



DRUG-FREE SCHOOLS AND **CAMPUSES REGULATIONS**

[EDGAR PART 86]

BIENNIAL REVIEW:
ACADEMIC YEARS 2022/23 & 2023/24



LEE COLLEGE

aa/eo

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Introduction / Overview

Lee College is committed to an environment that supports the academic success and health of our staff and students and has a Drug Free Campus Program that serves to provide the campus with activities and programming designed to encourage a healthy and drug-free lifestyle.

This required Biennial Review has the following two objectives: 1) to determine the effectiveness of, and to implement necessary changes to, the alcohol and other (AOD) prevention program and 2) to ensure that the campus enforces the disciplinary sanctions for violating standards of conduct consistently.

Biennial Review Process

This review covers the time period of 2022-2024. Specifically, for the Fall 2022 semester through the Summer 2024 semester.

The Biennial Review Committee

The Biennial Review Committee reviews the information gathered and is a subcommittee of the Drug Free Campus Committee. The Biennial Review Committee consists of the following individuals:

- Dr. Rosemary Coffman, Executive Director, Student Success and Wellbeing (Chair)
- Reanna DeGeorge, Instructor, Addictions Counseling Program
- Zola Montana, Lee College Security
- Cinthya Barrios, Human Resources Manager

Location of Report

Access to the report can be found online at <https://www.lee.edu/about/files/biennial-review.pdf>. A hard copy of this Biennial Review is on file in the Office of the Executive Director of Student Success and Wellbeing as well as in the Human Resources Office. A hard copy will be made available upon request from either office.

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Department: Human Resources (Rundell Hall, 201)
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Title: Executive Director Student Success and Wellbeing
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Annual Policy Notification Process

As outlined in the document “Complying with the Drug-Free Schools and Campuses Regulations [EDGAR Part 86]”, The Alcohol, Tobacco, and Other Drug Prevention and Policy Statement (<https://www.lee.edu/advising/files/aod-policy>) is distributed to all students and employees as part of our Drug Free Campus Program. The statement is found on the Drug Free Campus website (<https://www.lee.edu/about/maintaining-a-drug-free-campus/>) and the Student Consumer Information site (<https://www.lee.edu/student-consumer-information/>).

The following outlines additional methods in which the AOD statement is distributed to employees and students.

Notification Process for Employees

Annually, all full-time and part-time employees are emailed a copy of the statement as notification of our policy (Appendix A). In addition, all new employees receive a copy as part of the new hiring packet and the statement can be found in the employee handbook (<https://www.lee.edu/hr/files/employee-handbook.pdf>).

Notification Process for Students

Each semester, the AOD statement is sent to all credit students (including dual credit) through their learning management system (Blackboard), which is associated with all classes. This allows for a more precise way of reaching students and gives the College confirmation that the statement was received. Appendix B is an example of the message sent. In addition, the statement is found in the College catalog (<http://catalog.lee.edu/content.php?catoid=31&navoid=874#student-conduct>).

For cross-credit students, notifications of the Drug Free Campus Program are emailed to the current students each year to capture their Winter, Fall, and Summer sessions. A query provides a list for the emails. Appendix C is a copy of the email sent to the students in this program.

Content of the Policy

In keeping with the requirements of the Drug-Free Schools and Campuses Regulations [EDGAR Part 86], Lee College has an Alcohol, Tobacco and Other Drug Abuse Prevention and Policy Statement that describes standards of conduct that clearly prohibit the unlawful possession, use, or distribution of illicit drugs, alcohol, and tobacco by students and employees on college property or as part of any college sponsored activities. The policy includes the following:

- A description of legal sanctions under federal, state, or local law for the unlawful possession use or distribution of illicit drugs and alcohol;
- A clear statement of disciplinary sanctions Lee College will impose on students and employees for violations of the standards of conduct;
- A description of the health risks associated with the use of illicit drugs, alcohol, and tobacco;
- A description of the drug and alcohol counseling and treatment resources available to students and employees and support resources for tobacco cessation.

