

Spring 2017 Academic Workshops

Take control of your success!

Attend a FREE workshop offered by the Lee College Advising/Counseling Center.

Online Learning

ATC 320 • LeAnn Allison

2 – 3 pm Tuesday, Jan. 24

5 – 6 pm Thursday, Jan. 26

2 – 3 pm Thursday, Feb. 2

Distance Education has become quite commonplace on all campuses. This workshop looks at what an online course is like and what is required on the student's part. It also gives a basic overview of Blackboard 9.1

How College is Different from High School

ATC 355 • Rosemary Coffman

2 – 3 pm Wednesday, Jan. 18

Rules, instructors, testing and grades – these are just some of the differences between high school and college. Learn specific success strategies that will make you a successful college student.

Test Taking Tips

ATC 355 • K. Leigh Villanueva

2 – 3 pm Tuesday, Jan. 31

2 – 3 pm Wednesday, Feb. 1

Overcome test anxiety. Ace your tests! Learn which techniques are best for the type tests you take. Become aware of common test taking errors.

Career Cruising

ATC 320 • Lena Yopez

2 – 3 pm Thursday, Jan. 26

2 – 3 pm Tuesday, Apr. 11

Gathering and synthesizing information are vital steps in selecting a career path. During this workshop students will learn more about career planning and research strategies that help an individual choose his or her future. Information regarding Career Cruising, a free online career assessment tool, will also be provided.

Improve Your Critical Thinking Skills

ATC 352 • Tyrone Smith

2-Same Day Sessions!

10 – 11 am Tuesday Jan. 24

5 – 6 pm Tuesday Jan. 24

This workshop will suggest how you can improve the quality of your thinking. Critical thinking is the process of analyzing and assessing thinking. You will learn about the elements of thought and the universal standards teachers use to assess your thinking.

The Art of Taking Good Notes

ATC 355 • Ana Valadez

2 – 3 pm Tuesday, Jan. 24

2 – 3 pm Wednesday, Jan. 25

Learn to quickly recognize the most important information in your textbook, lectures, and class discussions. Organize your notes so that you can learn, understand, and remember what you need.

How to use MyLC Campus

ATC 320 • Karla Swift

3 – 4 pm Thursday, Jan. 26

2 – 3 pm Wednesday, Feb. 1

Feeling befuddled when checking your grades or registering? Want to take advantage of the early online registration period? This workshop will get students familiar with i-Campus capabilities. Learn how to register, check your grades, and pay your tuition – all online!

TACRAO College Day 2017

Rundell Hall Conference Center •

Sharon Sampson

9:30 am – 1:30 pm Thursday, Feb. 2

Transferring to a 4 year university is with every Lee College student's reach. During these information sessions, participants have the opportunity to meet with university representatives and discuss the application process, scholarship opportunities and transfer credits.

Plagiarism: What It Is and Is Not

ATC 355 • Paul Arrigo

2 – 3 pm Tuesday, Feb. 7

While defining the term may be easy, figuring out what qualifies as plagiarism can be confusing. We'll explore common pitfall and how to avoid them.

Figuring Out APA Style

ATC 355 • JoLynn Sallee

3 – 4 pm Wednesday, Feb. 8

Learn how to correctly cite sources from within your paper and assemble a work cited page using APA Style citations.

Lee College OHANA/LGBTQ

BON Hall, Rm 102 • Jessica Falla

2 – 3:30 pm Wednesday, Mar. 29

This workshop will assist students, faculty and staff in increasing their awareness of issues that lesbian, gay, bisexual and transgender people face. In a non-threatening setting, participants will discuss how to create an accepting campus environment

for Lee College's LGBTQ population.

Participants will also learn what it takes to be an ally.

Time Management

ATC 355 • Cassandra Flores

2 – 3 pm Tuesday, Feb. 14

2 – 3 pm Thursday, Feb. 16

Time: there is only so much of it, so make every moment count. Learn how to organize your day, week and semester while incorporating powerful study techniques.

Writing in the MLA Style

ATC 355 • JoLynn Sallee

3 – 4 pm Wednesday, Feb. 15

Learn how to correctly cite sources from within your paper and assemble a work cited page using MLA Style citations.

NEW! Easy Bib

ATC 355 • Presenter, TBA

2 – 3 pm Tuesday, Feb. 21

The Automatic Bibliography and Citation Generator. Save time by creating a Works Cited page instantly in MLA, APA, or Chicago.

Healthy Relationships

Bayer Conference Room • Amber Tempel

2-Same Day Sessions!

2 – 3 pm Thursday, Feb. 23

6 – 7 pm Thursday, Feb. 23

12pm - 1pm Tuesday, Mar. 7

6 – 7 pm Wednesday, Mar. 23

This presentation focuses on identifying the 4 pillars of a healthy relationship to assist individuals in preventing or identifying potentially abusive relationships. Students are encouraged to use critical thinking skills to explore their current relationships which may include romantic, parenting, and/or the workplace. With this workshop, there will be a discussion of community resources regarding relationship issues.

Creating S.M.A.R.T Goals

Edythe Old Studio • Marylou Ortuvia

6 – 7 pm Wednesday, Mar. 8

6 – 7 pm Thursday, Mar. 9

Have goals but unsure if they are SMART? This workshop is designed to help students create and implement specific, measurable, attainable, realistic, and timely goals. During this session, students complete a goal worksheet that helps identify both educational and career aspirations.

Mindfulness and Self Compassion

ATC 352/348 • Ana Valadez

11am – 12 pm, Tuesday, Feb. 28

6 – 7 pm, Wednesday, Apr. 26

This workshop will provide tools for responding in a mindful and compassionate way whenever we feel inadequate or experience painful emotions. Through discussion and exercises, you will gain practical skills to help bring mindfulness and self-compassion into your daily life.

Student Barriers

ATC 355 • Karla Swift

11am – 12 pm, Wednesday, March 8

Many students face difficulties in college. Financial strain, adapting to college life, home and family life, and other barriers may appear on the path to success. In this workshop, we will discuss the policies and tips to dealing with life obstacles in college and ways in coping with adapting to college life.

Finding Your Path

ATC 355 • Tyrone Smith

2 – 3 pm, Thursday, March 9

Exploring majors at Lee College

Hello! My Name Is...

Bayer Conference Room • Karla Swift

11am – 12 pm, Wednesday, Apr. 5

Ice Cream Social: Making Friends on Campus (Games and Ice Cream)

Student Leadership

ATC 355 • Tyrone Smith

6 – 7 pm, Tuesday, Apr. 18

Developing the skills necessary to better lead your organization.

Creating Effective Presentations

ATC 348 • Cassandra Flores

6 – 7 pm, Wednesday, Apr. 19

2 – 3 pm, Tuesday, Apr. 25

This workshop is designed to give you tips on how to create and deliver a more effective presentation. This will be a fun, interactive and informative workshop that hopes to teach you skills you can apply in a classroom and possibly throughout your life.

For more information, call the Advising/Counseling Center at 281.425.6384.

