement that describes standards of conduct that clearly prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on College property or as part of any College sponsored activities. The policy includes the following:

1. A description of legal sanctions under federal, state, or local law for the unlawful possession use or distribution of illicit drugs and alcohol;
2. A clear statement of disciplinary sanctions Lee College will impose on students and employees for violations of the standards of conduct;
3. A description of the health risks associated with the use of illicit drugs and the abuse of alcohol;
4. A description of the drug and alcohol counseling and treatment resources available to students and employees.

As outlined in the “Complying with the Drug-Free Schools and Campuses Regulations” (EDGAR Part 86), the statement is distributed to all students and employees as part of our Drug Free Campus Program.

This required biennial review has the following two objectives. First, to determine the effectiveness of, and to implement necessary changes to, the AOD Prevention Program. Secondly, to ensure that campuses enforce the disciplinary sanctions for violating standards of conduct consistently.
II. Biennial Review Process

This Review covers the time period of 2016-2018. Specifically, it is the fall 2016 semester through the summer of 2018.

A. The Biennial Review Committee

The Biennial Review Committee is a subcommittee of the Drug Free Campus Committee and consists of the following individuals:

- Dr. Rosemary Coffman, Associate Dean/Student Affairs (Chair)
- Howard Bushart, Instructor and Allied Health Chair
- JR Velez, Security Captain
- Amanda Summers, Human Resources Director
- Mike Spletter, Student Activities
- Dr. Donnetta Suchon, Vice President / Student Affairs

B. Location of Report

Access to the report can be found online at www.lee.edu/about/maintaining-a-drug-free-campus. A copy of this Biennial Review is on file in the Office of the Associate Dean of Student Affairs as well as in the Human Resources Office. A hard copy will be made available upon request from either office.

<table>
<thead>
<tr>
<th>Name</th>
<th>Amanda Summers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Title</td>
<td>Human Resources Director</td>
</tr>
<tr>
<td>Department</td>
<td>Human Resources (Rundell Hall, 201)</td>
</tr>
<tr>
<td>Phone</td>
<td>281-425-6875</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:asummers@lee.edu">asummers@lee.edu</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name</th>
<th>Rosemary Coffman, PhD, CRC, LCDC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Title</td>
<td>Associate Dean</td>
</tr>
<tr>
<td>Department</td>
<td>Student Affairs (Rundell Hall, 107E)</td>
</tr>
<tr>
<td>Phone</td>
<td>281-425-6387</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:rcoffman@lee.edu">rcoffman@lee.edu</a></td>
</tr>
</tbody>
</table>
III. Annual Policy Notification Process

A. Content of Alcohol/Drug Abuse and Prevention Statement
   As outlined and required by the Department of Education, Lee College’s Alcohol / Drug Abuse Prevention Statement (Appendix A) can be found online at http://www.lee.edu/counseling/files/2015/07/aod-policy-2015.pdf.

B. Notification Process for Employees
   All full time and part time employees are emailed a copy of the statement as notification of our policy in January of each year. In addition, all new employees receive a copy as part of their new hiring packet. Appendix B is a copy of the most recent email sent out to all employees.

   The Statement can also be found on the Human Resources webpage http://www.lee.edu/about/maintaining-a-drug-free-campus/ and in the Employee Handbook (http://www.lee.edu/hr/resources-for-employees/employee-handbook/concerns/)

C. Notification Process for Students
   Each semester, the AOD statement is sent to all students via their official Lee College email—an account that students must acknowledge as official in order to be enrolled at the College. Appendix C is the example of the email sent to all students.

   In addition to emailing the student, the statement is available to the student in a number of other ways.

   - As part of the New Student Orientation, the statement is included in their packet of information and is discussed in the PowerPoint presentation. This is a mandatory activity for all first time in college students.
   - A link to the statement is on the home page of each student’s MyLC page. This is the main portal to all academic processes, including registration.

IV. Alcohol and other Drug (AOD) Data / Needs Assessment
   For the various initiatives on campus and in the community, data was collected from participants. This information is described in the section VI below.

   For this Biennial Review, no needs assessment was conducted.
V. AOD Policy, Enforcement and Compliance Inventory

The following documents represent an inventory of AOD policies related to alcohol and other drug use, prevention, and education. For most, the general enforcement is the responsibility of Lee College Security Department.

A. Inventory of Policies

1. **Alcohol and Drug Abuse Prevention Statement** - This policy is enforced by Lee College Security. For this Biennial Review, there were four sanctions reported as described in Section IV.

2. **Student Code of Conduct** – Located within the Lee College Catalog, information on the use of illicit drugs, including alcohol can be found online under “Alcohol and Other Drugs.”

   http://catalog.lee.edu/content.php?catoid=3&navoid=73&hl=alcohol&returnto=search#Student_Conduct

   These policies are enforced by Security and, if necessary, Student Affairs Administration as outlined in the Lee College Catalog.

3. **Tobacco Policies** – In November 2015, Lee College moved towards a Smoke Free/Tobacco Free Campus in which smoking was only allowed in designated areas, away from all buildings and open areas.

   As of spring 2017, Lee College is now a tobacco free campus. Tobacco products include cigarettes, cigars, smokeless tobacco, and electronic cigarettes. Smoking, vaping, and the use of other tobacco products are effectively banned from any area of campus including the student’s personal vehicle. The Alcohol and Drug Abuse Prevention Statement was updated to reflect this change.

   The tobacco policy is enforced by the Lee College Security Department. For this Biennial Report, there were no formal sanctions reported.

4. **Lee College Intercollegiate Athletics Substance Abuse and Education Program** – As mandated by the NJCAA, student athletes for the Women’s Volleyball and Men’s Basketball teams receive and must abide by the College’s Intercollegiate Athletics Substance Abuse and Education Program (Appendix D). This policy is enforced by the College’s Athletic Director.

5. **Financial Aid Drug Convictions Policy** – For this policy (Appendix E), students who have a federal or state drug conviction can disqualify a student for federal financial aid if such conviction occurred during a period of enrollment for which the student was receiving federal student aid. For enforcement, all students must self-identify which will be noted on the Student Aid Report received by the College. At that time, he or she must prove aid eligibility by documenting the period of the conviction and/or treatment. This policy is enforced by the Lee College Financial Aid Director.
6. **Drug Screenings for College Security Officers** - Commissioned security officers (11 employees) have required drug screenings four times each year. With each screening, 75 percent of the officers are randomly selected and the results can be found in the Human Resource Office. This policy is enforced by the College’s Human Resource Office. There were no violations for this Biennial Review. For this biennial period the percentage of those screened was increased from 50 percent to 75 percent.

### B. Infractions / Enforcement

<table>
<thead>
<tr>
<th>Infraction</th>
<th>Date</th>
<th>Policy</th>
<th>Location</th>
<th>Sanction</th>
<th>Note (student, visitor, employee)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Intoxication</td>
<td>June 2016</td>
<td>Municipal</td>
<td>On Campus</td>
<td>n/a</td>
<td>Visitor (non-student) / Baytown Police called</td>
</tr>
<tr>
<td>Drug Paraphernalia</td>
<td>March 2017</td>
<td>Municipal</td>
<td>On Campus</td>
<td>Individual not identified</td>
<td>Student / Baytown Police called for assistance</td>
</tr>
<tr>
<td>Public Intoxication</td>
<td>April 2018</td>
<td>College Code of Conduct</td>
<td>On Campus</td>
<td>Referral to counseling</td>
<td>Student</td>
</tr>
<tr>
<td>Theft / Narcotic Transaction</td>
<td>June 2017</td>
<td>Municipal</td>
<td>On Campus</td>
<td>Not enough evidence for sanction</td>
<td>student / Baytown Police called; no physical evidence other than student report</td>
</tr>
<tr>
<td>Alcohol Use / College sponsored event</td>
<td>October 2017</td>
<td>College Code of Conduct</td>
<td>Off campus</td>
<td>Students returned early; pay their own way home; disciplinary record</td>
<td>4 students &amp; 1 faculty member</td>
</tr>
<tr>
<td>Drug Use</td>
<td>October 2016</td>
<td>Intercollegiate Athletics Substance Abuse and Education Program</td>
<td>On campus</td>
<td>Mandatory evaluation (first offense)</td>
<td>Student Athlete</td>
</tr>
</tbody>
</table>
VI. AOD Comprehensive Program / Intervention Inventory and Related Process and Outcomes/Data

A. Community Activities / Initiatives –

The following information represents an inventory of community programs and initiatives.

1. **Drug Free Campus Committee** – This committee represents Lee College faculty, staff, students, and community members. The committee provides feedback and support for all the events on campus as well as this biennial report. Meeting four to six times each semester, committee information and minutes can be found online at [http://www.lee.edu/groups/drug-free/](http://www.lee.edu/groups/drug-free/).

   For this Biennial Report, the membership expanded to include additional faculty and veteran services. Membership includes representation from Student Affairs, faculty, security, human resources, athletics, veteran services and students. Community representatives include the Baytown Police Department and the South East Council on Drugs and Alcohol Coalition.

2. **Premier of the Last High Documentary** - On April 20, 2017, Lee College partnered with South East Harris County Coalition and Texas Pictures to host the premier of the documentary The Last High. As part of the event, there were 14 community partners set up to provide information and resources to the 350 attendees.

3. **Lee College Health Fair** - The Drug Free Campus Committee was in attendance to the annual health fair in April 2018. Collaborating with the South East Harris County Coalition, attendees included students, staff, and community members with approximately 150 people in attendance (Appendix F).

4. **Alcohol / Drug Presentation to College Forward Students** - on April 27, 2017, a presentation was given to 25 students at Sterling High School as part of a health panel to students involved with the College Forward Program.

5. **Town Hall Meeting on Prescription Drugs** – April 18, 2018 – A collaboration with Lee College, Baytown Police Department, Bay Area Council on Drugs and Alcohol and San Jacinto Methodist Hospital, this event was attended by over 80 participants. A copy of the flyer and final report can be found in Appendix G

6. **Partnership with Community Groups and Coalitions** – the following represents groups / initiatives for which Lee College has developed partnerships.