AOD Prevalence Rate, Incidence Rate, and Needs Assessment

Report of AOD Related Incidents and Sanctions

The reporting of any incidents regarding the violation of the Drug Free Campus Policy may be made through the Lee College Security Department, Student Services (conduct), and/or the Human Resource Office. Violations occurring during this Biennial Review period are noted in the compliance section of this report.

Tobacco Survey Data

For this Biennial Review, there was one survey that collected data on the use of alcohol, tobacco, or other drugs.

Through our Be Well Baytown initiative, a survey of student and staff was completed in the Spring 2024 semester in which included 1) the awareness of the tobacco-free policy and tobacco use with the campus community and 2) and the awareness of the project's sun safety campaign. For the purpose of this Biennial Review, survey information regarding tobacco is included with more information on the results of the survey in Appendix D.

The following outlines the major findings for Tobacco/Nicotine use based on the survey responses.

- The vast majority of campus members do not use tobacco/nicotine products.
- Users have negative instrumental attitudes toward tobacco/nicotine use (e.g., they know it is bad for them), but they have more positive experiential attitudes (e.g., they enjoy it, it fills a need).
- Inversely, users have positive instrumental attitudes toward quitting (e.g., they know it would be good for them), but they have negative experiential attitudes (e.g., quitting will be unpleasant).
- Many are already intending to quit using tobacco/nicotine products.
- Emphasizing ways to make quitting less difficult would be a strategic direction for future messaging.
- Awareness of the tobacco-free policy is very high.

AOD Policy Inventories - Enforcement and Compliance

The following represents an inventory of policies related to alcohol, tobacco, and other drug use; prevention strategies; and educational programming.

Inventory of Policies

- [Student Code of Conduct](http://catalog.lee.edu/content.php?catoid=3&navoid=73&hl=alcohol&returnto=search#Student_Conduct) – Information on the use of illicit drugs, including alcohol and tobacco can be found in the online Catalog under the heading “Alcohol and Other Drugs.”
http://catalog.lee.edu/content.php?catoid=3&navoid=73&hl=alcohol&returnto=search#Student_Conduct
 - These policies are enforced by the Associate Vice President of Student Services.
 - For this biennial period, there were no violations reported.
- [Tobacco-Free Campus Policy](#) -As a tobacco-free campus, the use of any tobacco product (e.g., cigarettes, cigars, smokeless tobacco, and electronic cigarettes) is banned to include the use in an individual's personal vehicle and in campus parking lots. The tobacco policy is included as part of

the Alcohol and Drug Prevention Statement which also includes the prohibition sales, sponsorships, advertising, or promotional activities of tobacco products.

- The Lee College Security Department is responsible for enforcement of the Tobacco-Free campus policy.
 - For this biennial period, there were no formal violations reported.
- [Lee College Intercollegiate Athletics Substance Abuse and Education Program](#) (Appendix E) – As mandated by the NJCAA, student athletes for the Women’s Volleyball and Men’s Basketball teams must abide by the college’s Intercollegiate Athletics Substance Abuse and Education Program.
 - This policy is enforced by the Athletic Director.
 - For this biennial period, there was one violation. Based on our policy the student’s parent was notified and an alcohol assessment was conducted.
- [Drug Screenings for College Security Officers](#) - Commissioned security officers have mandatory drug screenings four times each year. With each screening, 75% of the officers are randomly selected, and the results can be found in the Human Resource Office. Randomly testing commissioned security officers for drugs and alcohol began as an internal procedure to ensure the safety of the campus and is supported by Board Policy DHB (Legal).
 - This policy is enforced by the College’s Human Resource Office.
 - For this biennial period, there were no violations reported.

