DRUG-FREE SCHOOLS AND CAMPUS REGULATIONS

[EDGAR PART 86]

BIENNIAL REVIEW:
ACADEMIC YEARS 2020/21 & 2021/22

October 3, 2022
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Introduction / Overview

Lee College is committed to an environment that supports the academic success and health of our staff and students. The College’s Drug Free Campus Program serves to provide the campus with activities and programming designed to encourage a healthy and drug-free lifestyle.

This required biennial review has the following two objectives: 1) to determine the effectiveness of, and to implement necessary changes to, the alcohol and other drug (AOD) prevention program and 2) to ensure that the campus enforce the disciplinary sanctions for violating standards of conduct consistently.

Biennial Review Process

This review covers the time period of 2020-2022. Specifically, it is the Fall 2020 semester through the Summer of 2022.

The Biennial Review Committee

The Biennial Review Committee reviews the information gathered for the review and is a subcommittee of the Drug Free Campus Committee. The Biennial Review Committee consists of the following individuals:

- Dr. Rosemary Coffman, Associate Dean for Testing and Student Life (Chair)
- Reanna DeGeorge, Instructor, Addictions Counseling Program
- John Connor, Interim Chief of Security
- Amanda Summers, Human Resources Executive Director
- Mike Spletter, Student Activities Manager

Location of Report

The report can be found online at www.lee.edu/about/maintaining-a-drug-free-campus. A copy of this Biennial Review is on file in the Office of the Associate Dean for Testing and Student Life as well as in the Human Resources Office. A hard copy will be made available upon request from either office.

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<tr>
<th>Name</th>
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Annual Policy Notification Process

As outlined in the Complying with the Drug-Free Schools and Campuses Regulations [EDGAR Part 86], The Alcohol, Tobacco, and Other Drug Prevention and Policy Statement (https://www.lee.edu/counseling/files/aod-policy.pdf) is distributed to all students and employees as part of our Drug Free Campus Program. The statement is found on the Drug Free Campus website (https://www.lee.edu/about/maintaining-a-drug-free-campus/) and the College’s Student Consumer Information site (https://www.lee.edu/student-consumer-information/).

The following outlines additional methods in which the AOD statement is distributed to employees and students.

Notification Process for Employees

Annually, all full-time and part-time employees are emailed a copy of the statement as notification of our policy (Appendix A). In addition, all new employees receive a copy as part of their new hiring packet and the statement can be found in the employee handbook (http://www.lee.edu/hr/resources-for-employees/employee-handbook/concerns/).

Notification Process for Students

Each semester, the AOD statement is sent to all credit students (including dual credit) through their learning management system (Blackboard), which is associated with all classes. This allows for a more precise means of reaching students and gives the College confirmation that the statement was received. Appendix B is an example of the message sent. In addition, the statement is found in the College catalog (http://catalog.lee.edu/content.php?catoid=31&navoid=874#student-conduct).

Content of the Policy

In keeping with the requirements of the Drug-Free Schools and Campuses Regulations [EDGAR Part 86], Lee College has an Alcohol, Tobacco and Other Drug Abuse Prevention and Policy Statement that describes standards of conduct that clearly prohibit the unlawful possession, use, or distribution of illicit drugs, alcohol, and tobacco by students and employees on College property or as part of any College sponsored activity. The policy includes the following:

- a description of legal sanctions under federal, state, or local law for the unlawful possession use or distribution of illicit drugs and alcohol;
- a clear statement of disciplinary sanctions Lee College will impose on students and employees for violations of the standards of conduct;
- a description of the health risks associated with the use of illicit drugs, alcohol, and tobacco; and
- a description of the drug and alcohol counseling and treatment resources available to students and employees as well as support resources for tobacco cessation.
AOD Prevalence Rate, Incidence Rate, and Needs Assessment

Report of AOD Related Incidences and Sanctions
The reporting of any incidences regarding the violation of the Drug Free Campus Policy may be made through the Lee College security department, student affairs (conduct), and/or the human resource office. Violations occurring during this biennial review period are noted in the compliance section of this review.

Tobacco Survey Data
For this biennial review, there was one survey which collected data on the use of alcohol, tobacco, or other drugs.

The Tobacco Survey (Spring 2022) was designed to gather information and feedback regarding awareness of the Lee College’s tobacco-free policy; awareness of cessation tool resources; and reported personal use of tobacco products. The survey, administered to both students and employees, was created with the support of The University of Texas MD Anderson Cancer Center and associated with the Lee College Tobacco Project as part of the community health initiative, Be Well Baytown. An executive summary of the survey can be found in Appendix C.

The following provides an overview of the survey.

- Twenty percent of the respondents reported using tobacco products within the past 30 days. This was comparable to the 2019 survey results. Of those who reported using tobacco products, 33% reported using electronic cigarettes at least once with students reporting a higher use (37%) compared to employees (12%).
- The survey provided information on participants’ reports of witnessing the use of tobacco products on campus, a violation of our tobacco-free policy. Less than 7% witnessed someone smoking on campus daily which could possibly include the adjacent city-owned sidewalks. The second part of this question gave respondents an opportunity to note specific areas in which tobacco use was witnessed on campus. Parking lots had the highest number of responses (36%), which included both parking lots and personal vehicles.
- Results indicated that the campus community was more aware of the tobacco-free policy when compared to the 2019 survey.

AOD Policy Inventories - Enforcement and Compliance
The following represents an inventory of policies related to alcohol, tobacco, and other drug use; prevention strategies; and educational programming.

Inventory of Policies

- **The Alcohol, Tobacco, and Other Drug Prevention and Policy Statement** - This policy serves as the overarching policy that outlines the prohibition of alcohol, tobacco, and other drugs on campus and during off campus college events. In 2021, the Policy was modified with additional information regarding tobacco and compliance of the College’s tobacco-free policy. Tobacco resources are not included.

- The Lee College security department is responsible for the enforcement with support provided through student affairs and/or the human resource office.
- For this biennial period, there were no violations reported.

- **Student Code of Conduct** – Information on the use of illicit drugs, including alcohol can be found online under “Alcohol and Other Drugs” in the Lee College Catalog. [http://catalog.lee.edu/content.php?catoid=3&navoid=73&hl=alcohol&returnto=search#Student_C onduct](http://catalog.lee.edu/content.php?catoid=3&navoid=73&hl=alcohol&returnto=search#Student_Code_of_Conduct)
  - These policies are enforced by the associate vice-president of student affairs.
  - For this biennial period, there were no violations reported.

- **Tobacco-Free Campus Policy** - As a tobacco-free campus, the use of any tobacco product (to include cigarettes, cigars, smokeless tobacco, and electronic cigarettes) is banned to include the individual’s personal vehicle and parking lots. The tobacco policy is included as part of the Alcohol and Drug Prevention Statement. The statement also includes the prohibition of sales, sponsorships, advertising, and/or promotional activities of tobacco products.
  - The Lee College security department is responsible for enforcement of the tobacco-free campus policy.
  - For this biennial period, there were no formal violations reported.

- **Lee College Intercollegiate Athletics Substance Abuse and Education Program** (Appendix D) – As mandated by the NJCAA, student athletes for the women’s volleyball and men’s basketball teams must abide by the College’s Intercollegiate Athletics Substance Abuse and Education Program.
  - This policy is enforced by the athletic director.
  - For this biennial period, there were three violations reported after a random drug test. The athletes were suspended from all athletic activity for three days and tested negative with a subsequent test.

- **Financial Aid Drug Convictions Policy** – For this policy (Appendix E), students convicted of a federal or state drug violation are not qualified for federal financial aid if such conviction occurred during a period of enrollment for which the student was receiving federal student aid. For enforcement, all students must self-identify which will be noted on the Student Aid Report received by the College. At that time, he or she must prove aid eligibility by documenting the period of the conviction and/or treatment.
  - This policy is enforced by the Director of Financial Aid.
  - No violations were reported for this biennial period.
Drug Screenings for College Security Officers - Commissioned security officers (15 employees) have mandatory drug screenings four times each year. With each screening, 75% of the officers are randomly selected, and the results can be found in the Human Resource Office. Randomly testing commissioned security officers for drugs and alcohol began as an internal procedure to ensure the safety of the campus and is supported by Board Policy DHB (Legal).

- This policy is enforced by the executive director of the human resource office.
- For this biennial period, there were no violations reported.