   - South East Harris County Coalition - Lee College is an active partner with the Southeast Harris County Community Coalition whose mission is to mobilize community resources in an effort to reduce the harmful impact of alcohol, tobacco and drug abuse within our communities. The coalition relies on community partnerships and collaborations that include higher education, law
enforcement, treatment providers, hospitals, schools, volunteer organizations, religious organizations, state/local government, parents, youth, businesses and civic organizations. Lee College staff serves on the leadership advisory board of the coalition to assist in data collection, community assessments and strategy selection.

- Partnership with Tobacco 21 - In July 2018, Lee College joined the Tobacco 21 Coalition (www.texas21.org), a statewide coalition of organizations whose mission is to save lives by preventing tobacco use by supporting raising the age to buy tobacco to 21 (Appendix H).
- Members of the O-Team Task Force (Appendix I) - This community task force consists of members of the Baytown community with the goal of educating on the dangers of opioids and providing information on services available. Lee College has been participating with this initiative since February 2018.

7. Website information (http://www.lee.edu/about/maintaining-a-drug-free-campus/)
   The College maintains a website that can be easily found for students, faculty, staff, and the community. This site allows for a platform for information on the Drug-Free Campus Committee, the Drug Free Prevention Statement, upcoming activities, resources, and other educational items.

B. College Activities / Initiatives
For this report, there were several campus-wide drug and alcohol awareness events and initiatives

1. Presentation at New Student Orientation - All first time in college students must attend a new student orientation. Students receive a copy of the Alcohol/Drug Abuse Prevention Statement and information is presented as part of the PowerPoint presentation. For the evaluation of the event, students are asked to rank statements (1 = strongly disagree and 5 = strongly agree) and included this statement: “After attending the NSO, I am more aware of the consequences of drugs and alcohol and how it may impact me in my academics.” For this question, the following percentages indicate a response of Strongly Agree.
   - Spring 2017 – 71.3%
   - Fall 2017 – 72.6%
   - Spring 2018 – 76.7%

2. Campus Email Notifications - The following emails were sent across campus to better education students and staff on alcohol/drug issues. Sent to current and previously enrolled students, the emails (Appendix J) go out to over 34,000 students an approximately 1000 faculty and staff.
   - Dangers of vaping (07/19/2016)
   - National Recovery Month (09/07/2016, and 09/07/2017)
   - Drug Take Back Event (10/22/2016, 04/30/2016 and 10/28/2017)
   - Free Drug Disposal Pouches (07/25/2018)
3. **Screening of the Last High** - A screening of the documentary, The Last High, was provided for students and staff of Lee College on November 11, 2017. Amber Buras from the Southeast Harris Community Coalition and Detective Aaron Crowell attended to represent the production crew of the documentary.

The event was publicized through email to all students and staff and through targeted emails to specific instructors (criminal justice, alcohol/drug abuse counseling, and kinesiology). There were five people attending which included one student and four staff members. Four individuals completed the pretest and five people completed the posttest.

The results indicated that the participants had an increase of approximately 2 points in the area of knowledge after watching the documentary. There was no real difference in the pretest/posttest measure in their likelihood to discuss the dangers with family and friends. A complete copy of the report can be found in the Associate Dean’s office (Rundell Hall 107).

<table>
<thead>
<tr>
<th></th>
<th>I have a good knowledge of synthetic cannabinoids</th>
<th>I am likely to discuss the dangers with my family and friends</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pretest (n=4)</td>
<td>2.75</td>
<td>5.75</td>
</tr>
<tr>
<td>Posttest (n=5)</td>
<td>4.60</td>
<td>5.80</td>
</tr>
</tbody>
</table>

4. **Campus Awareness Events.** - For this Biennial Report, there were three campus-wide events with the theme of alcohol/drug awareness (Appendix I). Each event featured booths of community partners and an obstacle course with pedal cars and goggles that simulated different levels of impairment. With the support of Student Activities, each event also had activities to draw students to the event (i.e., caricature artists, balloon and body art).

- The Drug Awareness Event (November 3, 2016)
- Second Annual Summer Bash Event (June 26, 2017)
- Third Annual Summer Bash Event (June 27, 2018)

<table>
<thead>
<tr>
<th>Question</th>
<th>Nov 3 2016 N=103</th>
<th>Bash 2017 N=56</th>
<th>Bash 2018 N=38</th>
</tr>
</thead>
<tbody>
<tr>
<td>How Likely are you to drive while under the influence (Unlikely or Extremely Unlikely)</td>
<td>98.2%</td>
<td>95.8%</td>
<td>97.36%</td>
</tr>
<tr>
<td>How Likely are you to let a friend drive while under the influence (Unlikely or Extremely Unlikely)</td>
<td>98.15%</td>
<td>94.6%</td>
<td>97.37%</td>
</tr>
<tr>
<td>How likely are you to get into a car with someone who has been drinking or using drugs (Unlikely or Extremely Unlikely)</td>
<td>95.25%</td>
<td>98.2%</td>
<td>97.37%</td>
</tr>
<tr>
<td>Question</td>
<td>Nov 3 2016 N=103</td>
<td>Bash 2017 N=56</td>
<td>Bash 2018 N=38</td>
</tr>
<tr>
<td>-------------------------------------------------------------------------</td>
<td>------------------</td>
<td>----------------</td>
<td>----------------</td>
</tr>
<tr>
<td>How Likely are you to drive while under the influence</td>
<td>98.2%</td>
<td>95.8%</td>
<td>97.36</td>
</tr>
<tr>
<td>(Unlikely or Extremely Unlikely)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>How Likely are you to let a friend drive</td>
<td>98.15%</td>
<td>94.6%</td>
<td>97.37%</td>
</tr>
<tr>
<td>while under the influence</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(Unlikely or Extremely Unlikely)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>How likely are you to get into a car with</td>
<td>95.25%</td>
<td>98.2%</td>
<td>97.37%</td>
</tr>
<tr>
<td>someone who has been drinking or using drugs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(Unlikely or Extremely Unlikely)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>How much of the information is</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>new to you?</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>All</td>
<td>16.7%</td>
<td>5.4%</td>
<td>13.5%</td>
</tr>
<tr>
<td>Some</td>
<td>64.8%</td>
<td>78.6%</td>
<td>64.86%</td>
</tr>
<tr>
<td>None</td>
<td>18.5%</td>
<td>16.1%</td>
<td>21.6%</td>
</tr>
<tr>
<td>Confidence in knowledge of information</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(Very Confident or Confident)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nov 2016 N=108</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bash 2017 N=56</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BASH 2018 N=33</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>96.3%</td>
<td>96.3%</td>
<td>96.97%</td>
<td></td>
</tr>
</tbody>
</table>

5. **Mental Health First Aid Training** – As part of a grant through the Harris Center for Mental Health and IDD, 80 employees of the College were trained in this MHFA training for higher education. Designed to give people the skills to help someone who is developing a mental health problem or experiencing a mental health crisis, it includes a component of working with individuals with drug and alcohol problems. For this period, sessions were help in 2018 in February, April, and June with additional trainings scheduled for fall 2018.

C. Programs for Special Populations

**Education Program for our NJCAA athletes** – Offered each fall semester, this program is for all athletes and staff of our NJCAA Intercollegiate teams that include men’s basketball and women’s volleyball.

- Fall 2016 – Life of an Athlete Program (Appendix L) educates student athletes on the effects of alcohol and other drugs on performance and gives information to help the athlete make healthier choices. The information presented appeared beneficial in educating the student athlete. While low numbers may play a role in the statistical findings of how much was learned from pretest to posttest, over 90 percent of the participants stated that the personal stories would leave a lasting impact.

- Fall 2017 – On August 23, 2017, the basketball and volleyball student athletes and coaches were given a presentation on Alcohol and Other Drugs with Daniel Garza, a licensed chemical dependency counselor. Information included the effects of alcohol and drugs and how it affects athletes (Appendix M).
VII. AOD Comprehensive Program Goals and Objectives for Biennium Period

For the 2014/16 Biennial Review, the following recommendations were made for the current review:

- Lee College will continue to discuss and review the current AOD statement the campus community and update as needed.
  - Goal met – the Drug Free Campus Committee continues to meet regularly to provide support and feedback for the AOD statement.

- More student and faculty participation is needed for both the committee work and the activities on campus.
  - Goal met - Several new members were brought on to the committee that includes additional faculty and athletics.

- To better understand the needs and knowledge of the campus, there is a need for a climate survey. For the next biennium, we will investigate how this can be accomplished.
  - Goal met – The committee discussed the possibility and the costs of doing a Core Survey. Currently, there is no funding but the committee will continue to discuss and/or look at alternative ways to capture information.

- We will investigate the possible use of Screening and Brief Intervention strategies at campus events.
  - Goal not met - This will be reviewed for future events.

- We will improve procedures to better capture data on the effectiveness of our Drug Free Campus Program.
  - Goal met – with each community and/or campus event, data was collected from participants and community partners. Results are documented in reports and shared with the Drug Free Campus Committee.

- We will provide education to faculty on ways to recognize and respond to substance use with students and others on campus.
  - Goal met / ongoing – With the creation of our Behavioral Intervention Team, faculty and staff now have a means of reporting students who may have alcohol/drug issues through an online reporting process.
VIII. AOD Strengths, Weaknesses

Based on the review of the past two years by the Drug Free Campus Committee, several areas were noted as areas of strengths and other areas were noted as areas that needed improvement.

A. Strengths (Favorable Compliance)

- The campus has a strong and active Drug Free Campus Committee which includes representation from key stakeholders on campus and the community. With support from Student Activities and the Community Coalition, the College implemented a variety of awareness initiatives for both the campus and the community.
- During this period, several new initiatives were implemented which included
  - The campus moved to a totally tobacco free campus
  - Participation in the statewide coalition to raise the age to purchase tobacco products
  - The creation of the Summer Bash as an ongoing summer event
- With the implementation of a campus Behavioral Intervention Team, the campus has a means of reporting and providing interventions to students and includes students who need support with alcohol and drug issues. This addresses a reported weakness from the last review. With the implementation of the BIT, more people are involved in addressing these problems on campus.