AOD Comprehensive Program and Interventions with Data and Outcomes

The following are specific partnerships and programs designed to increase awareness and provide education on Alcohol, Tobacco and Other Drug issues and how the use may impact the individual, the campus, and the larger community. When available, data is presented to indicate increased knowledge.

Campus Initiatives / Support

The Executive Director of Student Success and Wellbeing provides leadership and support to the Drug Free Campus Policy, providing oversight in assuring that the campus is aware of policies and will provide support regarding issues related to alcohol, tobacco, and other drugs. The following are activities, education events, and other types of support to students and employees for this Biennial Review period.

- [Website information](#) (<http://www.lee.edu/about/maintaining-a-drug-free-campus/>) In addition to linking to the Prevention Statement, the Drug Free Campus Website (<https://www.lee.edu/about/maintaining-a-drug-free-campus/>) provides information and support for students and employees. This includes resources such as the Start Your Own Recovery (<https://startyourrecovery.org/>).
- [Drug Free Campus Committee](#) - Our Drug Free Campus Committee includes key stakeholders both from the College and the community and provides feedback and support to the campus. Membership includes representation from student services, mental health services, faculty, security, human resources, veteran services, student engagement, and students. Community representatives include the Be Well Baytown, and the Bay Area Council on Drugs and Alcohol (Southeast Coalition). Meeting a minimum of once each long semester, committee information and minutes can be found online (<http://www.lee.edu/groups/drug-free/>).

- [Summer Bash Event \(June 2023, June 2024\)](#) - Supported by Student Engagement and the Bay Area Council on Drugs and Alcohol (BACODA), the Summer Bash is an annual event providing information and education to promote a drug-free campus and mental health support.

A survey is provided to participants which provides information on participants' self-report of their likelihood of driving while under the influence or getting in a car with someone under the influence. Consistently, the results indicate that participants are 1) less likely to drive while under the influence of alcohol or other drugs and 2) are less likely to get into a car with someone who has been drinking or using drugs.

In addition, participants of the Summer Bash event indicated confidence in knowing what resources are available for themselves or others regarding substance abuse issues. For the 2023 event, 86.4% were somewhat or extremely confident and for the 2024 event, 86.4% were somewhat or extremely confident. More information on the events can be found in Appendix F.

- [Full time Mental Health Therapist](#) - In May 2020, the College hired a full-time licensed mental health therapist who is also a Licensed Chemical Dependency Counselor and a Certified Tobacco Treatment Specialist. She serves all current students over the age of 18.
- [TimelyCare](#) - TimelyCare provides virtual care to all students and part-time employees. Information and support on sober living is available through the self-care journeys as part of the service.
- [Mental Health First Aid Training \(MHFA\)](#) – MHFA is an evidence-based training program that teaches how to identify, understand, and respond to signs of mental health and substance abuse challenges. The training gives employees the skills to reach out and provide initial help and support to those who may be developing a mental health or substance use issue.

As part of our partnership with The Harris Center for Mental Health and IDD, MHFA certificate training is available to any employee. For this biennial period, there were 5 training events held with 103 participants receiving this certification.

- [New Student Orientation \(NSO\)](#) – A requirement of all first-time transfer students and first time to college students, information on the impact of alcohol, tobacco, and other drugs is presented through the online module and the in-person sessions. Students are also informed about the tobacco-free policy and information on the Fentanyl crisis. (Appendix G).
- [Employee Assistance Program](#) - Through the Employee Assistance Program (EAP), the College offers support to full-time employees with confidential, professional assessment and referral services to address a variety of personal issues which include alcohol or other drug related issues.
- [Education Program for our NJCAA Athletes](#) – As required by the NJCAA, each athlete must abide by the Lee College Intercollegiate Athletics Substance Abuse and Education Program which outlines the drug-free policy for athletes, mandatory drug testing, and support for athletes who may test positive for alcohol or other prohibited drugs. An orientation is offered each fall for all student athletes. For this Biennial Review, a workshop was provided to both the women's volleyball team and the men's basketball team to include information on the impact of alcohol, tobacco, and other drugs on athletic performance. Information was also presented on the Substance Abuse and Education Program for which each athlete must adhere.