AOD Comprehensive Program & Interventions with Data and Outcomes
The following are specific partnerships and programs designed to increase awareness and provide education on AOD issues and how it impacts the campus community. When available, data are presented to indicate increased knowledge and/or awareness.

Campus Initiatives / Support
The Associate Dean of Testing and Student Life provides leadership and support to the Drug Free Campus Policy, providing oversight in assuring that the campus is aware of policies and support regarding alcohol, tobacco, and other drugs. The following are activities, education, and support to students and employees for this biennial review period.

- **Website information** ([http://www.lee.edu/about/maintaining-a-drug-free-campus/](http://www.lee.edu/about/maintaining-a-drug-free-campus/)) In addition to linking to the Prevention Statement, the Drug Free Campus Website ([https://www.lee.edu/about/maintaining-a-drug-free-campus/](https://www.lee.edu/about/maintaining-a-drug-free-campus/)) provides information and support for students and employees. This includes resources such as the Start Your Own Recovery ([https://startyourrecovery.org/](https://startyourrecovery.org/)) and information on the Drug Free Campus Committee.

- **Drug Free Campus Committee** - Our Drug Free Campus Committee includes key stakeholders both from the College and the community and provides feedback and support to the campus. Membership includes representation from student affairs, faculty, security, human resources, veteran services, and students. Community representatives include the Baytown Police Department, Be Well Baytown, and the Bay Area Council on Drugs and Alcohol (Southeast Coalition). Meeting several times each semester, committee information and minutes can be found online ([http://www.lee.edu/groups/drug-free/](http://www.lee.edu/groups/drug-free/)).

- **Summer Bash Event (June 2022)** - Sponsored by Student Activities and the Bay Area Council on Drugs and Alcohol (BACODA), the Summer Bash is an annual event providing information and education to promote a drug-free campus. For the first time, the 2022 event included services for mental health as well as alcohol, tobacco and other drug awareness.

Participant survey results indicated a decrease in the likelihood of driving while under the influence or getting in a car with someone under the influence. After attending the event, participants were more likely to indicate that they 1) would not drive while under the influence of alcohol or other drugs and 2) are less likely to get into a car with someone who is under the influence. In addition, nearly 95% of the survey respondents reported confidence in knowing
what resources are available when help is needed. More information on the event can be found in Appendix F.

- **Full time Mental Health Counselor** - In May 2020, the College hired a full-time licensed mental health counselor. The counselor is also a Licensed Chemical Dependency Counselor and a Certified Tobacco Treatment Specialist and serves all current students over the age of 18.

- **Mental Health First Aid Training (MHFA)** – MHFA is an evidence-based training program that teaches how to identify, understand, and respond to signs of mental health and substance abuse challenges. The training gives employees the skills to reach out and provide initial help and support to those who may be developing a mental health or substance use challenge.

  As part of our partnership with the Harris Center for Mental Health and IDD, MHFA certificate training is available to any employee. For this biennial period, there were seven training events held with 74 participants now certified.

- **New Student Orientation (NSO)** – A requirement of all first-time transfer students and first time in college students, information on the impact of alcohol and drugs is presented to the students through both the online module and the in-person sessions. Students are also informed about the tobacco-free policy. Information presented can be found in Appendix G.

- **Employee Assistance Program** - Through the Employee Assistance Program (EAP), the College offers support to full-time employees. Confidential, professional assessment and referral services are available to address a variety of personal problems which include alcohol or other drug related issues.

- **Education Program for our NJCAA Athletes** – As required by the NJCAA, each athlete must abide by the Lee College Intercollegiate Athletics Substance Abuse and Education Program which outlines the drug free policy for athletes, mandatory drug testing, and support for athletes who may test positive for alcohol or other prohibited drugs. An orientation is offered each fall for all student athletes.
  - **Life of an Athlete (Fall 2021)** – Student Athletes participated in this online program designed to help the athletes understand how alcohol and drugs can impact their performance. Results of the posttest indicated increased knowledge and awareness. A summary report can be found in Appendix H.
  - **Interactive Software Presentation (Fall 2022)** – Presenting information on the impact of alcohol, tobacco, and other drugs on athletic performance, the session included information on addiction and the Substance Abuse and Education Program for which each athlete must adhere.
Community Partnerships / Events

Partnerships with community agencies provide support and funding to educate the campus on issues related to alcohol, tobacco, and other drugs. The following are partnerships for this biennial review period which provided support to our staff and students through funding, programming, and/or sponsorship of events.

- **BACODA - Southeast Harris County Community Coalition** – Lee College is an active partner with the Southeast Harris County Community Coalition whose mission is to mobilize community resources to reduce the harmful impact of alcohol, tobacco, and drug abuse within our communities. The following events and programs were provided to Lee College staff and students through our partnership with BACODA.
  - Escape the Vape Community Conversation (November 2021) – The Escape the Vape event included a panel discussion and community resource tables. More information can be found in Appendix I.
  - Hidden in Plain Sight Exhibit (November 2021 and August 2022) - An interactive display that offers adults insights into current trends in youth substance abuse. The goal of the display is to educate parents, educators, and caregivers in what items to look for that are used for illegal purposes, drug paraphernalia, drug references or evidence of vaping, drinking or drug use. The exhibit was included in two campus events—the Escape the Vape Community Conversation (November 2021) and the Parent Expo (August 2022).
  - Mental Health & Wellbeing Activities (April 2022) – The Coalition partnered with Lee College to bring stress reduction and mental health wellbeing activities to students. Recognizing that substance use can be a way of coping with stressors or mental health issues, the Coalition partnered with Lee College staff to provide yoga classes, mindfulness, rock painting, and gratitude journals to students.
  - BACODA provided support in several tabling events which included Fall Fiesta (October 2021), Spring Fling (March 2022) and the College sponsored Community Health Fair (April 2022).

- **Peers Against Tobacco** - Peers Against Tobacco (PAT) ([https://tobaccofree.utexas.edu/peers_against_tobacco](https://tobaccofree.utexas.edu/peers_against_tobacco)) is a system-level, multi-component, coordinated tobacco/nicotine prevention program for colleges in the state of Texas. The goal of the program is to reduce the use of tobacco and alternative tobacco products (e.g., vapes, electronic cigarettes, hookah) among college students. The program is funded by the Texas Department of State Health Services and is overseen by The University of Texas at Austin Tobacco Research and Evaluation Team. Lee College implemented the Peers Against Tobacco student group in 2019. As a recognized group, the College receives funding each academic year to support the programming (Appendix J).

For this biennial period, the Lee College PAT student group participated in several events and supported programming for tobacco education to include the following
  - Hosted tables at College events to include Fall Fiesta (October 2021), Spring Fling (March 2021), and the Lee College Community Health Fair (April 2022).
  - Hosted a table (November 2021) for the IMPACT Early College High School students which provided information on the student group and education on vaping.
Providing messaging to the campus which included posters through The Truth Initiative on the dangers of vaping.

Members attended Eliminate Tobacco Use Summit virtual conference (April 2021 and April 2022), an annual conference to provide information and education on the trends of tobacco use on college campuses and tools to support the tobacco-free campus.

Engaged faculty with the incorporation of the Tobacco-Edu curriculum (https://www.tobacco-edu.org/) into coursework. For this biennial, four faculty utilized this online module within their classes to include nursing, health, and addictions counseling.

- **Say What!** — Say What! (https://txsaywhat.com/about.html) is a statewide youth tobacco prevention coalition focusing on youth. Created and designed by young people from across Texas, The Say What! Movement is funded by the Texas Department of State and Health Services through a contract with the Texas School Safety Center at Texas State University. With many of our Peers Against Tobacco members dual credit students (IMPACT Early College High School), several Lee College students participated in the Say What! activities. This included the Say What! Action summit (May 2022) with seven youth and six adults attending. In July 2022, four students and one staff member from Lee College attended the state Say What! Conference. Agendas for the two events can be found in Appendix K.

- **Be Well Baytown Tobacco Project** — As part of our partnership with Be Well Baytown (https://www.mdanderson.org/research/research-areas/prevention-personalized-risk-assessment/be-well-communities/be-well-baytown.html), the College received funding and support for this project (Appendix L). Starting in the fall 2019, the goal of the Project includes increasing the awareness of the College’s tobacco-free policy, providing education on tobacco, and support for tobacco cessation.