B. Weaknesses (Areas Needing Improvement)

- There is a need to continue to reach more individuals on campus as necessary. Our strategies are good, but there is a need for them to be more comprehensive.
- The focus is more on students rather than employees. There is a need to have more attention to meeting the needs of employees.

Recommendations for Next Biennium

- Explore new partnerships and grant opportunities
- With feedback and support from the Drug Free Campus Committee, Investigate educational opportunities to employees on campus regarding AOD issues and resources
IX. Appendices

A. Alcohol / Drug Abuse and Prevention Statement
B. Email Statement to Employees
C. Sample Notification Email to Students
D. Intercollegiate Athletics Substance Abuse Education and Testing Program
E. Federal Financial Aid Drug Policy
F. Lee College Health Fair
G. Town Hall Meeting on Prescription Drugs
H. Texas 21 Coalition of Organizations
I. "O" Team Partnership
J. Email Communications
K. College Alcohol and other Drug Awareness Events
L. Life of an Athlete Final Report
M. Orientation for Student Athletes (Fall 2017)
APPENDIX A
Alcohol / Drug Abuse and Prevention Statement
ALCOHOL/DRUG ABUSE AND PREVENTION STATEMENT
(UPDATED, SPRING 2017)

Introduction / Standards of Conduct

While Lee College recognizes that a substance abuse disorder is an illness requiring intervention and support, we strive to offer students and employees an optimum environment which promotes and secures educational success. To meet this objective, Lee College has adopted and implemented a program to prevent unlawful manufacture, possession, use, and distribution of illicit drugs and alcohol by students and employees. Such conduct is not consistent with the behavior expected of members of the college community.

In addition, Lee College is committed to enforcing the provisions of the Drug Free Workplace Act of 1988 and the Drug Free Schools and Communities Act of 1989. It is further the intent of Lee College for aspects of the policy to be applied to campus activities and all college sponsored events whether held on or off campus. Persons who violate Lee College policy will be subject to disciplinary action. In compliance with this law, every employee and each student taking one or more classes for any type of academic credit will be given a copy of the College’s policy prohibiting the unlawful possession, use, or distribution of illicit drugs and alcohol, a description of the applicable legal sanctions under local, state, or federal law, and a description of the health risks associated with the use of illicit drugs and the abuse of alcohol.

Tobacco and E-Cigarettes

As of Spring 2017, Lee College is now a tobacco free campus. Tobacco products include cigarettes, cigars, smokeless tobacco, and electronic cigarettes (every version and type of such device whether manufactured or marketed as electronic cigarettes, e-cigarettes, electronic cigars, e-cigars, electronic pipes, e-pipes or under any other product name or description). Smoking, vaping, and the use of other tobacco products are effectively banned from any area of campus including the student’s personal vehicle. Students violating the policy are subject to disciplinary measures, including fines. Employees who violate the policy will be referred to their supervisor.

Legal Sanctions

Alcohol: Minors convicted in the criminal court system of possession or consumption of alcoholic beverages may be subject to fines, suspension of driver’s license, community service, and a mandatory alcohol education class. Convictions for providing to minors may subject individuals to fines and a jail term of up to one year. Convictions for driving while intoxicated may subject individuals to up to $2000 in fines and a jail term of up to six months for a first offense. Fines and jail terms escalate after the first conviction.

Controlled substances (drugs): Sanctions upon conviction in the criminal court system for possession, distribution, or manufacture of controlled substances range from fines to probation to imprisonment. Amount of fines, terms of probation, or years of imprisonment generally are contingent upon the circumstances and the amounts of drugs in possession, sale, distribution, or manufacture. Recent updates to the Texas health and Safety Code have added additional classes of synthetic marijuana and bath salts. The criminal penalties for these drugs, included in Penalty Group 1A, 2, and 2A follow guidelines as other drug offenses. Below are commonly used drugs, not an exhaustive list.
### Dangerous Drugs/ Controlled Substances

<table>
<thead>
<tr>
<th>Possession of a Controlled Substance (PCS) / Dangerous Drug</th>
<th>Cocaine, Ecstasy, Heroin, Marijuana, Methamphetamine, Multiple Prescription Medications</th>
</tr>
</thead>
<tbody>
<tr>
<td>PCS with Intent to Deliver Manufacture or Delivery of a Controlled Substance (Texas Health and Safety Code Ch. 481)</td>
<td>Varies according to placement of the drug on schedules according to weight/dosage unit.</td>
</tr>
<tr>
<td></td>
<td>Can be a Class B Misdemeanor through 1&lt;sup&gt;st&lt;/sup&gt; Degree Felony / Up to $10,000 fine and up to 99 years in prison.</td>
</tr>
</tbody>
</table>

### Illicit Synthetic Drugs

| Possession of a Controlled Substance (PCS) / Dangerous Drug PCS with Intent to Deliver of a Controlled Substance (Texas Health and Safety Code Ch. 481.1021 and 481.1031) | Synthetic Marijuana, Legal Weed, Kush, Synthetic Cathinones, Bath Salts, 25-I, N-BOMe, N-bombs |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Varies according to placement of the drug on schedules according to weight/dosage unit. |
| Can be a Class B Misdemeanor through 1<sup>st</sup> Degree Felony / Up to $10,000 fine and up to 99 years in prison. |

### Alcohol

<table>
<thead>
<tr>
<th>Consumption or Possession by a Minor (Secs. 106.4 and 106.5)</th>
<th>Class C Misdemeanor</th>
<th>Up to $500 fine</th>
</tr>
</thead>
<tbody>
<tr>
<td>Purchasing for or Furnishing Alcohol to a Minor (ABC Sec 106.6)</td>
<td>Class A Misdemeanor</td>
<td>Up to 1 year in jail</td>
</tr>
<tr>
<td>Public Intoxication (Texas Penal Code, Sec 49.02)</td>
<td>Class C Misdemeanor</td>
<td>Up to $500 fine</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Enhancements for subsequent convictions</td>
</tr>
<tr>
<td>Driving while Intoxicated (Texas Penal Code Sec. 49.04)</td>
<td>Class B Misdemeanor</td>
<td>First Offense up to $2000 fine and 18- days in jail. Numerous enhancements on subsequent convictions.</td>
</tr>
<tr>
<td>Intoxication Assault (Texas Penal Code 49.07)</td>
<td>3&lt;sup&gt;rd&lt;/sup&gt; Degree Felony</td>
<td>Up to $10,000 fine</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2 years – 20 years in prison</td>
</tr>
<tr>
<td>Intoxication Manslaughter (Texas Penal Code 49.08)</td>
<td>2&lt;sup&gt;nd&lt;/sup&gt; Degree Felony</td>
<td>Up to $10,000 fine</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2 years – 20 years in prison</td>
</tr>
</tbody>
</table>
College Disciplinary Actions
Since Lee College policy prohibits the unlawful possession, use or distribution of illegal drugs and alcohol on the campus and at college sponsored events held off campus, any employee admitting to or convicted of such unlawful possession, use or distribution of these substances will be subject to disciplinary action (up to and including suspension without pay, and termination). Employees may be required to satisfactorily participate in a drug and alcohol assistance or rehabilitation program or may be referred for prosecution.

Students who violate this policy shall be subject to appropriate disciplinary action per Board Policy FLBE (Local). Such disciplinary action may include referral to drug and alcohol counseling or rehabilitation programs or student assistance programs, expulsion, and referral to appropriate law enforcement officials for prosecution.

Good Samaritan Policies
SB1331 (2011) states that in the event of possible alcohol poisoning a person under 21 calling for help for himself or another will not be cited for possessing or consuming alcohol. The immunity for minors is limited to the first person who calls for assistance, only if he/she stays on the scene and cooperates with law enforcement and medical personnel.

Health Risks
The abuse of drugs and alcohol can lead to a variety of serious consequences including poor academic and work performance, poor decision making, poor morale, work errors, wasted time and materials, damage to equipment, theft, tardiness, absenteeism, accidents which injure the drug user, accidents which put all employees and students at risk of injury, and may lead to disciplinary action, prosecution, illness and even death. Users of these substances experience depression, isolation, loss of memory, loss of coordination, impaired judgment, reduced morale, anxiety, paranoia and loss of self-respect.

On average, at least 50% of college students’ sexual assaults are associated with alcohol use. One study reported that 74% of the perpetrators and 55% of the victims of rape had been drinking alcohol. Consumption by the perpetrator and/or the victim increases the likelihood of acquaintance, sexual assault. In addition, one in five college students abandon safer sex practices when intoxicated (www.collegedrinkngprevention.gov).

Other Risks/Consequences
- Federal Financial Aid – If you are convicted of a drug-related felony or misdemeanor while you were receiving federal student aid, you will become ineligible to receive further aid for a specified period of time upon conviction.
- Other areas in which the use of alcohol or drugs can have a negative impact include, but are not limited to:
  - Employment / Certification
  - Housing

Available Counseling and Treatment Programs
Both the Lee College Human Resource Office and the Lee College Counseling Center offer services to students and employees who are interested in having assistance regarding drug and alcohol issues.