Community Partnerships / Events

Partnerships with community agencies provide support and funding to educate the campus on issues related to alcohol, tobacco, and other drugs. The following are partnerships which are active for this biennial review period.

- [BACODA -Southeast Harris County Community Coalition](#) – Lee College is an active partner with the Southeast Harris County Community Coalition whose mission is to mobilize community resources to reduce the harmful impact of alcohol, tobacco, and drug abuse within our communities. The Coalition relies on community partnerships and collaborations that include higher education, law enforcement, treatment providers, hospitals, schools, volunteer organizations, religious organizations, state/local government, parents, youth, businesses, and civic organizations.

Through our partnership the following was completed.

- Naloxone (Narcan) Dispensers / Training – In April 2024, fifteen Narcan dispensers were installed on the college campus. A webpage was established (<https://www.lee.edu/emergency/overdose-kits/>) with information on how to use the naloxone. In the same semester, the College offered a workshop to discuss the fentanyl crisis and the importance of naloxone. (Appendix H)
- [Peers Against Tobacco \(PAT\)](#) - Lee College implemented the Peers Against Tobacco student group in 2019. Peers Against Tobacco (https://tobaccofree.utexas.edu/peers_against_tobacco) is a system-level, multi-component, coordinated tobacco/nicotine prevention program for colleges in the state of Texas. The goal of the program is to reduce the use of tobacco and alternative tobacco products (e.g., vapes, smokeless tobacco, hookah, etc.) among college students. The program is funded by the Texas Department of State Health Services with oversight provided by The University of Texas at Austin Tobacco Research and Evaluation Team. As a participating student group, the College receives funding each academic year to support the programming.

For this Biennial Period, the Lee College PAT student group participated in several events and supported programming for tobacco education to include the following. Appendix I provides additional information.

- Hosted tables at college events to include Fall Fiesta (October 2022 and October 2023); Spring Fling (March 2023 and March 2024); Fall Kick-Off (August 2023 and August 2024), and the Lee College Community Health Fair (April 2023 and April 2024).
- Provided messaging to the campus which included posters through The Truth Initiative on the dangers of vaping.
- Engaged faculty with the incorporation of the Tobacco-Edu curriculum (<https://www.tobacco-edu.org/>) into coursework.
- [Say What!](#) – Say What! (<https://txsaywhat.com/about.html>) is a statewide youth tobacco prevention coalition focusing on youth (sixth through twelfth grade). Created and designed by young people from across Texas, The Say What! Movement is funded by the Texas Department of State and Health Services through a contract with the Texas School Safety Center at Texas State University. With many of our Peers Against Tobacco members dual credit students (IMPACT Early College High School), several Lee College students participated in the Say What! activities. For this biennial period, students attended the summer summits and the state conferences for Say What! More information can be found in Appendix J.

- [Be Well Baytown Tobacco Project](#) – As part of our partnership with Be Well Baytown, Lee College received funding and support for tobacco education and cessation support to our campus community.

For this biennial period, programming and events were supported through this project to include campus messaging (e.g., social media posts, plasma screen graphics, permanent tobacco-free campus signage) and is outlined in Appendix K. The partnership also provided support and guidance for the tobacco survey (Spring 2024) for students and staff.

- [Eliminate Tobacco Use \(ETU\) Workgroup](#) – The Eliminate Tobacco Use Workgroup (<https://www.eliminate tobacco use.org/>) was founded by The University of Texas MD Anderson Cancer Center and The University of Texas System to create tobacco-free campus cultures. The goals of the initiative are to share resources and best practices to strengthen tobacco control efforts; explore opportunities to support implementation efforts; and to implement tobacco control actions across college campuses.