For this biennial period, the following programming and events were supported through this project:

- Implemented campus messaging which included social medial posts, plasma screen advertising, and permanent signage to support the College’s tobacco-free campus policy.
- Provided funding for two employees to attend the Council for Tobacco Treatment Training Program (CTTTP), and both become a certified Tobacco Treatment Specialist to better assist staff and students seeking cessation support.
- Provided support and guidance for the annual tobacco survey for Lee College students and staff.

- **Eliminate Tobacco Use Workgroup** — The Eliminate Tobacco Use Workgroup (https://www.eliminatetobaccouse.org/) was founded by The University of Texas MD Anderson Cancer Center and The University of Texas System to create tobacco-free campus cultures. The goals of the initiative are to share resources and best practices to strengthen tobacco control efforts, explore opportunities to support implementation efforts, and to implement tobacco control actions across college campuses.

With the inclusion of 62 partnering institutions around Texas and the United States, the initiative has impacted approximately 1.6 million faculty, staff, and students. The Associate Dean
of Testing and Student Life participates as a steering committee member for the group (Appendix M).

The partnership with ETU included the support of the following programming:

- Support and tools for campus messaging (e.g. permanent signage, posters, etc.)
- Education to staff through the ETU quarterly webinars. For this biennial review period, there was 100% participation by Lee College personnel.
- Both staff and students attended the annual ETU Summit (April 2021 and April 2022)

AOD Comprehensive Program Goals and Objectives

Lee College accomplished the following goals for the 2020/2022 period.

- Additional activities and outreach to increase awareness of our tobacco free policy on campus.  
  RESPONSE: To support this goal, the following activities were completed:
    - new permanent signage was added to the campus;
    - additional messaging was implemented to include messaging through the plasma screens and social media; and
    - students received information through events such as the New Student Orientation and from tabling events.

- Develop specific strategies and processes in regard to compliance and enforcement of our tobacco free policy.
  
  RESPONSE: In the Summer of 2021, the Drug Free Campus met to update the compliance process for security to enforce the tobacco free policy for the campus.

- Work with security, student affairs, and our human resource office in documenting and reporting any type of alcohol/tobacco/drug violations.
  
  RESPONSE: A new compliance process was developed for violations of the tobacco-free campus violations. The new process needs to be re-evaluated for effectiveness. Additional strategies will be investigated to improve communication between these three areas when appropriate.

- With the completion of the Core survey – disseminate information results to the campus community. Use the results in marketing and targeted initiatives for the campus.
  
  RESPONSE: The information and results from the Core survey was documented and shared with our Drug-Free Campus committee. Due to COVID and the subsequent campus closure in the Spring 2020 semester, no new marketing was created based on the survey results. With our partnership with Be Well Baytown (the Tobacco Project), tobacco information from the Core Survey was used as a baseline for comparison with data from the 2022 Tobacco survey.
Summaries of AOD Program Strengths and Weaknesses

Based on the review of the past two years by the Drug Free Campus Committee, several areas were noted as areas of strengths and other areas were noted as areas needing improvement.

Strengths (Favorable Compliance)

Information presented in this Biennial Review were reviewed by the campus committee. In compliance with the Drug Free Campus Program the following are noted strengths.

- Lee College has developed and maintains a drug prevention policy.
- A copy of the Drug Free Policy statement is distributed annually to each student and employee in through a variety of methods.
- Lee College provides services and activities to promote a strong drug-free campus environment.
- The College conducts a biennial review of its drug prevention program and policy to determine effectiveness, implements necessary changes, and ensures that disciplinary sanctions are enforced.
- The College tracks the number of drug and alcohol related offenses based on college policy violations.

Weaknesses (Compliance Concerns)

The following are noted as compliance concerns:

- In reviewing which groups of students are receiving a copy of the Drug Free Campus Statement, Community Education (non-credit workforce education) students are not getting information on the Drug Free Campus Policy.
- Alcohol, tobacco, and other drug resource information is provided on the website. The campus may benefit from expanding this information to additional signage on campus.
- With few AOD violations reported, the process of reporting and documenting violations will need to continue.

Recommendations for the Next Biennium

It is recommended that the following issues be address by the next review period.

- Investigate to determine the best way to include Workforce Education (non-credit) students with the dissemination of the Drug Free Statement.
- With our community partnerships and initiatives, much support has been provided to our Tobacco-free campus policy. With lessons learned in the promotion of tobacco education and cessation, more focus is needed for the support and activities on education and resources for alcohol and other drugs.
- Investigate the tools and resources available to students and part-time employees through TimelyCare and market these resources to those eligible for this service.
Appendices / Supporting Documents
APPENDIX A - Email Notification Statement to Employees

Subject: FW: LC Alcohol, Tobacco, and Other Drug Prevention and Policy Statement

From: Summers, Amanda <asummers@lee.edu>
Sent: Tuesday, May 4, 2021 5:00 PM
To: AllUsers <AllUsers@Lee.edu>
Subject: LC Alcohol, Tobacco, and Other Drug Prevention and Policy Statement

Fellow employees,

In compliance with the Drug-Free Schools and Communities Act, all employees are to be notified of the College’s Drug and Alcohol Statement. For your convenience, a copy of this statement is attached. It includes information on health risks, options for help, and sanctions related to the illegal possession or distribution of drugs and alcohol. You can also find this statement and additional information on the College’s Drug-Free Campus website located at https://www.lee.edu/about/maintaining-a-drug-free-campus/.

Please take time to read this important information. As a friendly reminder, Lee College is a smoke-free campus, which includes all types of tobacco and vaping. If you have questions or wish to receive additional information, please contact the Human Resources Office at (281) 425-6875 or hr@lee.edu.

Thank you,

Amanda Summers
Executive Director of Human Resources

Lee College
P.O. Box 818, Baytown, TX 77522-0818
Phone: (281) 425-6875
Email: asummers@lee.edu
In Compliance with the Drug-Free Schools and Communities Act, all Lee College staff and students are to be notified of our Drug and Alcohol Statement, which can be found online at https://www.lee.edu/counseling/files/aod-policy.pdf. This includes information on health risks, options for help, and sanctions related to the illegal possession or distribution of alcohol and other drugs. As a reminder, Lee College is a tobacco-free campus (which includes all types of tobacco and vaping). Support and cessation information can be found online at https://www.lee.edu/about/maintaining-a-drug-free-campus/index.php. Please take time to read this important information. Thank you.

Response Rate: 0% (Respondents: 0, Enrollments: 6,082)

Sample Semester Report
APPENDIX C - Tobacco Survey - Executive Summary
April 2022

INTRODUCTION / EXECUTIVE REPORT

The Tobacco Survey was designed to gather information and feedback regarding 1) awareness of the Lee College’s tobacco-free policy, 2) awareness of cessation tool resources, and 3) reported personal use of tobacco products. The survey was created with the support of The Be Well Communities™ team at The University of Texas MD Anderson Cancer Center as part of Be Well™ Baytown.

The survey was administered in April 2022. There was a total of 1,077 responses that included both Lee College employees and students over the age of 18.

SURVEY QUESTIONS / SURVEY SAMPLE

Survey questions were developed in collaboration with the Be Well Communities™ Team and were provided to both employees and students through an online survey in April 2022. One survey was used to gather information for both the Sun Safety Project and the Tobacco Project. This report presents information on the tobacco questions.

Survey responses represent 1,077 responses from both employees and students. For the 2022 survey, student surveys were gathered through the students’ Blackboard account (the College’s Learning Management System). This led to a larger sample size compared to the 2019 survey. The survey was made available to employees through campus email. For this group the sample size for this remained comparable to 2019 survey.

Survey questions included multiple choice and open-ended questions. For those who identified as using tobacco within the past 30 days, additional questions were presented.

The survey included the following.

• Level of awareness of Lee College’s tobacco-free policy - Response choices were based on a Likert Scale measuring awareness from Not at All to Extremely.
• Information on how the individual learned of the tobacco-free policy - There were five choices, with the option to choose all that applied with an additional “other” option choice in which the respondent could identify a choice not listed.
• Level of awareness of cessation resources - Response choices were based on a Likert Scale in which awareness was rated from Not at All to Extremely.
• Frequency and location of tobacco use on campus – This question provided an opportunity for participants to identify how often, if at all, they witnessed tobacco use on campus. In addition, an open-ended question asked where they witnessed individuals using tobacco on campus.
• Personal use of tobacco and where, if applicable, use on campus – Individuals were asked about their own use of tobacco products and if they ever use tobacco products on campus. For those that indicated use within the last 30 days, additional questions were asked. These included
  o A question about quitting tobacco (i.e., how many attempts within the past year) and
  o If and how often the individual used electronic cigarettes.
• A final open-ended question allowed for comments, questions, or concerns regarding tobacco use on campus.