Information: The Human Resource Office at Lee College will assist individuals with information concerning insurance coverage, treatment centers, hospitals, and mutual help organizations. The Counseling Center maintains a collection of resource materials pertinent to all issues associated with the drugs and alcohol. The Human Resource Office and Counseling Center are able to give a list of private and public hospitals, mutual help organizations, public treatment centers and private drug treatment practitioners. Referrals for other drug information and assistance can be made to other agencies and service providers.
Alcohol and Drugs / Resources for Support
Poison Control Center – For immediate help with possible overdoses
1-800-222-1222

CAMPUS RESOURCES
Lee College Student Affairs Division
Dr. Rosemary Coffman, Assoc. Dean
281-425-6384 / rcoffman@lee.edu

Lee College Human Resource Office
Amanda Summers, Director
281-425-6875/ asummers@lee.edu
(Includes Employee Assistance Program information)

Lee College Security
281-425-6888

Drug and Alcohol Abuse Counselor Program
Howard Bushart
281-425-6308 /hbushart@lee.edu

Veteran Services
Ehab Mustafa
832-556-4302/emustafa@lee.edu

MEETING INFORMATION
West Baytown AA
1020 Bowie St, Baytown
281-427-2500

Houston AA intergroup
Find AA meetings in the Houston area
www.aaahouston.org

COMMUNITY RESOURCES
Bay Area Council on Drugs and Alcohol Resources and Referral
1-800-510-3111
www.bacoda.com

Cenikor Foundation
Residential Treatment
1-888-Cenikor
www.cenikor.org

Unlimited Visions Aftercare
Outpatient Services
Adolescent Residential Program
Youth Prevention Program
http://www.unlimitedvisions.org
281-427-8786 (Baytown)

Memorial Hermann
Prevention & Recovery Center
Residential Treatment / Intensive Outpatient
http://parc.memorialhermann.org/
713-939-7272
Baytown Intensive Outpatient
281-837-7373

Houston Al-Anon
Support for friends and families of alcoholics
www.houstonalanon.org

Houston Narcotics Anonymous
713- 661-4200
www.hascona.com

Lee College Human Resource Office
Amanda Summers, Director
281-425-6875/ asummers@lee.edu
(Includes Employee Assistance Program information)
APPENDIX B
Email Statement to Employees

Coffman, Rosemary

From: Summers, Amanda
Sent: Thursday, January 18, 2018 5:45 PM
To: All Users
Subject: Annual Alcohol & Drug-Free Workplace Notice (2018)
Attachments: Annual Alcohol and Drug Free Workplace Notice_2018.pdf

The Drug-Free Schools and Communities Act of 1989 requires that Lee College annually notify all employees of the following:

- Lee College’s standards of conduct, which prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on Lee College property or in connection with any activities or programs sponsored by Lee College.
- A description of Lee College’s disciplinary sanctions that will be imposed on students and employees for the unlawful possession, use or distribution of illicit drugs and alcohol, up to and including expulsion or termination of employment.
- A description of sanctions under federal, state and local law for the unlawful possession, use or distribution of illicit drugs and alcohol.
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.
- A description of possible resources related to alcohol/drug counseling, treatment, rehabilitation or re-entry programs available to employees and/or students.

The annual notice regarding Lee College’s Alcohol, Drug Abuse and Prevention Statement is attached. This information is also available online at http://www.lee.edu/about/maintaining-a-drug-free-campus/.

Amanda Summers
Director of Human Resources

Lee College
P.O. Box 818
Baytown, TX 77522-0818
Office: 281.425.6875
Fax: 281.425.6568
Email: a summers@lee.edu
APPENDIX C
Sample Notification Email to Students

Coffman, Rosemary

From: Coffman, Rosemary
Sent: Tuesday, February 14, 2017 10:16 AM
To: Coffman, Rosemary
Subject: IMPORTANT! Annual notification of Lee College's Drug Free Statement

Dear Lee College Student and Campus Community,

In compliance with the Drug-Free Schools and Communities Act, all students must be notified of the Lee College’s Drug and Alcohol Statement which can be found online at http://www.lee.edu/counseling/files/2015/07/aod-policy-2015.pdf. This includes information on health risks, options for help, and sanctions related to the illegal possession or distribution of drugs and alcohol.

Please take time to read this as it is your responsibility to be aware of the information. New this year, Lee College is now a smoke-free campus (which includes all types of tobacco and vaping). If you have questions or if you need more information, please feel free to contact me by email or at the number below.

Come by and visit our booth at the Campus Spring Fling on March 8th and the Lee College Health Fair on March 28th from 1 – 4 p.m. It’s a great opportunity to learn more about our drug free campus initiative and the available resources available on campus and in our community.

Thanks!

Rosemary Coffman, PhD, CRC, LCDC
Associate Dean, Student Affairs
Rundell Hall, Room 107E
281-425-6387 (v)
832-556-4004 (fax)
APPENDIX D
Intercollegiate Athletics - Substance Abuse Education and Testing Program

INTRODUCTION / PURPOSE
The Administration and Athletic Department of Lee College strongly believe that the use and/or abuse of alcohol and other drugs can be detrimental to the athlete’s health, academic achievement, individual athletic performance and a team’s success. It is the intent of the College to educate and inform athletes of the effects of alcohol and other drugs thereby allowing them to make responsible decisions and avoid dependency.

The purpose of the Substance Abuse Education and Testing Program is to:
  a) protect the health and safety of student athletes and others with whom they interact;
  b) promote alcohol and drug education;
  c) identify student athletes who are abusing substances—assessing the issues and offering education and support to meet the individual need of the student athlete.
  d) serve as a deterrent to alcohol and drug use;
  e) promote fair competition and;
  f) preserve the integrity of the Lee College athletic program; and
  g) when necessary, dismiss the student athlete with repeated incidences of drug abuse.

DESCRIPTION
Lee College athletes are prohibited from possession or being under the influence of illegal drugs or other prohibited substances as well as the abuse of and/or dependency upon legally permitted substances. Athletes found to be in illegal possession, or illegally distributing prohibited substances, or in possession of paraphernalia may be subject to disciplinary action up to immediate dismissal from the athletic team with all scholarships cancelled.

All athletes will participate in the Substance Abuse Education and Testing Program which includes mandatory education sessions and periodic drug screening as described in this document.

The Athletic Department shall inform in writing the student-athlete of the drug testing policy and regulation of Lee College. Athletes will be given a copy of the policy and applicable regulations prior to the signing of a National Letter of Intent or before his/her initial participating each year and be asked to sign the Consent to Drug Testing and Authorization for Release of Test Results form. If the athlete is a minor, the athlete and a parent/guardian will sign the form. Refusal to sign the Consent to Drug Testing and Authorization for Release of Test Results form by the athlete will disqualify the athlete from participation in the Lee College Athletic Program and prevent the awarding of athletic student financial aid.

PREVENTION / EDUCATION
All athletes and staff will participate in a drug and alcohol education program at the beginning of each fall semester. Additional sessions may be required if deemed necessary. In addition to general education, these sessions will also have information on the effects of tobacco, alcohol, and other drugs.

ASSISTANCE
Athletes are encouraged to seek confidential assistance before violations of this policy occur. No athlete will be penalized for seeking this assistance; however, disciplinary action is required in cases where drug testing shows the athlete to be in violation. The Athletic Director will be notified as a point of record.

Any student athlete who tests positive for drugs (including alcohol) or comes forward with a request for assistance will undergo an assessment to determine the severity of the misuse for that individual athlete. Based on the...
recommendation of this third party assessment, the athlete may be required participate in additional support programs. All mandatory assessments and subsequent support will be at no cost to the student.

**DRUG TESTING / SCREENING PROCEDURES**

All drug tests and analyses will be conducted by an independent lab selected by the Athletic Director/Administrator.

The first such testing may be a part of the student athlete's physical examination conducted annually prior to sport participation. This is a mandatory program for all participants in college sponsored athletics.

Random testing also may occur during each semester. The timing and identity of the student athlete to be tested shall be determined by random drawing or by the Athletic Director or Administrator. Failure to appear at the stated time and location for such random testing will be assumed as a positive result of drug use. The tests will be conducted by qualified personnel. Every practical effort will be made to assure the accuracy and confidentiality of the test results. The records shall be secured by the Athletic Director.

**SUBSTANCES TESTED**

Testing of the sample is intended to detect and/or identify any illegal or otherwise banned substance. In addition such testing can detect substances used as a recreational drug, as well as those that are performance enhancement, and prescription drugs. A complete list of banned drugs can be found in Appendix A.

**USE OF DIETARY SUPPLEMENTS**

Athletes commonly use drugs and dietary supplements with the goal of improving they athletic performance. Many performance-enhancing substances include ergogenic and thermogenic supplements, stimulants, anabolic steroids, and peptide hormones. Before consuming any nutritional/dietary supplement product, the student athlete should review the product with the Head Coach. There are no approved NJCAA dietary supplement products.

Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test result. Such supplements may contain banned drugs not listed on the label. Any product containing a dietary supplement ingredient is taken at the student athlete’s risk. Athletes should have their nutritional needs met through a healthy, balanced diet without dietary supplements.

**USE OF ALCOHOL**

All student athletes are to abide by federal, state, local, and college alcohol policies. Student athletes are not to attend any athletic-sponsored meetings, practices, programs, services, contests, etc. while under the influence of alcohol. This includes all events both on and away from the campus. The use or possession of alcohol is also prohibited at the college provided housing and by any athlete under the age of 21. The Athletic Department supports Lee College’s policy on the use of Alcohol and Other Drugs as stated in the College Catalog.

**USE OF TOBACCO**

The use of tobacco products, including “vaping,” e-cigs, and/or smokeless tobacco, is prohibited for student athletes in all sports during practice and competition on campus or in college provided housing.

**SANCTIONS FOR POSTIVE TEST RESULTS**

The following outlines the consequences for those students who test positive for the required drug testing.

a) First Positive
   • The Athletic Director and the student athlete's Head Coach will be notified that a positive result was obtained from the participant.
   • The student athlete will undergo an assessment from a third party agency to determine if there is a substance use disorder and, if so, the severity.
   • Based on the recommendations of this assessment, he or she must participate in additional support programs which may include, but not limited to, additional education and/or counseling. Failure to participate in these sessions will be constructively treated as a second positive and treated accordingly.
The student athlete will be individually screened for the presence of drugs at the discretion of the Athletic Director or Administrator or treatment consultant for up to fifty-two (52) weeks or the end of the student-athlete's eligibility, whichever exhausts first.