With the inclusion of 60 partnering Texas institutions and 83 supporting organizations around Texas and the United States, the initiative has impacted approximately 2.2 million faculty, staff, and students. The Executive Director for Student Success and Wellbeing participates as a steering committee member for the group (Appendix L).

The partnership with ETU included the support of the following programming:

- Support and tools for campus messaging (e.g., permanent signage, posters, electronic signage, etc.)
- Education to staff through the ETU quarterly webinars. For this biennial review period, there was 100% participation by Lee College personnel. Both staff and students attended the annual ETU Summit in April for both years.

AOD Comprehensive Program Goals and Objectives

Lee College accomplished the following goals from the 2022 Biennial Review.

- Investigate to determine the best way to include Cross-Credit (non-credit) students with the dissemination of the Drug Free Statement.
 - RESPONSE: Students in Cross-Credit now have MyLC email addresses. A schedule was established for the dissemination of the drug free campus policy statement to go out four times each year.
- With our community partnerships and initiatives, much support has been provided to our Tobacco-free campus policy. With lessons learned in the promotion of tobacco education and cessation, more focus is needed for the support and activities on education and resources for alcohol and other drugs.
 - RESPONSE: This biennium, we have added information on Fentanyl to all NSO sessions. In addition to setting up the Narcan Dispensers on campus, we hosted a workshop on the use of Naloxone (Narcan) for the campus to include giving out Narcan to participants.
- Investigate the tools and resources available to students and part time employees through TimelyCare and market these resources to those who are registered with TimelyCare.
 - RESPONSE: Information and support for substance use disorders is available for students and part-time employees through the self-care journeys as part of the TimelyCare service. This information has been added to the Drug Free Policy Statement as a resource.

Summaries of AOD Program Strengths and Weaknesses

Based on the review of the past two years by the Drug Free Campus Committee, several areas were noted as areas of strengths and other areas were noted as areas needing improvement.

Strengths (Favorable Compliance)

Information presented in this Biennial Review were reviewed by the Biennial Review Committee. In compliance with the Drug Free Campus Program the following are noted strengths.

- Lee College has developed and maintains a drug prevention policy. This year, it was updated to ensure resources are current.
- A copy of the Drug Free Policy statement is made available to each student and employee through a variety of methods.
- Through strong community partnerships, Lee College provides services and activities to promote a drug-free campus environment.
- The College conducts a Biennial Review of its drug prevention program and policy to determine effectiveness, implements necessary changes, and ensures that disciplinary sanctions are enforced.

Weaknesses (Compliance Concerns)

The following are noted as compliance concerns:

- With few violations of our alcohol, tobacco, or other drug policy reported, the process of reporting and documenting violations will need to continue.
- While the AOD statement is shared with all new employees and is included in the Employee Handbook, the statement was not sent out as an email for this review period.

Recommendations for the Next Biennium

It is recommended that the following issues be addressed by the next review period.

- Create a system for accountability to assure that emails are sent out to all employees annually.
- Develop activities to address information sharing and reporting of Alcohol, Tobacco and Other Drug violations. This will include meetings with key stakeholders with representation from Security, Conduct, and Athletics.
- To assist with the conversation regarding reporting issues, the Drug Free Campus Committee membership will be reviewed to ensure key personnel are participating.

Appendices / Supporting Documents

APPENDIX A - Email Notification Statement to Employees

Coffman, Rosemary

Subject: FW: LC Alcohol, Tobacco, and Other Drug Prevention and Policy Statement

From: Summers, Amanda <asummers@lee.edu>

Sent: Tuesday, May 4, 2021 5:00 PM

To: AllUsers <AllUsers@Lee.edu>

Subject: LC Alcohol, Tobacco, and Other Drug Prevention and Policy Statement

Fellow employees,

In compliance with the Drug-Free Schools and Communities Act, all employees are to be notified of the College's Drug and Alcohol Statement. For your convenience, a copy of this statement is attached. It includes information on health risks, options for help, and sanctions related to the illegal possession or distribution of drugs and alcohol. You can also find this statement and additional information on the College's Drug-Free Campus website located at <https://www.lee.edu/about/maintaining-a-drug-free-campus/>.