SURVEY RESULTS

Participants’ Awareness of the Tobacco-Free Policy and Cessation Resources

There were three questions regarding the respondents’ awareness of the tobacco-free policy and the awareness of cessation resources. In addition, one question asked if the respondents witnessed anyone violating the policy by the uses of tobacco on campus and, if so, what location on campus.

Are you aware that Lee College has a tobacco-free policy on campus?

In assessing the awareness of the College’s tobacco-free policy, most responses indicated a high level of awareness with 82% responding Moderate or Extremely. The survey indicated that 94% had some level of awareness (i.e., slightly aware or higher).

Other findings:

Employees were more aware of the tobacco-free policy (Extremely) compared to students (p=> .05).

Females were more likely to be aware compared to Males (p > .05). 85% of females reported Moderate or Extremely awareness while males reported the same categories at 77%.

Employees appear to be more aware of the policy with 92% (Extremely or Moderately) compared to students (81%). Less than 3% of the employees indicated no awareness (Not at All aware) of the policy.

Compared to the 2019 data, there was a decrease in those who were Not at All aware of the survey. In this survey, 8.2% were not aware of the tobacco-free policy compared to 6.3% in 2022. Comparing students, nearly 13% of students were unaware of the policy compared to 7% in 2022.

The following is information comparing the current survey with the 2019 data.

<table>
<thead>
<tr>
<th>Awareness of Tobacco-Free Policy (“Not at All” Responses)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
<tr>
<td>Students</td>
</tr>
<tr>
<td>Employees</td>
</tr>
</tbody>
</table>

How did you learn of the tobacco-free policy?

Participants were asked to identify how they became aware of the College’s tobacco-free policy. There were eight options and respondents could choose more than one. An additional “other” option was provided as an open-ended question in which the respondent could identify responses not listed.

The top three means identified included: New Student Orientation, campus signage, and the website which accounted for 72% of the total responses. Students were more likely to choose New Student Orientation and employees were more likely to choose campus signage.
An evaluation of the “other” open-ended responses provided additional information. There were 52 responses which were divided into five categories—Campus Email, employee PD activity, other students or staff, security/compliance issue and in a class or class syllabus. The largest category was campus email representing nearly 50% of the responses. The next largest category was “in class or class syllabus” with 22%.

**Are you aware there are free tools and resources designed to help people quit tobacco products?**

This question assessed awareness of resources available for tobacco cessation. Slightly under 49% indicated being Moderately or Extremely aware of cessation resources. Students were more likely to be Not at All aware compared to employees (p>.05). The age group of 55 – 64 indicated the greatest awareness and was significantly higher (Extremely Aware) compared to the younger groups (p >.05). Respondents who identified as White indicated greater awareness of cessation resources (Moderately or Extremely) compared to those who identified as African American (p >.05). Females were more aware of resources than males (p>.05)

**How often do you witness someone using any tobacco products (e.g., cigarettes, vapes smokeless tobacco, etc.) on campus?**

This question was designed to capture compliance of our tobacco-free policy by getting feedback from the respondents who witness the use of tobacco on campus. The question had two parts—how often they witnessed the use of tobacco products on campus and, if witnessed, where did they see others use tobacco on campus. The policy does not allow use of tobacco anywhere on campus including parking lots and personal vehicles. Sidewalk were Identified by 27% of responses to this question. This may include internal sidewalks (a policy violation) or those on the perimeter of the campus. Those located on the perimeter are controlled by the city and not considered Lee College property.

The results indicate that nearly 70% have never seen someone using tobacco products on campus. Less than 7% (n = 72) witnessed someone smoking on campus daily which could possibly include the adjacent city-owned sidewalks. For this question, faculty were more likely to answer Never, and A Few Times a Year compared to students (p >.05).

The second part of this question gave respondents an opportunity to note specific areas in which tobacco use was witnessed on campus. Parking lots had the highest number of responses (36%), which included both parking lots and personal vehicles. Non-specific responses represented 21% in which an exact location was not provided (e.g., all over campus, as soon as they leave the building, walking around etc.). Sidewalks (27%) responses did not specify if they were adjacent sidewalks (city property) or internal sidewalks. Specific buildings included a variety of buildings. The area near the Security building was mentioned on nine responses including under the carport, on the road near security, on corner near the security building. This area also includes the external city owned sidewalks.

**Participants’ Personal Use of Tobacco**

The next set of questions provided information on personal use of tobacco. For those who reported using tobacco in the last 30 days, additional questions were asked. These included how often the individual considered quitting tobacco and if they used tobacco on campus.
During the last 30 days, have you used a tobacco product on any of the following locations including in a personal vehicle? If more than one, choose the most frequent location.

For this question, 80% of respondents reported that they did not use tobacco products.

Of those that reported using tobacco products within the past 30 days (N=218), 11% responded that they used tobacco products on campus (a violation of the tobacco-free policy). Of those remaining, 82% never used tobacco on campus and 7% used tobacco on adjacent sidewalks (not part of the campus).

During the last year, how many times have you considered quitting a tobacco product?

For those that indicated use of tobacco products within the last year (N = 214), additional information was gathered on how often they considered quitting. Responses included a range from Never to 10 or More Times. The most frequent response was Never with over 55% of the responses. Thirty-seven individuals (17%) reported 10 or More Times.

Within the last 30 days, how often have you used e-cigarettes?

Individuals who responded that they used any tobacco product within the last 30 days were asked if and how often they used electronic cigarettes.

Of those who reported using tobacco products within the past 30 days, 33% respondents reported using electronic cigarettes at least once.

Students reported a higher use of electronic cigarettes (37%) compared to employees (12%).

Students were also more likely to use electronic cigarettes daily compared to employees. Of those students, 67% used electronic cigarettes daily for the past 30 days.

Are there additional resources Lee College can add to help you quit using tobacco products?

This open-ended question allowed individuals to suggest resources that may help with cessation and was only asked of those who reported tobacco use for the past 30 days. There was a total of 57 responses to this open-ended question. The majority (67%) included responses such as “no”, “not interested” or “not currently using tobacco.”

Of those who suggested some interest in resources or support for cessation (16 responses), the majority did not give specific suggestions. There were four suggestions for financial support for medical assisted treatment (e.g., the “Patch”) and five responses suggested providing resources.

CONCLUSIONS AND RECOMMENDATIONS

In Spring 2022, this survey was administered to both employees and students at Lee College to gather information on their awareness of the tobacco-free policy, compliance with the policy, personal tobacco use, and cessation support. The results help determine the effectiveness of education efforts for our tobacco-free policy and how to better support the campus community.

Compared to the 2019 Survey data, the campus appears to be more aware of the policy. While there is greater awareness, there are individuals continuing to use tobacco products on campus, especially in the parking lots and personal vehicles.
Twenty percent of the campus community reported using a tobacco product in the last 30 days. This is comparable to the 19% of the 2019 survey of those reporting the use of electronic cigarettes, most used daily.

Based on the results of this survey, the following are suggestions for change.

- Survey results indicate the use of tobacco products on campus, yet there have been no official citations given out for the past two years. There is a need to review the process developed in the Spring 2021 and modify to better identify those who violate the policy.
- There are more students using electronic cigarettes now compared to 2019 with more using every day. More support and education are needed.
- Based on comparison of subgroups, targeted outreach and support can be provided. For example, younger age groups, males, and students reported less resources
APPENDIX D - Intercollegiate Athletics - Substance Abuse Education and Testing Program

INTRODUCTION / PURPOSE
The Administration and Athletic Department of Lee College strongly believe that the use and/or abuse of alcohol and other drugs can be detrimental to the athlete’s health, academic achievement, individual athletic performance and a team’s success. It is the intent of the College to educate and inform athletes of the effects of alcohol and other drugs thereby allowing them to make responsible decisions and avoid dependency.

The purpose of the Substance Abuse Education and Testing Program is to:
   a) protect the health and safety of student athletes and others with whom they interact;
   b) promote alcohol and drug education;
   c) identify student athletes who are abusing substances—assessing the issues and offering education and support to meet the individual need of the student athlete.
   d) serve as a deterrent to alcohol and drug use;
   e) promote fair competition and;
   f) preserve the integrity of the Lee College athletic program; and
   g) when necessary, dismiss the student athlete with repeated incidences of drug abuse.