In addition to the above, any student athlete testing positive for drugs or alcohol will be suspended from two regular season games. Additional sanctions may be assessed based on recommendations of the Head Coach and as approved by the Athletic Director.

In the event that the suspensions would lead to forfeit of games, the Athletic Director would have the authority to stagger the suspensions as deemed necessary.

Notification of parent or guardian will occur as soon as possible.

b) Second Positive

The Athletic Director and student athlete's Head Coach will be notified if the student athlete is found to have a second positive in screening for drugs during his/her athletic career.

The student athlete may be dismissed from her/his team with immediate loss of any remaining scholarship funds. This decision will be based on the student’s overall behaviors and recommendations from the Head Coach, the treatment consultant, and/or others who may attest to the student’s attitude and desire to improve.

If not dismissed, the student athlete will be suspended from four regular season games.

Notification of parent or guardian will occur as soon as possible.

c) Third Positive

Any third positive will lead to immediate suspension from the team with loss of any remaining scholarship funds.

d) Sanctions involving alcohol and/or involvement of criminal justice system

When a student athlete is determined to be under the influence of alcohol or drugs while involved in a team related function (either on campus or away) or in college provided housing, he or she may be subject to disciplinary action as determined by the Head Coach and the Athletic Director.

Any legal issues arising from the misuse of alcohol or other drugs may lead to disciplinary sanctions. (Examples include driving under the influence, providing alcohol to others under the age of 21, sexual misconduct including rape or date rape, physical assault, disorderly conduct, and destruction of property, etc.) Upon verification of an arrest for a crime involving alcohol or drugs, the student athlete shall be immediately suspended from practice and competition pending a meeting with the Head Coach and the Athletic Director who will determine the appropriate intervention or sanction.

With any sanction, parents will be notified

EXCEPTIONS FOR PRESCRIPTION MEDICATIONS

A student athlete may verify prescribed drugs or over-the-counter drugs that have resulted or may result in a positive test by presenting an original note from his/her physician on office letterhead to the Head Coach as well as the independent lab responsible for the screening.

APPEAL PROCESS

The student may appeal the decision of the College by utilizing the student grievance procedures as outlined in the student catalog.

AMENDMENTS OR MODIFICATIONS TO THE PROGRAM

This Program may be modified or amended with the approval of the President of Lee College. Such amendments or modifications shall apply to, and be effective for, all student athletes participating in the Lee College athletics program upon notice and acknowledgment by such student athletes of the Substance Abuse Education and Testing Program as so amended or modified.
APPENDIX E
Federal Financial Aid Drug Policy

DCL CFR Glossary Acronyms

Chapter 1—School-Determined Requirements

means you cannot award the student aid for classes that do not count toward his degree, certificate, or other recognized credential. Also, federal student aid can be awarded only for learning that results from instruction provided or overseen by the school. It cannot be awarded for any portion of a program based on study or life experience prior to enrollment in the program, or based on tests of learning that are not associated with educational activities overseen by the school.

STUDENTS CONVICTED OF POSSESSION OR SALE OF DRUGS

A federal or state drug conviction (but not a local or municipal conviction) can disqualify a student for FSA funds. The student self-certifies in applying for aid that he is eligible; you’re not required to confirm this unless you have conflicting information.

Convictions only count against a student for aid eligibility purposes (FAFSA question 23c) if they were for an offense that occurred during a period of enrollment for which the student was receiving federal student aid—they do not count if the offense was not during such a period, unless the student was denied federal benefits for drug trafficking by a federal or state judge (see drug abuse hold sidebar). Also, a conviction that was reversed, set aside, or removed from the student’s record does not count, nor does one received when she was a juvenile, unless she was tried as an adult.

The chart below illustrates the period of ineligibility for FSA funds, depending on whether the conviction was for sale or possession and whether the student had previous offenses. (A conviction for sale of drugs includes convictions for conspiring to sell drugs.)

<table>
<thead>
<tr>
<th></th>
<th>Possession of illegal drugs</th>
<th>Sale of illegal drugs</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st offense</td>
<td>1 year from date of conviction</td>
<td>2 years from date of conviction</td>
</tr>
<tr>
<td>2nd offense</td>
<td>2 years from date of conviction</td>
<td>Indefinite period</td>
</tr>
<tr>
<td>3+ offenses</td>
<td>Indefinite period</td>
<td></td>
</tr>
</tbody>
</table>
If the student was convicted of both possessing and selling illegal drugs, and the periods of ineligibility are different, the student will be ineligible for the longer period. Schools must provide each student who becomes ineligible for FSA funds due to a drug conviction a clear and conspicuous written notice of his loss of eligibility and the methods whereby he can become eligible again.

A student regains eligibility the day after the period of ineligibility ends (i.e., for a 1st or 2nd offense); or when he or she successfully completes a qualified drug rehabilitation program that includes passing two unannounced drug tests given by such a program. Further drug convictions will make him ineligible again.

---

Drug convictions

HEA Section 484(r)
34 CFR 668.40
A student who self-certifies that he or she has a qualifying drug conviction will receive a “C” code and comment code 053, 054, 056, 058, or 052 on his or her SAR and ISIR. See the SAR Comment Code and Text Guide on IFAP.

---

Question 23 Student Aid Eligibility Worksheet

You may distribute this worksheet to students to help them determine and document their eligibility or ineligibility, based on their responses to question 23 on the FAFSA (i.e., drug convictions):

---

Drug abuse hold

The Anti-Drug Abuse Act of 1988 includes provisions that authorize federal and state judges to deny certain federal benefits, including student aid, to persons convicted of drug trafficking or possession. The Central Processing System maintains a hold file of individuals who have received such a judgment. All applicants are checked against this file to determine if they should be denied aid. This is separate from the check for a drug conviction via question 23; records matching the drug abuse hold file receive a rejected application (reject 19 and comments 009 or 055 on the SAR and ISIR). See the ISIR Guide on the IFAP publications page for more information.

---

Volume 1—Student Eligibility 2015–16

Members of a religious order

34 CFR 674.9(c)
34 CFR 675.9(c)
34 CFR 676.9(c)
34 CFR 685.200(a)(2)(ii)
34 CFR 690.75(d) Members of any religious order, society, agency, community, or other organization aren’t considered to have financial need if the order—(1) has as a primary objective the promotion of ideals and beliefs regarding a Supreme Being, (2) requires its members to forego monetary or other support substantially beyond the support it provides, and (3) directs the member to pursue the course of study or provides subsistence support to its members.
Members of these religious orders can’t receive Direct Subsidized Loans, Pell Grants, or Campus-Based aid. They are eligible, however, for Direct Unsubsidized Loans.

Students denied eligibility for an indefinite period can regain eligibility after completing any of the following 3 options:

1) Successfully completing a rehabilitation program, as described below, which includes passing two unannounced drug tests from such a program;

2) Having the conviction reversed, set aside, or removed from the student’s record so that fewer than two convictions for sale or three convictions for possession remain on the record; or

3) Successfully completing two unannounced drug tests which are part of a rehab program (the student does not need to complete the rest of the program).

In such cases, the nature and dates of the remaining convictions will determine when the student regains eligibility. It is the student’s responsibility to certify to you that she has successfully completed the rehabilitation program; as with the conviction question on the FAFSA, you are not required to confirm the reported information unless you have conflicting information.

When a student regains eligibility during the award year, you may award Pell Grant, TEACH, and Campus-Based aid for the current payment period and Direct Loans for the period of enrollment.

**Standards for a qualified drug rehabilitation program**

A qualified drug rehabilitation program must include at least two unannounced drug tests and satisfy at least one of the following requirements:

- Be qualified to receive funds directly or indirectly from a federal, state, or local government program.
- Be qualified to receive payment directly or indirectly from a federally or state-licensed insurance company.
- Be administered or recognized by a federal, state, or local government agency or court.
- Be administered or recognized by a federally or state-licensed hospital, health clinic, or medical doctor.

If you are counseling a student who will need to enter such a program, be sure to advise the student of these requirements. If a student certifies that he has successfully completed a drug rehabilitation program, but you have reason to believe that the program does not meet the requirements, you must find out if it does before paying the student any FSA funds.
APPENDIX F
Lee College Health Fair

Reach For A Healthy Lifestyle In 2017

9th Annual
Lee College Health Fair

Free information and screenings to include:
- Blood Drive
- Blood Pressure Readings
- Blood Typing
- Body Fat Percent Measurements
- Chiropractic Evaluation
- Dental Awareness/Screenings
- Financial Information
- Heart Health Awareness
- Mental Health Education
- Personal and Family Health Insurance Information
- and many other health related services offered to our community

Admission to the health fair is FREE and all are welcome to attend.

Tuesday, March 28th, 2017
1-4pm
Lee College Sports Arena
550 Lee Drive,
Baytown, TX 77520

Vendors scheduled to attend:
AAA Texas • AdvoCare • Aflac • Aneres Healthcare & Wellness • Avenue 360 • Chambers Community Health Centers • CSL Plasma • Dervlyn Optical • Dispute Resolution Center • Eagle Point Recreation Complex • EHRMC-Woman's Care Center • ERS • Guajardo Orthodontics • Gulf Coast Regional Blood Center • Harris County Flood Control District • Harris County HCC • Harris County PHEIS/WIC • Harris County Sheriff Crisis Prevention Response Team • Houston Methodist San Jacinto Hospital • HSA Block • Jefferson Dental Clinic • Juice Plus • Kyani • Lee College • LipSense by SeneGence • Love Brushing Dentistry • Mary Kay Cosmetics • MCNA Dental • Mont Belvieu Family Chiropractic Center • Nurse Health Line • Pier One Insurance Group • Plexus • Premier Corporate Wellness • Reliv International • Sam's Club • Shine Dental • STAR/Texas Health Steps • TABC • The Bridge Over Troubled Waters • The Harris Center for Mental Health and IDD • The Waterford at Baytown • US Army • UT Employee Assistance Program • Valeo Cryo • 4 Minute CPR & Safety

For more information, contact
Jason P. Summers, Lee College Wellness Coordinator
(C) 281.425.6439 | (F) 281.425.6830 | (E) jsummers@lee.edu
APPENDIX G
Town Hall Meeting on Prescription Drugs

TOWN HALL MEETING

PRESCRIPTION DRUG ABUSE:
A Dose of Reality

Learn how prescription drug abuse is affecting Baytown and how you can help.