Please take time to read this important information. As a friendly reminder, Lee College is a smoke-free campus, which includes all types of tobacco and vaping. If you have questions or wish to receive additional information, please contact the Human Resources Office at (281) 425-6875 or hr@lee.edu.

Thank you,

Amanda Summers
Executive Director of Human Resources

Lee College
P.O. Box 818, Baytown, TX 77522-0818
Phone: (281) 425-6875
Email: asummers@lee.edu

APPENDIX B – Blackboard Notification to Students

Lee College

****Drug Free Schools & Communities Act Notification_rev2024**

Question 1

*

In Compliance with the Drug-Free Schools Campuses Regulations Act, all Lee College staff and students are to be notified of our Alcohol, Tobacco, and Other Drug Prevention and Policy Statement, which can be found online at <https://www.lee.edu/counseling/files/aod-policy.pdf>. This includes information on health risks, options for help, and sanctions related to the illegal possession or distribution of alcohol and other drugs.

As a reminder, Lee College is a tobacco free campus (which includes all types of tobacco and vaping). Support and cessation information can be found online at <https://www.lee.edu/about/maintaining-a-drug-free-campus/tobacco-cessation/>.

Please take time to read this important information. *(please acknowledge receipt of this notification below and submit)*

Thank you!
Dr. Rosemary Coffman
Executive Director, Student Success & Wellbeing

☐ (1) I have read and acknowledged receipt of this notification

▪ Response options as vertical

APPENDIX C – Cross-Credit Email Notification

Coffman, Rosemary

From: Coffman, Rosemary
Sent: Tuesday, April 16, 2024 8:00 AM
To: 'Rosemary Coffman'
Subject: LC Alcohol, Tobacco, and Other Drug Prevention and Policy Statement
Attachments: Alcohol, Tobacco, and Other Drug Prevention and Policy Statement 2021.pdf

Hello all,

In compliance with the Drug-Free Schools and Communities Act, all students (including those enrolled in non-credit or cross-credit) are to be notified of the College's Drug, Tobacco, and Alcohol Statement. For your convenience, a copy of this statement is attached. It includes information on health risks, options for help, and sanctions related to the illegal possession or distribution of drugs and alcohol. You can also find this statement and additional information on the College's Drug-Free Campus website located at <https://www.lee.edu/about/maintaining-a-drug-free-campus/>.

Please take time to read this important information. As a friendly reminder, Lee College is a smoke-free campus, which includes all types of tobacco and vaping. If you have questions or wish to receive additional information, please contact me.

Respectfully,

ROSEMARY COFFMAN, PhD, CRC

Executive Director, Student Success and Wellbeing
Rundell Hall, Room 112
281-425-6387 (v)

APPENDIX D - Tobacco Survey (Be Well Baytown Initiative)