DESCRIPTION
Lee College athletes are prohibited from possession or being under the influence of illegal drugs or other prohibited substances as well as the abuse of and/or dependency upon legally permitted substances. Athletes found to be in illegal possession, or illegally distributing prohibited substances, or in possession of paraphernalia may be subject to disciplinary action up to immediate dismissal from the athletic team with all scholarships cancelled.

All athletes will participate in the Substance Abuse Education and Testing Program which includes mandatory education sessions and periodic drug screening as described in this document.

The Athletic Department shall inform in writing the student-athlete of the drug testing policy and regulation of Lee College. Athletes will be given a copy of the policy and applicable regulations prior to the signing of a National Letter of Intent or before his/her initial participating each year and be asked to sign the Consent to Drug Testing and Authorization for Release of Test Results form. If the athlete is a minor, the athlete and a parent/guardian will sign the form. Refusal to sign the Consent to Drug Testing and Authorization for Release of Test Results form by the athlete will disqualify the athlete from participation in the Lee College Athletic Program and prevent the awarding of athletic student financial aid.

PREVENTION / EDUCATION
All athletes and staff will participate in a drug and alcohol education program at the beginning of each fall semester. Additional sessions may be required if deemed necessary. In addition to general education, these sessions will also have information on the effects of tobacco, alcohol, and other drugs.

ASSISTANCE
Athletes are encouraged to seek confidential assistance before violations of this policy occur. No athlete will be penalized for seeking this assistance; however, disciplinary action is required in cases where drug testing shows the athlete to be in violation. The Athletic Director will be notified as a point of record.

Any student athlete who tests positive for drugs (including alcohol) or comes forward with a request for assistance will undergo an assessment to determine the severity of the misuse for that individual athlete. Based on the recommendation of this third-party assessment, the athlete may be required participate in additional support programs. All mandatory assessments and subsequent support will be at no cost to the student.

DRUG TESTING / SCREENING PROCEDURES
All drug tests and analyses will be conducted by an independent lab selected by the Athletic Director/Administrator.

The first such testing may be a part of the student athlete's physical examination conducted annually prior to sport participation. This is a mandatory program for all participants in college sponsored athletics.
Random testing also may occur during each semester. The timing and identity of the student athlete to be tested shall be determined by random drawing or by the Athletic Director or Administrator. Failure to appear at the stated time and location for such random testing will be assumed as a positive result of drug use. The tests will be conducted by qualified personnel. Every practical effort will be made to assure the accuracy and confidentiality of the test results. The records shall be secured by the Athletic Director.

**SUBSTANCES TESTED**

Testing of the sample is intended to detect and/or identify any illegal or otherwise banned substance. In addition, such testing can detect substances used as a recreational drug, as well as those that are performance enhancement, and prescription drugs.

**USE OF DIETARY SUPPLEMENTS**

Athletes commonly use drugs and dietary supplements with the goal of improving their athletic performance. Many performance-enhancing substances include ergogenic and thermogenic supplements, stimulants, anabolic steroids, and peptide hormones. Before consuming any nutritional/dietary supplement product, the student athlete should review the product with the Head Coach. There are no approved NJCAA dietary supplement products.

Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test result. Such supplements may contain banned drugs not listed on the label. Any product containing a dietary supplement ingredient is taken at the student athlete’s risk. Athletes should have their nutritional needs met through a healthy, balanced diet without dietary supplements.

**USE OF ALCOHOL**

All student athletes are to abide by federal, state, local, and college alcohol policies. Student athletes are not to attend any athletic-sponsored meetings, practices, programs, services, contests, etc. while under the influence of alcohol. This includes all events both on and away from the campus. The use or possession of alcohol is also prohibited at the college provided housing and by any athlete under the age of 21. The Athletic Department supports Lee College’s policy on the use of Alcohol and Other Drugs as stated in the College Catalog.

**USE OF TOBACCO**

The use of tobacco products, including “vaping,” e-cigs, and/or smokeless tobacco, is prohibited for student athletes in all sports during practice and competition on campus or in college provided housing.

**SANCTIONS FOR POSITIVE TEST RESULTS**

The following outlines the consequences for those students who test positive for the required drug testing.

a) First Positive
   - The Athletic Director and the student athlete’s Head Coach will be notified that a positive result was obtained from the participant.
   - The student athlete will undergo an assessment from a third-party agency to determine if there is a substance use disorder and, if so, the severity.
   - Based on the recommendations of this assessment, he or she must participate in additional support programs which may include, but not limited to, additional education and/or counseling. Failure to participate in these sessions will be constructively treated as a second positive and treated accordingly.
   - The student athlete will be individually screened for the presence of drugs at the discretion of the Athletic Director or Administrator or treatment consultant for up to fifty-two (52) weeks or the end of the student-athlete’s eligibility, whichever exhausts first.
   - In addition to the above, any student athlete testing positive for drugs or alcohol will be suspended from two regular season games. Additional sanctions may be assessed based on recommendations of the Head Coach and as approved by the Athletic Director.
   - In the event that the suspensions would lead to forfeit of games, the Athletic Director would have the authority to stagger the suspensions as deemed necessary.
   - Notification of parent or guardian will occur as soon as possible.

b) Second Positive
   - The Athletic Director and student athlete’s Head Coach will be notified if the student athlete is found to have a second positive in screening for drugs during his/her athletic career.
   - The student athlete may be dismissed from her/his team with immediate loss of any remaining scholarship funds. This decision will be based on the student’s overall behaviors and recommendations from the Head Coach, the treatment consultant, and/or others who may attest to the student’s attitude and desire to improve.
   - If not dismissed, the student athlete will be suspended from four regular season games.
c) Third Positive
   - Any third positive will lead to immediate suspension from the team with loss of any remaining scholarship funds.

d) Sanctions involving alcohol and/or involvement of criminal justice system

   When a student athlete is determined to be under the influence of alcohol or drugs while involved in a team related function (either on campus or away) or in college provided housing, he or she may be subject to disciplinary action as determined by the Head Coach and the Athletic Director.

   Any legal issues arising from the misuse of alcohol or other drugs may lead to disciplinary sanctions. (Examples include driving under the influence, providing alcohol to others under the age of 21, sexual misconduct including rape or date rape, physical assault, disorderly conduct, and destruction of property, etc.) Upon verification of an arrest for a crime involving alcohol or drugs, the student athlete shall be immediately suspended from practice and competition pending a meeting with the Head Coach and the Athletic Director who will determine the appropriate intervention or sanction.

   With any sanction, parents will be notified

EXCEPTIONS FOR PRESCRIPTION MEDICATIONS

A student athlete may verify prescribed drugs or over-the-counter drugs that have resulted or may result in a positive test by presenting an original note from his/her physician on office letterhead to the Head Coach as well as the independent lab responsible for the screening.

APPEAL PROCESS

The student may appeal the decision of the College by utilizing the student grievance procedures as outlined in the student catalog.

AMENDMENTS OR MODIFICATIONS TO THE PROGRAM

This Program may be modified or amended with the approval of the President of Lee College. Such amendments or modifications shall apply to, and be effective for, all student athletes participating in the Lee College athletics program upon notice and acknowledgment by such student athletes of the Substance Abuse Education and Testing Program as so amended or modified.
APPENDIX E - Federal Financial Aid Drug Policy

STUDENTS CONVICTED OF POSSESSION OR SALE OF DRUGS

A federal or state drug conviction (but not a local or municipal conviction) can disqualify a student for FSA funds. The student self-certifies in applying for aid that he is eligible; you’re not required to confirm this unless you have conflicting information.

Convictions only count against a student for aid eligibility purposes (FAFSA question 23c) if they were for an offense that occurred during a period of enrollment for which the student was receiving federal student aid—they do not count if the offense was not during such a period, unless the student was denied federal benefits for drug trafficking by a federal or state judge (see drug abuse hold sidebar). Also, a conviction that was reversed, set aside, or removed from the student’s record does not count, nor does one received when she was a juvenile, unless she was tried as an adult.

The chart below illustrates the period of ineligibility for FSA funds, depending on whether the conviction was for sale or possession and whether the student had previous offenses. (A conviction for sale of drugs includes convictions for conspiring to sell drugs.)