WEDNESDAY, 4/18
6 P.M.- 8 P.M.
Art Display and Opening Reception
with Resource Representatives
5:30 p.m. - 6:00 p.m.
LEE COLLEGE
RUNDELL HALL CONFERENCE CENTER
200 LEE DRIVE
BAYTOWN, TX 77520

Featured Guest Speaker:
Maureen Wittels, mother of the late
Harris Wittels, noted comedy writer &
actor on hit TV series
Parks and Recreation.

Presenters Include:
Asst. Chief Dana Dalbey
Baytown Fire & EMS
Melissa Romain-Harriott, PhD
Prevention Resource Center, Region 6
Timothy Carter, Crime Analyst
Baytown Police Dept.
Traci Gauen, LPC-S, LCDC
Memorial Hermann Prevention and Recovery Center
Mark Kinzly
Co-Founder, Texas Overdose Naloxone Initiative

Program includes
Community Discussion
with expert panel.

Sponsored by:

Lee College Drug Free Campus Biennial Report / Page 28
Overview

The Town Hall on Prescription Drugs was held on April 18 at 5:30 p.m. The event was sponsored by Lee College, BACODA, Houston San Jacinto Methodist Hospital, The Council on Recovery and Memorial Hermann PaRC. With approximately 85 people in attendance, the event included an art display and opening reception, community resource tables, presentations, and a panel discussion.

Opening Reception and Art Display

Sponsored by Houston San Jacinto Methodist Hospital and Lee College, the opening reception allowed community members and others to meet with the community resource partners, prior to the start of the event. Food was provided.

Community Partners

There were 10 organizations representing community partners, providing information to attendees.

<table>
<thead>
<tr>
<th>Organization</th>
<th>Representative</th>
<th>Type</th>
<th>Note</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cease Addiction Now</td>
<td>John Havenar</td>
<td>Treatment</td>
<td></td>
</tr>
<tr>
<td>Open Door Mission</td>
<td>Crystal Hernandez</td>
<td>Treatment</td>
<td></td>
</tr>
<tr>
<td>Hermann Memorial PaRC</td>
<td>Amber Johnson</td>
<td>Treatment</td>
<td>Provided artwork for Opening Reception</td>
</tr>
<tr>
<td>Houston Methodist San Jacinto Hospital</td>
<td>Julie DeTorre</td>
<td>Health Care</td>
<td>Provided financial support for Opening Reception</td>
</tr>
<tr>
<td>Baytown Municipal Court / Juvenile Case Manager</td>
<td>Lynette Rodriguez</td>
<td>Court System</td>
<td></td>
</tr>
<tr>
<td>Baytown Police Department</td>
<td>John Butler</td>
<td>Law Enforcement</td>
<td></td>
</tr>
<tr>
<td>Kemah Palms</td>
<td>Meghan Smith</td>
<td>Treatment</td>
<td></td>
</tr>
<tr>
<td>Gift of Recovery</td>
<td>Robert Martinez</td>
<td>Interventions</td>
<td></td>
</tr>
<tr>
<td>Cenikor</td>
<td>Eugene Hall</td>
<td>Treatment / Detox</td>
<td></td>
</tr>
<tr>
<td>Lee College Drug Free Campus</td>
<td>Rosemary Coffman, Students</td>
<td>Lee College and Community Resources</td>
<td>Lee College provided financial support for opening reception and printing</td>
</tr>
<tr>
<td>GRASP</td>
<td>Maureen Wittels</td>
<td>Community Resource</td>
<td></td>
</tr>
<tr>
<td>BACODA</td>
<td>Carrie Fletcher</td>
<td>Community Resource</td>
<td>Provided CEUs for participants; Provided financial support for printing</td>
</tr>
</tbody>
</table>
Presentations

After a welcome from Dr. Dennis Brown, President of Lee College and Chief Keith Dougherty of Baytown Police Department, there were five short presentations and a “Call to Action.”

- Prescription Drugs from an Emergency Medical Services Perspective
  Assistant Chief Dana Dalby, Baytown EMS
- Local and Regional Data
  Timothy Carter, Crime Analyst, Baytown Police Department
  Dr. Melissa Romain-Harrott, Evaluator, Prevention Resource Center Region 6
- Treatment Implications
  Traci Gauen, LPC-S, LCDC, Manager / Chemical Dependency, Pain Recovery Program
  Memorial Hermann Prevention and Recovery Center
- How Naloxone Helps
  Whitney Weathersby, Regional Community Liaison (PRC)
- Personal Testimony
  Maureen Wittels, Grief Recovery after a Substance Passing (GRASP) Houston Chapter
- Call to Action
  Amber Buras, Coalition Coordinator, South East Harris Community Coalition / BACODA

Panel Discussion / Q & A

The panel discussion included the presenters as well as the following people:

- Lt. Steve Dorris, Baytown Police Department
- Dr. Long Nguyen, RPh, Walgreens Pharmacy
- Heidi J Carroll, DEA Houston Diversion

Evaluation

There were two evaluations of the event. First, those that requested CEU’s completed an evaluation, which included nine questions on the content and overall satisfaction of the event. It also included open-ended questions for comments and suggestions for future events. In addition, an online survey was sent out to participants and organizers of the event for feedback and suggestions.

**Paper and Pencil CEU Evaluation** - Those receiving CEUs were given a paper and pencil evaluation asking to rate nine statements from poor (1) to excellent (5). The chart below outlines the results of the evaluation. The average across all nine statements was 4.61 with a range from 4.29 (Length of presentation adequate for learning topic) to 4.82 (Efficiency of the course mechanics).
<table>
<thead>
<tr>
<th>Statement (N=17) Overall average = 4.61</th>
<th>Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course content and organization</td>
<td>4.59</td>
</tr>
<tr>
<td>Speaker(s) mastery of the subject</td>
<td>4.71</td>
</tr>
<tr>
<td>Speakers’ ability to utilize appropriate teaching materials</td>
<td>4.41</td>
</tr>
<tr>
<td>Quality of materials (handouts)</td>
<td>4.64</td>
</tr>
<tr>
<td>Efficiency of the course mechanics (e.g., room, space, lighting)</td>
<td>4.82</td>
</tr>
<tr>
<td>Length of presentation adequate for learning topic</td>
<td>4.29</td>
</tr>
<tr>
<td>Course accomplished stated objectives</td>
<td>4.65</td>
</tr>
<tr>
<td>Applicability of taught information</td>
<td>4.75</td>
</tr>
<tr>
<td>Would additional training on this topic matter be helpful</td>
<td>4.61</td>
</tr>
</tbody>
</table>

There were two open-ended questions at the end of the survey. The following are the comments received:

Basic Comments:

- Very well done
- Reading PowerPoints / Split out the speakers to be evaluated individually
- Allow for questions at the end of each presentation
- Very well organized. Good audio/visual. Presenters did a great job
- The panel was very effective / I noticed people were trying to take pictures of statistics but didn’t have time. Maybe a handout with statistics.
- Great Town Hall, very informative. Great panel and speakers
- Overall great job
- Great event and necessary information. Thank you for holding this event for the school and community
- Great variety of speakers – thank you

Suggestions for future presentations:

- PTSD and Addiction
Online survey for participants and organizers – The second evaluation was an online survey sent out via email to community partners and those involved in organizing the event. Set up through Survey Monkey, it included six questions on satisfaction and two open-ended questions on “what worked” and “how can we improve”. Participants rated the six statements from poor (1) to Excellent (5). The overall average was 4.42 ranging from 4.15 (participation / engagement of attendees) to 4.62 (support for vendors/presenters).

<table>
<thead>
<tr>
<th>Statement (N=12) Overall average = 4.42</th>
<th>Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location of event</td>
<td></td>
</tr>
<tr>
<td>Comments: echoes a bit; parking is not the best, but meeting location was wonderful</td>
<td>4.54</td>
</tr>
<tr>
<td>Vendor Information</td>
<td></td>
</tr>
<tr>
<td>Comments: good support from vendors</td>
<td>4.54</td>
</tr>
<tr>
<td>Support for vendors/presenters</td>
<td></td>
</tr>
<tr>
<td>Comments: I think the support for the vendors and the presenters was terrific</td>
<td>4.62</td>
</tr>
<tr>
<td>Presentations</td>
<td></td>
</tr>
<tr>
<td>Comment: Good information provided to the attendees</td>
<td>4.46</td>
</tr>
<tr>
<td>Participation / engagement of attendees</td>
<td></td>
</tr>
<tr>
<td>Comment: good questions and follow ups: I wish more attended, but not sure how to control that</td>
<td>4.15</td>
</tr>
<tr>
<td>Panel discussion</td>
<td></td>
</tr>
<tr>
<td>Comment: Really liked the card system and moderator for questions; good job</td>
<td>4.23</td>
</tr>
</tbody>
</table>

What worked comments:

- Great presentation from law enforcement
- Really liked the card system and moderator for questions. The quality and breadth of speakers rounded off into a very nice front against prescription abuse.
- I liked the venue, I feel the participation was lacking. Not sure if it was the topic, advertisement or timing
- Venue
- The venue is great
- Good organization of the event. Good flow
- Liked our moderator a lot. Whitney did a great job. Liked limiting the time of presenters but thought some, like the lady who lost her son, should be invited back in maybe another venue. She could have used more time. But, other than that, time management worked well.