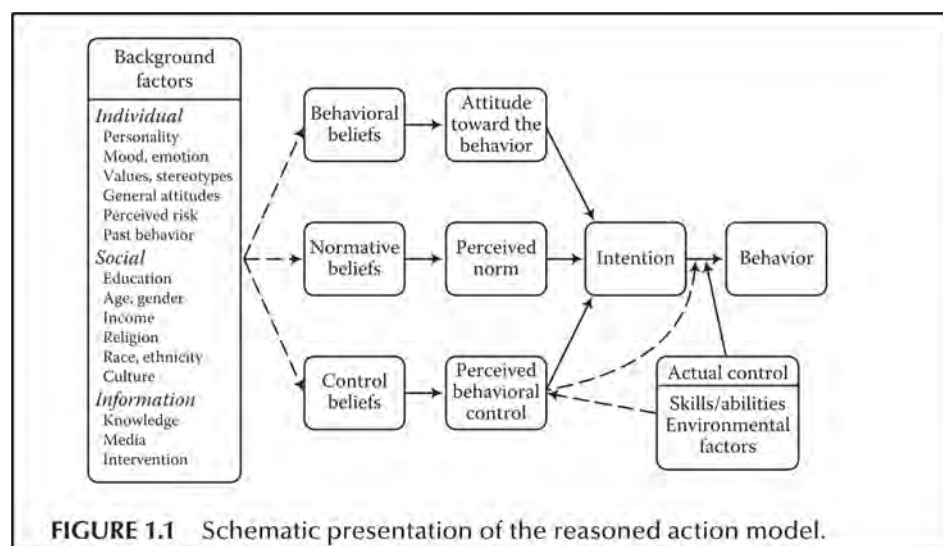
April 2024

Lee College Survey 2024

The reasoned action approach can guide the entire process of persuasive intervention, including formative research, message design, and evaluation. Many scholars have worked to make it easy to use for practitioners. Ajzen provides guidelines for elicitation surveys, message pre-tests, pilot studies and evaluations for free, online and Fishbein and Ajzen's (2010) book is a complete manual on the reasoned action approach. There is also Yzer's (2012) guide to message design.

The reasoned action approach posits that a variety of 'background factors' such as demographic variables, personality traits, and media exposure drive the formation of beliefs. In turn, these beliefs form the basis of a) attitudes, b) subjective norms, and c) perceived behavioral control, which then predict behavioral intention and behavior (Fishbein & Ajzen, 2010). The reasoned action approach holds that behavioral intentions exist and that they predict real-world behavior under certain conditions. See Figure 1 as an overview of the model.

Figure 1. The reasoned action model (Fishbein & Ajzen, 2010)



Method

A longitudinal evaluation effort across years seeks to evaluate sun safety and tobacco use prevention efforts at Lee College as part of Be Well™ Baytown. Be Well Baytown is The University of Texas MD Anderson Cancer Center's place-based strategy for comprehensive cancer prevention and control sponsored by ExxonMobil. Previous research has reported on surveys from 2019, 2020 and 2021 (Love et al., *in press*; Love et al., *under review*). The present research concerns evaluation data from a 2024 survey.

Procedure and Participants

In April 2024, $N = 397$ students, staff, and faculty responded to an online survey. The survey contained items related to sun safety behavior, tobacco and nicotine product use and awareness of health efforts and policies on campus. Participants were entered into a drawing for 15 gift cards worth \$225 USD total. See Table 1 for a description of the survey sample.

Measures

This survey had many components. The awareness of tobacco-free policy and the ongoing sun safety campaign was assessed. Further, previous questions from the evaluation of Lee College sun safety efforts, including perceived risk of sun exposure and behavioral efficacy related to sun protection, were part of the survey for comparability with previous evaluations (Love et al., *in press*). Additionally, sun safety questions from the Annual College Health Assessment were collected in the interest of future benchmarking.

The survey was designed based on standards for the reasoned action approach (Fishbein & Ajzen, 2010), including covering instrumental attitudes, experiential attitudes, subjective norms, perceived capacity and intentions for key behaviors: sunscreen use, sunscreen dispenser use, tanning, using tobacco/ nicotine and for quitting using tobacco/nicotine products. There were also belief elicitation exercises for sun safety, tobacco-free/nicotine-free living and barriers to quitting use of tobacco/nicotine products. The belief elicitation measures were abbreviated versions of the Hornik & Woolf (1999) approach to identifying campaign themes, which has been validated in contemporary health promotion efforts (e.g. Hornik et al., 2019; Yzer & Gilasevitch, 2019; Sangalang et al., 2019).