<table>
<thead>
<tr>
<th></th>
<th>Possession of illegal drugs</th>
<th>Sale of illegal drugs</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st offense</td>
<td>1 year from date of conviction</td>
<td>2 years from date of conviction</td>
</tr>
<tr>
<td>2nd offense</td>
<td>2 years from date of conviction</td>
<td>Indefinite period</td>
</tr>
<tr>
<td>3+ offenses</td>
<td>Indefinite period</td>
<td></td>
</tr>
</tbody>
</table>

If the student was convicted of both possessing and selling illegal drugs, and the periods of ineligibility are different, the student will be ineligible for the longer period. Schools must provide each student who becomes ineligible for FSA funds due to a drug conviction a clear and conspicuous written notice of his loss of eligibility and the methods whereby he can become eligible again.

A student regains eligibility the day after the period of ineligibility ends (i.e., for a 1st or 2nd offense); or when he or she successfully completes a qualified drug rehabilitation program that includes passing two unannounced drug tests given by such a program. Further drug convictions will make him ineligible again.

Drug convictions

HEA Section 484(r)
34 CFR 668.40
A student who self-certifies that he or she has a qualifying drug conviction will receive a “C” code and comment code 053, 054, 056, 058, or 052 on his or her SAR and ISIR. See the SAR Comment Code and Text Guide on IFAP.
Question 23 Student Aid Eligibility Worksheet

You may distribute this worksheet to students to help them determine and document their eligibility or ineligibility, based on their responses to question 23 on the FAFSA (i.e., drug convictions):


Drug abuse hold

The Anti-Drug Abuse Act of 1988 includes provisions that authorize federal and state judges to deny certain federal benefits, including student aid, to persons convicted of drug trafficking or possession. The Central Processing System maintains a hold file of individuals who have received such a judgment. All applicants are checked against this file to determine if they should be denied aid. This is separate from the check for a drug conviction via question 23; records matching the drug abuse hold file receive a rejected application (reject 19 and comments 009 or 055 on the SAR and ISIR). See the ISIR Guide on the IFAP publications page for more information.

Members of a religious order

34 CFR 674.9(c)
34 CFR 675.9(c)
34 CFR 676.9(c)
34 CFR 685.200(a)(2)(ii)
34 CFR 690.75(d) Members of any religious order, society, agency, community, or other organization aren’t considered to have financial need if the order—(1) has as a primary objective the promotion of ideals and beliefs regarding a Supreme Being, (2) requires its members to forego monetary or other support substantially beyond the support it provides, and (3) directs the member to pursue the course of study or provides subsistence support to its members.

Members of these religious orders can’t receive Direct Subsidized Loans, Pell Grants, or Campus-Based aid. They are eligible, however, for Direct Unsubsidized Loans.
APPENDIX F – Summer Bash Event

Overview / Activities

Sponsored by Student Activities and the Bay Area Council on Drugs and Alcohol (BACODA), the Summer Bash was held on June 9th, 2022 in the Mall Area from 10 am – 2pm. This was the fifth annual Summer Bash, returning for the first time since 2019 due to the pandemic. For the first time, the event included services for Mental Health as well as Alcohol and Drug Awareness.

Approximately 150 individuals attended and featured the following:

- Thirteen community and College departments participated
- Through Student Activities, a cooling towel with the summer bash logo was provided to all participants and community partners.
- Events included the following:
  - Pedal Cars with drunk goggles (Baytown Fire Department)
  - Drunk Simulator (UTMB)
  - Paining Rocks / Happiness Project (BACODA and LC Mental Health Services)
- Door prizes for each student completing an evaluation of the event (measuring the perceived gain of knowledge) which were donated by Lee College and BACODA.

The following represents the college and community partners participating in the event.

<table>
<thead>
<tr>
<th>ORGANIZATION</th>
<th>TYPE</th>
<th>REPRESENTATIVE</th>
</tr>
</thead>
<tbody>
<tr>
<td>LC Mental Health Services (Linda)</td>
<td>Lee College</td>
<td>Linda Torrez-Mann</td>
</tr>
<tr>
<td>Baytown Police</td>
<td>Community Partner</td>
<td>Steve Ocanas</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Ferni Green-Small</td>
</tr>
<tr>
<td>Omni Point</td>
<td>Community Partner</td>
<td>Natalie Arteaga</td>
</tr>
<tr>
<td>Peers Against Tobacco</td>
<td>Lee College</td>
<td>Erika Loredo</td>
</tr>
<tr>
<td>Baytown Fire Department</td>
<td>Community Partner</td>
<td>Fred Spencer</td>
</tr>
<tr>
<td>Houston Transtar</td>
<td>Community Partner</td>
<td>Ruth Diaz</td>
</tr>
<tr>
<td>BACODA (Amber)</td>
<td>Community Partner</td>
<td>Amber Carter</td>
</tr>
<tr>
<td>Legacy</td>
<td>Community Partner</td>
<td>Kyle Knight</td>
</tr>
<tr>
<td>Student Resource &amp; Advocacy Center</td>
<td>Lee College</td>
<td>Kelli Forde-Spiers</td>
</tr>
<tr>
<td>UTMB Addictions Research Program</td>
<td>Community Partner</td>
<td>Kirsty Foss</td>
</tr>
<tr>
<td>NAMI</td>
<td>Community Partner</td>
<td>Brenda Maatsch</td>
</tr>
<tr>
<td>Mothers Against Drunk Driving</td>
<td>Community Partner</td>
<td>Eric Pacheco</td>
</tr>
</tbody>
</table>
Participant Information and Evaluation

Participants were given an opportunity to complete an evaluation, receiving a door prize as an incentive. 72 participants completed the evaluation representing the following groups:

- General Students – 54.2%
- Dual Credit Students – 11.1%
- Lee College Employees – 23.6%
- Community Members – 11.1%

The survey for participants included the following questions. Participants were asked to rate the specific activity before attending the event and after attending the event. Those who attended the event indicated an increase in the unlikelihood of driving while under the influence or getting in a car with someone under the influence.

- How likely are you to drive while under the influence of alcohol or other drugs (extremely unlikely or unlikely)?
  - Before event – 87.8%
  - After Event – 89.4%

- How likely are you to get in the car with someone who has been drinking or using drugs?
  - Before event – 81.9%
  - After event – 86.6%

The evaluation also asked the participants’ confidence in knowing what resources are available.

- After attending today’s event, how confident do you feel in knowing what resources are available for you or others who may need help:
  - For Mental Health -93.6% (somewhat or extremely confident)
  - For Substance Abuse – 94.9% (somewhat or extremely confident)
Join us for this community event with fun and interactive activities as we strengthen our community, build resilience, and create hope. Our goal is to increase the awareness of substance use prevention and positive mental health.

Free popcorn, door prizes, and fun activities!

Information from community partners. A healthy life is a happy life!

SPONSORED BY:

S.E.Harris County

LEE COLLEGE COMMUNITY COALITION
APPENDIX G – New Student Orientation Slides

College Success

• It’s more than going to class and doing homework.
• It’s about taking care of yourself—mind, body, and soul!
• Mental Health
  • Suicide Prevention / Awareness
  • Healthy Relationships / Support
• Use of Alcohol and Other Drugs

Drug Free Campus Initiative

• Tobacco-Free Campus
  • A Tobacco Free Campus means no smoking, vaping, or chewing is allowed including in personal vehicles.
  • Cessation resources available
  • Join our Peers Against Tobacco Student Group!
• Alcohol and Other Drugs
  • Issues and substance abuse more common with college students
  • Stressors, peer pressure, “because I can”
• Support and Education to promote a Drug Free Campus
  • Drug Free Campus Committee
  • Help and support to others
APPENDIX H – Life of an Athlete Presentation

Lee College Athletics / August 2021

Introduction

Life of an Athlete is an online module designed to introduce and educate athletes to the effects of alcohol with the goal to reduce rates of substance abuse among student athletes and to increase positive lifestyle choices of the athletes. As part of the fall orientation of all student athletes, each were given an opportunity to view the 45-minute program which includes information on:

- Peer Pressure
- Decision making and consequences of those decisions
- Physiological impact of drugs and alcohol on the athlete
- Training and performance issues

Method

In August 2021, prior to the start of the academic year, players from both the volleyball team and the basketball team met for their mandatory Drug-Free Campus orientation and to complete the Life of An Athlete online program. There were 24 participants representing 92% attendance for all athletes.

During the session, the student athletes completed the paper and pencil pretest prior to watching the online module. The module contained text and videos and each student progressed through the module at their own pace, taking about 45 minutes to complete. The student athlete was then given the paper and pencil posttest which measured the knowledge gained from the program and the student athlete’s opinions of the program materials. The results were manually entered into Survey Monkey for analysis.