How could we improve comments:

- time of day to include more participants
- Only suggestion would be improve attendance
- Perhaps if all Lee College staff and students were in Tux and formals...
- Scheduled at better time of day
Recommendations

Based on the evaluations of the vendors and the feedback from those involved in the organization, the following recommendations are made:

- Provide attendees a mechanism for requesting a copy of the materials from the presentation. For example, have a signup sheet with their email to request the materials.
- More attention to the type of presenters and time allotted. For example, personal testimonies such as with Ms. Wittels would be more effective with longer time allowed.
- Investigate the possibility of changing the evaluations to allow feedback for separate presentations.
APPENDIX H

Tobacco 21 Coalition of Organizations

Coffman, Rosemary

From: Texas T21 All List <texas-t21-all-list+noreply@googlegroups.com>
Sent: Monday, June 18, 2018 1:52 PM
To: Coffman, Rosemary
Subject: You have been added to Texas T21 All List

Texas T21 All List

Hi rcoffman@lee.edu,
Claudia Rodas added you to the Texas T21 All List group.

Message from Claudia Rodas

Thank you for your support of Texas 21. You have been added to the Texas T21 group listserv and will periodically receive emails updates. - Claudia Rodas, on behalf of Texas 21 steering committee Campaign for Tobacco-Free Kids Director, Southern Region 832-605-5210 crodas@tobaccofreekids.org

About this group

This list serve are all org's that have signed up to support Texas T21. Created in April 2018.

Google Groups allows you to create and participate in online forums and email-based groups with a rich community experience. You can also use your Group to share documents, pictures, calendars, invitations, and other resources. Learn more.

If you do not wish to be a member of this group you can unsubscribe. If you believe this group may contain spam, you can also report the group for abuse. For additional information see our help center.

View this group

If you do not wish to be added to Google Groups in the future you can opt out here.

Start a new group. Visit the help center.
YES! I support raising the age of purchase of tobacco products to 21 years old. Please mark one.

☐ My business/organization can support advocacy efforts of the Texas21 coalition.
☒ My business/organization can serve as an education/resource partner for the Texas21 coalition.

Name: Rosemary Coffman, PhD, CRC, LCDC

Organization/Business: Lee College

Address (include zip code): 511 S. Whiting, Baytown TX 77520

Email: rcoffman@lee.edu

Phone #: 281-425-6387       Cell #: 281-796-4400

As a supporter of #Texas21: (Check all that apply to your organization’s ability to engage.)

☒ I would like to receive updates via email from the Texas Tobacco21 Campaign.

☒ I will provide the Texas Tobacco21 Campaign information about my organization/business to include in a support letter, newsletter or other publication.

☒ I would like to participate in or attend Texas Tobacco21 community events that may take place around this issue.

☒ I will provide testimony in writing or on video, within parameters of my organization’s ability.

☐ I would like to submit letters to the editor or opinion-editorials to my local newspaper.

☐ I would be available to meet with and/or call, email my local policymakers to discuss my support of raising the age of purchase of tobacco products to 21 years old in Texas.

☐ Other:

Visit our website at www.texas21.org to learn more about the #Texas21 Campaign!

“Like” our page: Texas Tobacco 21     Follow us: @Texas21
APPENDIX I

“O” Team Partnership

THE TEAM INITIATIVE

Remember Apollo 13? "Houston, We Have A Problem."

How were those lives saved? Well it took a massive team effort to identify the problem, determine what actions needed to be taken, and then executing the plan. It worked and lives were saved from certain death.

Well, “Baytown, We Have A Problem”!!!!

We are a part of the nationwide Opioid Epidemic

But just like the NASA Team pulled everybody together to find solutions, so can we. And we can do it all right here on the ground in Baytown. NASA had their specific objectives: to save fuel, to repair systems, to conserve oxygen, and to accomplish a safe re-entry.

www.ceaseaddictionnow.org

The “O” Team aspires to create and activate a community-wide effort to make a positive and long-lasting impact on and provide solutions to the Opioid Epidemic in Baytown.

Just like NASA, the “O” Team will have objectives too and they can be captured in 4 words:


Educate:
Goals and Objectives
- Prevention incorporated at each level of learning and at all employment
- Resource awareness within community
- Disease approach as opposed to guilt/shame

Communicate:
Goals and Objectives
- Message should unify and be inclusive
- News, Radio, Email, Social Media, TV
- Utilize Baytowners who have a story

Rehabilitate:
Goals and Objectives
- Funding issue must be removed or mitigated - treatment is expensive!
- Client/patient center(s) with the focus on treatment. Overcome an inpatient NIMBY attitude if it exists.

Collaborate:
Goals and Objectives
- Support law enforcement efforts
- Reach out to those imprisoned for drug charges so they too may recover.

www.ceaseaddictionnow.org

THE TEAM PURPOSE

RECOVERY
APPENDIX J
Email Communications

September is National Recovery Month, celebrating the gains made by those in recovery, just as we celebrate health improvements made by those who are managing other health conditions. The observance reinforces the positive message that behavioral health is essential to overall health, prevention works, treatment is effective and people can and do recover!

More information is available online through SAMHSA at https://www.recoverymonth.gov/about.

If you would like information about resources in our area, check out the Start Your Recovery website at https://startyourrecovery.org.

This Saturday, October 22, is the National Prescription Drug Take Back event across the country and the chance to get the most abused drugs off the street. If you have any unwanted or unused prescription or over the counter medications to dispose of you may drop them off at one of the locations on the flyer below.
More teen vaping could reverse progress in tobacco reduction

Experimentation with e-cigarettes could become nicotine addiction for youth who have never used any other tobacco products, USC study suggests

BY Zen Vuong July 11, 2016

E-cigarettes vaporize liquids that may or may not contain nicotine. (Photo by Shutterstock)

A new USC study debunks the popular belief that electronic cigarettes are merely a substitute for cigarettes among teens. Instead, the study suggests that some teens who never would have smoked cigarettes are now vaping.

E-cigarettes, which entered the U.S. market in 2007, vaporize liquids that may or may not contain nicotine. In 2011, about 15 percent of high schoolers had vaped in the past 30 days, according to the National Youth Tobacco Survey. Four years later, that number skyrocketed to 18 percent.

A USC study of 5,490 high school juniors and seniors shows tobacco use among teens in Southern California is on the rise.

In 2014, about 14 percent of 12th graders said they had either smoked or vaped in the previous month — nearly a 60 percent increase in the past decade.

A decade earlier — before e-cigarettes were sold in the United States — 9 percent of surveyed teens in this age group reported that they had smoked, said Jessica Brownstone-Trimmer, lead author and a postdoctoral scholar research associate in the Department of Preventive Medicine at the Keck School of Medicine of USC.
The Lee College Drug Free Campus Committee with support from the South East Harris Community Coalition has free Deterra pouches available to all faculty, staff, and students. These pouches provide an in-home means of disposing of prescription medication. By disposing of unwanted and unused medications, we decrease the likelihood of the drugs being abused by others.

We have both the medium pouches (that can handle up to 45 pills) and large pouches (that can handle up to 90 pills).

To pick up your packet, come by the Student Activities Office (Mike Spletter’s Office in the Student Center) or my office (Rundell Hall 107).

Rosemary Coffman, PhD, CRC, LCDC
Associate Dean, Student Affairs
Rundell Hall, Room 107
281-425-6387 (v)
832-556-4004 (fax)

Behavioral Intervention Team / Core Member
www.lee.edu/behavioral-intervention-team
APPENDIX K
College Alcohol and Other Drug Awareness Events

Be a Rebel
Dare to be Healthy!

November 3, 2016
10:00am - 2:00pm
Student Center

Join us
for a day of information as well as fun and interactive activities to raise awareness of alcohol and drug issues on our campus and in the community.

Free popcorn provided
(food will be available for purchase)

Door Prizes

Free Activities
(Balloon & Body Art, Big Chair)

Drunk Goggles & Pedal Car Obstacle Course
Provided by the Baytown Fire Department

Vendors & Services:
Area organizations promoting a healthy lifestyle and a drug free community.

Sponsored by:
2017 Summer BASH
Dare to be healthy

Join us for a day of information as well as fun and interactive activities to raise awareness of alcohol and drug issues on our campus and in the community.

June 29, 2017
11 am - 3 pm
Lee College Student Center

Free popcorn - Door Prizes - Free Activities - Cartoon Artist - Big Chair
Dramatic Glasses & Pedal Car Obstacle Course
Provided by the Baytown Fire Department

Vendors & Services: Area organizations promoting a healthy lifestyle and a drug-free community

Sponsored by:

Lee College

2018 Summer BASH
Dare to be healthy

Join us for fun and interactive activities while you learn about drug and alcohol-related issues that impact our campus and community.

June 27, 2018
11 AM - 3 PM
Lee College Student Center

Free popcorn - Door Prizes - Free Activities - Cartoon Artist - Photobooth
Dramatic Glasses & Pedal Car Obstacle Course
Provided by the Baytown Fire Department

Vendors & Services: Area organizations promoting a healthy lifestyle and a drug-free community

Sponsored by:
Life of an Athlete
Lee College Athletics / August 2016

Prior to the fall 2016 semester, the Lee College Intercollegiate Athletics participated in the Life of an Athlete online education module, educating student athletes on the impact of alcohol and other drugs on performance and making good choices.

Introduction

Life of an Athlete is an online module designed to introduce and educate athletes to the effects of alcohol with the goal of the program to reduce rates of substance abuse among student athletes and to increase positive lifestyle choices of the athletes. As part of the fall orientation of all student athletes, each were given an opportunity to view the 45-minute program which include information on:

- Peer Pressure
- Decision making and consequences of those decisions
- Physiological impact of drugs and alcohol on the athlete
- Training and performance issues

Method

There were two meetings with student athletes. The volleyball team met on August 2, 2016 and the basketball players met on August 22, 2016. There was 100% attendance for all athletes.

For each session, the student athletes completed the paper and pencil pretest prior to watching the online module. The module contained text and videos and each student progressed through the module at their own pace, taking about 45 minutes to complete. The student athlete was then given the paper and pencil posttest which measured the knowledge gained from the program and the student athlete’s opinions of the program materials. The results were manually entered into Survey Monkey for analysis.

