

# Kinesiology/Physical Education

## Associate of Science in - Kinesiology/Physical Fitness—KI3

The program is designed for Kinesiology/Physical Education majors who desire to: (1) promote vigorous mental, emotional, social, and physical health; (2) develop motor skills; and (3) prepare students for desirable leisure-time activities. A maximum of four (4) credit hours of kinesiology/physical education activity class may be applied to the Associate Degree at Lee College for non-kinesiology/physical education majors. Those majoring in kinesiology/physical education may take up to eight (8) credits.

Students may take a physical activity course within the same sport, using the beginning and experienced sequence. The same course may not be repeated for credit.

The Associate of Science in Kinesiology combines the requirements of students who desire to teach, coach, or have an interest in fitness and wellness. Kinesiology/Physical Education majors should also consider the requirements of the senior college to which they intend to transfer and plan their community college scholastic schedule accordingly. It is also suggested to consult the senior university catalog for elective options.

FIRST SEMESTER			SCH
— ENGL	1301	English Composition I	3
— HIST	----	Social/Behavioral Science: History	3
— MATH	----	Mathematics	3/4
— COSC	1301	Microcomputer Applications	3
— KINE	1301	Foundations in Physical Education	3
— KINE	----	Elective	1
			<b>16/17</b>

SECOND SEMESTER			SCH
— ENGL	1302	English Composition II	3
— HIST	----	Social/Behavioral Science: History	3
—	----	Humanities: Visual/Performing Arts	3
—	----	Social Behavioral Science: Other	3
— KINE	1305	The Healthy American	3
— KINE	----	Elective	1
			<b>16</b>

THIRD SEMESTER			SCH
— BIOL	2401	Human Anatomy & Physiology I	4
— GOVT	2301	American Government I	3
— KINE	1306	First Aid	3
— KINE	2356	Care & Prevention of Athletic Injuries	3
— KINE	1321	Coaching Sports & Athletics	3
			<b>16</b>

FOURTH SEMESTER			SCH
— KINE	1338	Concepts of Physical Fitness	3
— BIOL	2402	Human Anatomy & Physiology II	4
— GOVT	2302	American Government II	3
—	----	Communication: Other	3
—	----	Humanities: Other	3
— KINE	----	Elective	1
			<b>17</b>

**Total Semester Credit Hours for Degree 65/66**

## Associate of Science in - Kinesiology/Health—KH3

The Associate of Science Degree in Kinesiology/Health is designed to prepare students for graduate study in health, wellness, physical therapy, exercise science, nutrition, and physical education or for a career in the health and fitness industry. Emphasis will be placed on understanding the relationship among nutrition, weight, control, and physical activity and their role in personal health.

The degree plan is designed to prepare the student for immediate job placement in the health and fitness industry. Students who intend to transfer to a four-year institution should consider the requirements of the senior college and plan their community college scholastic schedule accordingly.

FIRST SEMESTER			SCH
— ENGL	1301	English Composition I	3
— HIST	----	Social/Behavioral Science: History	3
— MATH	----	Mathematics	3/4
— COSC	1301	Microcomputer Applications	3
— KINE	1301	Foundations in Physical Education	3
— KINE	----	Elective	1
			<b>16/17</b>

SECOND SEMESTER			SCH
— ENGL	1302	English Composition II	3
— HIST	----	Social/Behavioral Science: History	3
—	----	Humanities: Visual/Performing Arts	3
—	----	Social Behavioral Science: Other	3
— KINE	1305	The Healthy American	3
— KINE	1164	Introduction to Physical Fitness & Nutrition	1
			<b>16</b>

THIRD SEMESTER			SCH
— BIOL	2401	Human Anatomy & Physiology I or	
— BIOL	1406	General Biology I	4
— GOVT	2301	American Government I	3
— KINE	1306	First Aid	3
— KINE	1346	Drug Use & Abuse	3
— KINE	1304	Personal Health & Nutrition	3
			<b>16</b>

FOURTH SEMESTER			SCH
— BIOL	2402	Human Anatomy & Physiology II* or	
— BIOL	1407	General Biology II*	4
— GOVT	2302	American Government II	3
—	----	Communication: Other	3
—	----	Humanities: Other	3
— KINE	----	Elective	1
			<b>14</b>

**Total Semester Credit Hours for Degree 62/63**

\* Students should choose BIOL 2402 if they completed BIOL 2401 earlier.

\* Students should choose BIOL 1407 if they completed BIOL 1406 earlier.

## Associate of Science in - Kinesiology/Recreation–KR3

The Associate of Science Degree in Kinesiology/Recreation is designed to introduce and educate students to the field of recreation and leisure along with career choices that are available. Recreation and leisure in a multifaceted field comprising the areas of parks, public recreation, non-profit organizations, commercial recreation and tourism, and therapeutic recreation.

This degree plan is designed to prepare students for immediate job placement in the recreation and leisure industry or transfer to a four-year institution for a specific emphasis on recreation and leisure. Students who intend to transfer to a four-year institution should consider the requirements of the senior college and plan their community college scholastic schedule accordingly.

FIRST SEMESTER			SCH
— ENGL	1301	English Composition I	3
— HIST	----	Social/Behavioral Science: History	3
— MATH	----	Mathematics	3/4
— COSC	1301	Microcomputer Applications	3
— KINE	1301	Foundations in Physical Education	3
— KINE	----	Elective	1
			<b>16/17</b>
SECOND SEMESTER			
— ENGL	1302	English Composition II	3
— HIST	----	Social/Behavioral Science: History	3
—	----	Humanities: Visual/Performing Arts	3
—	----	Social Behavioral Science: Other	3
— KINE	1336	Introduction to Recreation	3
— KINE	----	Elective	1
			<b>16</b>
THIRD SEMESTER			
— BIOL	2401	Human Anatomy & Physiology I	
		or	
— BIOL	1406	General Biology I	4
— GOVT	2301	American Government I	3
— KINE	1306	First Aid	3
— KINE	1321	Coaching Sports & Athletics	3
— KINE	1332	Elementary & Recreational Game Skills	3
			<b>16</b>
FOURTH SEMESTER			
— KINE	1305	The Healthy American	3
— BIOL	2402	Human Anatomy & Physiology II*	
		or	
— BIOL	1407	General Biology II*	4
— GOVT	2302	American Government II	3
—	----	Communication: Other	3
—	----	Humanities: Other	3
— KINE	----	Elective	1
			<b>17</b>
<b>Total Semester Credit Hours for Degree</b>			<b>65/66</b>

\* Students should choose BIOL 2402 if they completed BIOL 2401 earlier.

\* Students should choose BIOL 1407 if they completed BIOL 1406 earlier.