After the posttest, Dr. Rosemary Coffman, the Associate Dean of Student Affairs, led a discussion with the players and the head coach on their reactions of the information presented. In addition, the group discussed the role of the student athlete on the campus and how drugs and alcohol have impacted their lives in the past, presently, and how it can impact their future.

Results

There were 12 questions that measured the knowledge gained from the program by asking the same question in the pretest and again in the posttest. For each question, the student could answer from strongly disagree (0) to strongly agree (4). For this report, only descriptive statistics were used in the analysis. With each question, the results indicated movement in the desired direction.

The following chart shows the comparison of the questions that were asked in both the pretest and posttest surveys. All results saw movement in a positive direction, indicating learning.
The following questions saw the greatest change from pretest to posttest.

<table>
<thead>
<tr>
<th>Question</th>
<th>Pre</th>
<th>Post</th>
<th>Difference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol can reduce the amount of testosterone for up to 96 hours.</td>
<td>3.58</td>
<td>4.38</td>
<td>0.8</td>
</tr>
<tr>
<td>The 10 most dangerous years of a person’s life are ages 14-24.</td>
<td>3.71</td>
<td>4.54</td>
<td>0.83</td>
</tr>
<tr>
<td>Athletes who drink are more likely to get injured.</td>
<td>3.54</td>
<td>4.42</td>
<td>0.88</td>
</tr>
<tr>
<td>An athlete could lose up to two weeks of athletic training from getting drunk once</td>
<td>3.58</td>
<td>4.54</td>
<td>0.96</td>
</tr>
</tbody>
</table>

Finally, other questions measured the student athlete’s perception of the program materials. Below are questions that ranked high in this area based on responses of agree or strongly agree.

- 79% of the student athletes felt that the personal stories shared will leave a lasting impact.
- 91% agreed that every athlete should take this course.
- Nearly 88% stated that the brain scans that were included will leave a lasting impact.
- Nearly 50% had no idea that alcohol could negatively impact the athlete’s performance to such a degree.

Discussion

Life of an Athlete is a program that educates student athletes on the effects of alcohol and other drugs on performance and gives information to help the athlete make healthier choices. The information presented appeared beneficial in educating the student athlete.

These results were shared with the head coaches.
APPENDIX I – Escape the Vape Community Conversation

November 18, 2021 / Rundell Hall Conference Center

Overview

The Escape the Vape Community Conversation was held on November 18 in the Rundell Hall Conference Center at Lee College. The event was sponsored by Lee College and BACODA. The event included community resource tables, Hidden in Plain Sight mock bedroom display, presentations, and a panel discussion.

Planning for the event – MD Anderson (Be Well Baytown and Eliminate Tobacco Use), BACODA, and Lee College was involved in the planning of the event. The flyer was created and distributed to several key groups and through a variety of channels to include email and social media. Presentations and panelist were contacted and provided information prior to the date of the event. Volunteers were recruited which included Lee College students through our addiction counseling program and members of our Peers Against Tobacco students.

Detailed Agenda

- **5:30 pm / Community Booths and Hidden in Plain Sight Mock Bedroom Display**
  BACODA sponsored the Hidden in Plain Sight Mock Bedroom Display. The mock bedroom provided room décor, vaping devices, and other paraphernalia that teens often use to conceal S parents with

- **6:00 pm / Introduction of the Program**
  Dr. Douglas Walcerz, Provost of Lee College, gave a welcome to the participants. Dr. Rosemary Coffman provided an overview of the evening.

- **6:10 pm / Presentations**
  There were three presentations. Ms. Rodas and Dr. Stout provided PowerPoint slides with their presentation which were pre-loaded for the presentations.
  - Claudia Rodas, regional Director for Campaign for Tobacco Free Kids. (15 minutes)
  - Dr. Peter Stout, CEO and Toxicologist of Houston Harris County Forensic Science Center (20 minutes)
  - Samantha Boy, Parents against Vaping, and e-Cigarettes (10 minutes)

- **7:15 pm / Panel Discussion / Q & A (35 minutes)**
  Following the presentation, the presenters were joined with additional panelist in addition to the presenters noted above, additional panelist included:
  - Lt. Steve Dorris, Baytown Police Department
  - Priscila Garza, GCCISD
  - Amber Carter, BACODA
  - David Arabie, Chambers Health

- **7:50 pm - Closing / Call to Action**
  Following the panel discussion, Amber Carter did a short presentation for a Call to Action to the group.
Escape the Vape / Community Partners

There were 11 organizations representing college and community partners, providing information to attendees by community booths, presentations, participation in the panel discussion, and/or sponsorship of the event.

<table>
<thead>
<tr>
<th>Organization</th>
<th>Representative</th>
<th>Role</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lee College</td>
<td>Dr. Rosemary Coffman</td>
<td>Facilitator</td>
</tr>
<tr>
<td>Baytown Police Department</td>
<td>Lt. Steve Dorris</td>
<td>Panelist</td>
</tr>
<tr>
<td>Chambers Health</td>
<td>David Arabie, LPC-S, CGCS, CTTS</td>
<td>Panelist / Community Booth</td>
</tr>
<tr>
<td>Stacey Brown</td>
<td></td>
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</tr>
<tr>
<td>GCCISD</td>
<td>Priscila Garza</td>
<td>Panelist / Community Booth</td>
</tr>
<tr>
<td>BACODA/ Southeast Harris Community Coalition</td>
<td>Amber Carter</td>
<td>Panelist / Community Booth</td>
</tr>
<tr>
<td>Campaign for Tobacco-Free Kids</td>
<td>Claudia Rodas</td>
<td>Presenter</td>
</tr>
<tr>
<td>Houston Forensic Science Center</td>
<td>Dr. Peter Stout</td>
<td>Presenter</td>
</tr>
<tr>
<td>Parents Against Vaping and e-cigarettes (PAVe)</td>
<td>Samantha Boy</td>
<td>Presenter</td>
</tr>
<tr>
<td>Lee College/ Student Activities</td>
<td>Mike Spletter</td>
<td>Sponsor / provided drinks for event</td>
</tr>
<tr>
<td>Lee College/ Peers Against Tobacco</td>
<td>Rosemary Coffman/ Erika Loredo</td>
<td>Community Booth, volunteers, sponsor</td>
</tr>
<tr>
<td>Lee College</td>
<td>Dr. Douglas Walcerz</td>
<td>Welcome from Lee College</td>
</tr>
<tr>
<td>Lee College/ Peers Against Tobacco</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lee College</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Evaluation / Participants

There were 29 individuals attending the event in person representing students and community members. An additional seven individuals attended through WebEx. The majority of the attendees were identified as professionals or community members (70%). Students represented 30% of the attendees.

In addition to those attending the event, the event was featured on Fox News. Several of the presenters were interviewed with the segment playing on Fox News in Houston on three different newscasts.

A Community Conversation

Join us for a conversation on the dangers of vaping in our community

- Information for parents, educators, and concerned community members available from 5:30 p.m.
- Hidden in Plain Sight mock bedroom display
- Goose Creek CISD (IMPACT ECHS) art display
- Event available virtually by WebEx
- Chick-Fil-A (while supplies last)

Thursday, November 18 • 6 – 8 p.m.
Rundell Hall Conference Room - Lee College
200 Lee Drive, Baytown TX

Featured Speakers:
- Dr. Peter Stout – Houston Forensic Science Center
- Claudia Rodas – Campaign for Tobacco-Free Kids
- Samantha Boy – Parents Against Vaping and E-Cigarettes (PAVe)

For more information, contact Dr. Rosemary Coffman (rcoffman@lee.edu) or Amber Carter (amber.carter@bacoda.org)
Peers Against Tobacco

A peer-led initiative to eradicate tobacco use on college campuses across Texas.

We need student leaders!

Lee College

For more information email RCOffman@Lee.Edu

Maybe it’s because big tobacco companies still try to attract a younger crowd (like, why are you so obsessed with us?) by marketing alternative tobacco products like hookahs and e-cigs. Vaping might be new, but it’s not cool. And it’s our job to stop tobacco use on campus, once and for all.

Lee College is the first and only community college participating in this initiative led by the University of Texas.

Join the movement: www.peersagainsttobacco.org

Peers Against Tobacco Student Activities
Say What! Teen Ambassadors and staff have prepared an interactive and educational day discussing the dangers of nicotine products, how to live vape-free, and how to be an advocate for your friends, family, and community.