After the posttest, Rosemary Coffman, the Associate Dean of Student Affairs, led a discussion with the players and the head coach on their reactions of the information presented. In addition, the group discussed the role of the student athlete on the campus and how drugs and alcohol have impacted their lives in the past, presently, and how it can impact their future.
Results

There were 12 questions that measured the knowledge gained from the program by asking the same question in the pretest and again in the posttest. For each question, the student could answer from strongly disagree (0) to strongly agree (4). The list of these questions can be found in the Appendix along with the mean for the pretest and posttest in general and by gender.

With each question, the results indicated movement in the desired direction; however, there were no statistical mean difference between the pre and post questions with the aggregate group. The question that showed the greatest change was question #11 (When a person drinks alcohol, they must use more brain energy to perform even the simplest task). This was perhaps an issue that the student athletes were less aware.

In reviewing the difference in pretest/posttest results across gender, there were no significant differences for males and a number of significant differences with females. The greatest change for males (while not statistically significant) were the following two questions.

- Athletes who drink are more likely to get injured (.07)
- When a person drinks alcohol, they must use more brain energy to perform even the simplest task. (.08)

For the women, 7 of the 12 questions showed significant statistical mean difference on pre/post responses.

- Alcohol use negatively impacts an athlete's athletic performance. .003
- Athletes who drink are more likely to get injured. .02
- Alcohol reduces an athlete's ability to repair damaged muscle fibers. .01
- Alcohol can reduce the amount of testosterone in an athlete's system for up to 96 hours. .03
- Athletes can perform at their top level with small amounts of sleep. .02
- The ten most dangerous years of a person's life are ages 14-24. .01
- Alcohol interferes with the messages your brain sends to your muscles. .01
- When a person drinks alcohol, they must use more brain energy to perform even the simplest task. .03

Finally, other questions measured the student athlete's perception of the program materials. Below are questions that ranked high in this area based on responses of agree or strongly agree.

- 91.7% of the student athletes felt that the personal stories shared will leave a lasting impact
- Nearly 88% agreed or strongly agreed that every athlete should take this course.
- 83% thought this course would also benefit non-athletes
- Nearly 83% stated that the brain scans that were included will leave a lasting impact.

Discussion

Life of an Athlete is a program that educates student athletes on the effects of alcohol and other drugs on performance and gives information to help the athlete make healthier choices. The information presented appeared beneficial in educating the student athlete. While low numbers may play a role in the statistical findings of how much was learned from pretest to posttest, over 90 percent of the participants stated that the personal stories would leave a lasting impact.

These results will be shared with the head coaches.
<table>
<thead>
<tr>
<th></th>
<th>Pre</th>
<th>Post</th>
<th>Male pre</th>
<th>Male post</th>
<th>Female Pre</th>
<th>Female post</th>
</tr>
</thead>
<tbody>
<tr>
<td>There are no long term effects of heavy drinking on an athlete’s athletic performance</td>
<td>2.04</td>
<td>1.71</td>
<td>2.23</td>
<td>2.11</td>
<td>1.86</td>
<td>1.47</td>
</tr>
<tr>
<td>Alcohol use negatively impacts an athlete’s athletic performance</td>
<td>4.15</td>
<td>4.42</td>
<td>3.92</td>
<td>3.67</td>
<td>4.36</td>
<td>4.87^</td>
</tr>
<tr>
<td>An athlete could lose up to two weeks of athletic training from getting drunk once</td>
<td>3.56</td>
<td>4.33</td>
<td>3.08</td>
<td>3.56</td>
<td>4.00</td>
<td>4.80</td>
</tr>
<tr>
<td>Athletes who drink are more likely to get injured</td>
<td>3.44</td>
<td>4.33</td>
<td>3.62</td>
<td>3.56</td>
<td>3.269</td>
<td>4.80^</td>
</tr>
<tr>
<td>Alcohol reduces an athlete’s ability to repair damaged muscle fibers</td>
<td>3.67</td>
<td>4.29</td>
<td>3.85</td>
<td>3.44</td>
<td>3.50</td>
<td>4.80^</td>
</tr>
<tr>
<td>Alcohol can reduce the amount of testosterone in an athlete’s system for up to 96 hours</td>
<td>3.44</td>
<td>4.50</td>
<td>3.46</td>
<td>4.00</td>
<td>3.43</td>
<td>4.80^</td>
</tr>
<tr>
<td>Athletes can perform at their top levels with small amounts of sleep</td>
<td>2.04</td>
<td>1.54</td>
<td>2.38</td>
<td>2.22</td>
<td>1.71</td>
<td>1.13^</td>
</tr>
<tr>
<td>The ten most dangerous years of a person’s life are ages 14 – 24.</td>
<td>3.96</td>
<td>4.38</td>
<td>3.69</td>
<td>3.56</td>
<td>4.21</td>
<td>4.87^</td>
</tr>
<tr>
<td>People who start drinking prior to age 15 are more likely to develop alcohol dependence than those who start drinking at age 21</td>
<td>3.56</td>
<td>4.25</td>
<td>3.54</td>
<td>3.56</td>
<td>3.57</td>
<td>4.67</td>
</tr>
<tr>
<td>Alcohol interferes with the messages your brain sends to your muscles</td>
<td>3.93</td>
<td>4.46</td>
<td>3.69</td>
<td>3.78</td>
<td>4.14</td>
<td>4.87^</td>
</tr>
<tr>
<td>When a person drinks alcohol they must use more brain energy to perform even the simplest task</td>
<td>3.93</td>
<td>4.38</td>
<td>3.85</td>
<td>3.56</td>
<td>4.00</td>
<td>4.87^</td>
</tr>
<tr>
<td>High school athletes can lose 15 – 30 percent of their potential by drinking alcohol</td>
<td>3.74</td>
<td>4.38</td>
<td>3.46</td>
<td>3.67</td>
<td>4.00</td>
<td>4.80</td>
</tr>
</tbody>
</table>

^denotes statistically significant difference in mean from pre to post test.
APPENDIX K
Orientation for Student Athletes (Fall 2017)

Alcohol and Drug Information and Process Group

The following information represents the part of the orientation related to drug education and the athlete.

On August 23, 2017, Daniel Garza and Chrystal Hernandez gave a presentation on Alcohol and Other Drugs. Both are Licensed Chemical Dependency Counselors who were paid by the College to make a presentation for the student athletes. The following schedule was followed:

- 9 – 10:30 a.m. – a general presentation was given on the overall effects of alcohol and drugs and how it impacts athletes. Topics of the presentation included.... There was also a short presentation on the College’s alcohol and drug policy for athletes. A pretest/posttest was given to the participants in an attempt to measure if any learning had occurred.
- 11 a.m. – 12:00 noon – Each team participated in a process/psychoeducational group with one of the presenters.

In an attempt to measure the effectiveness of the presentation, a pretest/posttest was given to the students as part of the general session. Based on the results, there was significant difference in the pre/post test scores for either team or for the combined scores of all athletes. In the future, there needs to be a closer review of the questions to ensure the testing corresponds with the presentation with an concerted effort to cover specific topics.

<table>
<thead>
<tr>
<th></th>
<th>VB N</th>
<th>BB N</th>
<th>VB % CORRECT</th>
<th>BB % CORRECT</th>
<th>COMBINED PERCENTAGE CORRECT</th>
</tr>
</thead>
<tbody>
<tr>
<td>PRETEST</td>
<td>16</td>
<td>12</td>
<td>60</td>
<td>67</td>
<td>64</td>
</tr>
<tr>
<td>POSTTEST</td>
<td>15</td>
<td>12</td>
<td>58</td>
<td>67</td>
<td>63</td>
</tr>
</tbody>
</table>

Overall Evaluation

A short survey through Survey Monkey was given to the attendees (both athletes and coaches) on the effectiveness of the orientation with 30 responses collected that included 14 volleyball players, 13 basketball players and two coaches.

The first part of the evaluation asked three questions using a Likert scale from 1 (strongly disagree) to 5 (strongly agree). It included these questions related to the morning session.

1) Based on the morning presentation, I have a better understanding of how alcohol and drugs may impact me as a college athlete
2) Overall, my sessions were a good use of my time.

In addition, there were four open-ended questions.

1) What was the most important thing you learned at the morning session (Alcohol and Drug Session)?
2) What changes would you make in regards to the Athletic Orientation?
3) Additional Comments

86% of the respondents strongly agreed that they had a better understanding of 1) how alcohol and other drugs affected the college athlete 2) of Title IX and sexual misconduct and 3) felt that the sessions were a good use of their time. There was a difference in how the Basketball and Volleyball teams responded to these three questions as noted in the table below.
The first open-ended question asked, “What was the most important thing you learned in the morning (Alcohol and Drug) Session. The following categories represent the breakdown of the 30 responses received.

- General “Drugs are bad” statements and/or consequences of using – 14 responses or 47%
  - Don’t do it
  - Nothing good comes from drugs
  - I should not use drugs or alcohol
  - You can be randomly tested and you have to pass or lose you will suffer harsh consequences.

- Statements on how it impacts the athlete - 6 responses or 20%
  - Athletes are victims of drug use and caused many careers to end
  - Alcohol and drugs are not needed in college athletes life
  - Even the best athletes can be distracted by drugs and alcohol.

- How it impacts others – 3 responses or 10%
  - How it can effect people around you and take you down the wrong path
  - It does not affect just you, but the people around you as well

- Information or statistics – 7 responses or 23%
  - How many types of drugs there are
  - There are so many people who are addicted and can’t be with their families
  - A lot of people have died from drugs

The third open-ended question asked, “What changes would you make in regards to the Athletic Orientation?” Of the 29 responses, 27 or 90% stated that they would not change anything. Three responses gave specific suggestions:

- I would give more information on the consequences of drugs and alcohol
- I would like more emphasis on the effects of drugs and alcohol for a college athlete. Emphasize less on the addiction and more on the abuse and how their lives could be impacted with drugs and alcohol and without.