Both youth and adult participants will learn about:

- The evolution of nicotine products
- Health effects of e-cigarettes and vaping
- Industry deception and dirty tricks
- New products to be on the lookout for

Additionally, youth groups will receive access to the summit PowerPoint as well as educational materials and handouts to plan a date to present the information learned during the summit to their peers, teachers, school administrators, and community members.

**AGENDA OVERVIEW**

9:00-10:00am Check-In & Light Breakfast

10:00-10:30am Action Summit Begins

10:30-11:30am E-Cigarette & Vaping Education

11:30am-12:00pm Group Project Planning

12:00-1:00pm Lunch

Group Photo

1:00-1:45pm Panel Discussion with Q&A

1:45-2:00pm Prepare for Afternoon Community Activities

2:00-3:00pm Afternoon Community Education & Awareness Activities

3:15-3:45pm Debrief Afternoon & Plan Next Steps

3:45pm Action Summit Ends

**SUMMIT LOCATIONS**

**Saturday, March 5th**
Luften, TX - Pitts Garrison Convention Center
Registration Deadline: February 20th

**Saturday, March 26th**
South Padre Island - Beach Resort
Registration Deadline: March 9th

**Saturday, April 2nd**
El Paso, TX - El Paso Zoo
Registration Deadline: March 20th

**Saturday, April 23rd**
Fort Worth, TX - Fort Worth Zoo
Registration Deadline: April 6th

**Saturday, May 14th**
Kemah, TX - Kemah Boardwalk
Registration Deadline: May 1st

**REGISTER TODAY AT**

[TxSayWHAT.com/summits.html](http://TxSayWHAT.com/summits.html)
TOBACCO-FREE CONFERENCE

BECOME EMPOWERED TO CREATE YOUR TOBACCO, NICOTINE, VAPE-FREE SOCIETY

JULY 26 — 29, 2022

AGENDA OVERVIEW

Tuesday
- 2-6pm Conference Check-In & Games
- 6-7pm Dinner
- 7:10:30pm Opening Session & Activities

Wednesday
- 8-9am Breakfast
- 9am-12pm Morning Session & Breakouts
- 12-1pm Lunch
- 1-5pm Afternoon Session & Breakouts
- 6:30-7:30pm Dinner
- 7:30-10pm Evening Games & Activities

Thursday
- 8-9am Breakfast
- 9am-12pm Morning Breakouts
- 12-1pm Lunch
- 1-5pm Afternoon Breakouts
- 6:30-7:30pm Dinner
- 7:30-10pm Evening Games & Activities

Friday
- 8-9am Breakfast
- 9-11am Closing Session
- 11am Conference Ends

Breakout Sessions

Both youth and adult participants will be able to attend a variety of breakout sessions from Say What! Teen Ambassadors, Say What! youth groups, and experts from diverse fields discussing a range of topics such as:
- The basics of tobacco products and their health effects
- The evolution of e-cigarettes and their health effects
- Addiction to nicotine products and other drugs including marijuana
- Networking and teambuilding
- Using social media to further your advocacy efforts
- How to work with your school and vaping epidemic
- Fundraising

Project Tracks

Youth groups will also choose a project planning track to help create and plan a tobacco prevention project for their school or community. Tracks will focus on increasing awareness and providing educational opportunities to schools or the community through a variety of advocacy activities.

We encourage youth groups to split up their youth members to attend all project tracks so as many projects for the school or community can be taken home. Groups will be able to sign up for the tracks they would like to attend during conference check-in on day 1 of the conference.

LOCATION

DoubleTree by Hilton Hotel Austin
6505 NIH 35
Austin, TX 78752

REGISTER TODAY AT: TXSAYWHAT.COM/CONFERENCE.HTML
## Tobacco Project Objectives

<table>
<thead>
<tr>
<th>Objective</th>
<th>Objective(s)</th>
<th>Evaluation Metrics</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Objective</strong></td>
<td>By August 30, 2020, key members of the Drug Free Campus Committee will participate in learning sessions to become familiar with best practices on how to educate and inform targeted audiences</td>
<td>Number of committee members participating; number of trainings completed</td>
</tr>
<tr>
<td><strong>Objective</strong></td>
<td>: By March 30, 2020, key members of the Drug Free Campus Committee will identify classes to integrate tobacco control information into the curriculum.</td>
<td>number of faculty meetings; number of classes identified</td>
</tr>
<tr>
<td><strong>Objective</strong></td>
<td>By May 30, 2020, deliver social media posts to the Lee College Community related to tobacco control and the college's tobacco free policy to inform the community and identify effective messages</td>
<td>Number of social medial posts by topic</td>
</tr>
<tr>
<td><strong>Objective</strong></td>
<td>By May 30, 2020, identify key messages related to tobacco control to be delivered through print, online and signage information and develop a comprehensive communications plan</td>
<td>number of messages identified; number of materials developed; number of locations for signage</td>
</tr>
<tr>
<td><strong>Objective</strong></td>
<td>By August 30, 2022, increase knowledge of Lee College students on the harms of all forms of tobacco products</td>
<td>number of materials developed; number of presentations given; number of students reached; number of faculty reached</td>
</tr>
<tr>
<td><strong>Objective</strong></td>
<td>By August 30, 2021, provide access to support tobacco cessation for all faculty, staff and students</td>
<td>number of resources identified; number of presentations completed; number of students reached; number of faculty reached</td>
</tr>
<tr>
<td><strong>Objective</strong></td>
<td>By August 30, 2021, develop a recommendation for Lee College leadership on how effectively to enforce Lee College’s tobacco free policy on campus in order to reduce tobacco use on campus</td>
<td>number of meetings with security; number of meetings with college leadership</td>
</tr>
</tbody>
</table>
Lee College, continued

**Tobacco Efforts**
- Drug Free Campus Committee
- Changes / updates to College Policy Complete
- Next step – compliance strategies
- Permanent Signage – Tobacco Free Campus
- Social Media
- Tobacco 101 Curriculum
  - Addictions Counseling, Personal Health, Vocational Nursing

**OUR CAMPUS IS Tobacco-Free**

Permanent Signage & Social Media
Lee College Tobacco Project

Increase awareness of Tobacco Free Policy across the campus

- Change drug abuse and use statement to include "tobacco"

Alcohol, Tobacco, and Other Drug Prevention and Policy Statement

- Compliance v Enforcement
- Meeting with Security –
  - Develop procedures
- Permanent Signage

Drug-Free Campus Committee

- October 7
Mission of the Eliminate Tobacco Use (ETU) Initiative
- To reduce the burden of tobacco-related illness by advancing a tobacco-free culture through policy, prevention and cessation services on both academic and health science center institutions of higher education in Texas and beyond.

Goals of the Eliminate Tobacco Use Initiative
- Reduce the number of tobacco users among employees, students and patients at Texas institutions of higher education by at least 50% by 2025.
- Increase participation in the ETU Initiative from all Texas institutions of higher education by 2025.
- Train at least one non-Texas institution on the core elements of the ETU Initiative annually.

Duties/Responsibilities and Expectations
- Be appointed or gain buy-in from executive leadership to participate as a representative of your campus.
- The Eliminate Tobacco Use Steering Committee member (Member) is responsible for actively engaging in this committee through attendance at 2 steering committee meetings (in-person and/or virtual), 4 webinar-style meetings and attend the annual Summit in April (in-person and/or virtual).
- Member dedicates approximately 5 hours a semester (not counting the 2-day Summit in April) to steering committee and workgroup meetings.
- Member will share regular updates from their campus perspective on challenges, successes and planning regarding their tobacco-free campus policy, prevention and cessation efforts.
- Offer ideas on how the initiative may be enhanced on campuses.
- Make recommendations for annual Summit topics, speakers and activities.
- Serve as tobacco control champion and liaison on your campus and a part of the ETU initiative.
- If necessary, develop a campus task force to implement strategies on your campus, by drafting a campus taskforce plan, with activities and services.

As an Eliminate Tobacco Use Steering Committee Member, I agree to serve on this committee and commit to:
- Live a tobacco and nicotine free lifestyle.
- Attend and participate actively during the in-person and virtual meetings.
- Serve as a tobacco control champion and liaison on my campus for the ETU Initiative.
- Identify ways to collaborative with the members of the Steering Committee as part of ETU and externally, as opportunities arise.

Printed Name: Rosemary Coffman, PhD, CRC

Signature: [Signature]

Date: July 15, 2021