There were also measures to assess the overall sentiment toward Lee College and its health efforts. Participants were asked to rate their agreement with the statement “Lee College cares about the well-being of its students, faculty, staff, and community.” Participants also engaged in a belief elicitation method regarding their feels toward health promotion efforts undertaken by Lee College.

Results

Tobacco and Nicotine Use Prevalence

All participants were asked about their tobacco and nicotine product use. 53 responses were missing (13.4%). The majority of participants indicated they did not use tobacco/nicotine products (75.82%, n = 301). Only (10.83%, n = 43) indicated using tobacco/nicotine products.

Among those using tobacco/nicotine products, vaping and electronic cigarettes were the most commonly used (62.79%, n = 27) followed by cigarettes (13.95%, n = 6). Several participants reported using both cigarettes and vapes/e-cigarettes (9.30%, n = 4). A minority of participants used chewing tobacco or cigars (13.95%, n = 6).

Tobacco-Free Policy Awareness

All participants were asked if they were aware of the tobacco-free policy. 63 responses were missing (15.9%). The vast majority of participants were aware of the policy (81.6%, n = 324), and very few were not aware of the policy (2.5%, n = 10).

Participants were also asked to answer if they were aware that the tobacco-free policy means “all tobacco and nicotine devices are banned on campus in all areas, including personal vehicles.” 63 responses were missing (15.9%). The majority were aware, but less than had indicated awareness of the policy overall (74.8%, n = 297).

Predicting Tobacco Behavioral Intentions

A series of questions relating to predicting behavioral intentions were examined for using tobacco/nicotine products and for *quitting* the use of tobacco/nicotine products (e.g. “I intend to quit using tobacco/nicotine products.”) on a 5-point scale ranging from 1 = strongly disagree and 5 = strongly agree. For each behavioral intention, there were also measures of instrumental attitude, experiential attitude, subjective norm, and perceived capacity. Instrumental attitude was measured on a 5-point scale ranging from 1 = “Very useless” to 5 = “Very useful,” and experiential attitude was measured on a 5-point scale ranging from 1 = “Very unpleasant” to 5 = “Very pleasant”). Subjective norms were measured by having participants rate their agreement (1 = Strongly Disagree, 5 = Strongly agree) with the statement: “Most people whose opinion I value would approve of...” for both using tobacco/nicotine products and for quitting. Perceived capacity was measured on a 5-point scale ranging from 1 = “Very hard” to 5 = “Very easy.”

All participants were asked their intentions to use tobacco/nicotine products. However, only those that indicated current use were asked about attitudes, the subjective norm and perceived capacity. Among users of tobacco and nicotine products, experiential attitudes were most strongly correlated with intention, and the subjective norm was weakly correlated with intentions. See Table 5.

Table 5*Correlations among reasoned action predictors of using tobacco/nicotine products*

	<i>M</i>	<i>SD</i>	<i>n</i>	1	2	3	4	5
1. Instrumental Attitude	2.70	1.46	54	—				
2. Experiential Attitude	3.07	1.41	54	.63***	—			
3. Subjective Norm	2.19	1.29	54	.48***	.46***	—		
4. Perceived Capacity	3.45	1.26	53	.45***	.74***	.32*	—	
5. Intention	1.41	1.00	344	.64***	.79***	.31*	.72***	—

Note. * $p < .05$, ** $p < .01$, *** $p < .001$.

Among users of tobacco and nicotine products, only instrumental attitudes and the subjective norm toward quitting were correlated with intentions to quit. Interestingly, experiential attitudes were highly correlated with perceived capacity to quit. Suggesting that those who thought they would have a more enjoyable time quitting though they were more capable. experiential attitudes and capacity were not correlated with intention. See Table 6.

Table 6*Correlations among reasoned action predictors of quitting using tobacco/nicotine products*

	<i>M</i>	<i>SD</i>	<i>n</i>	1	2	3	4	5
1. Instrumental Attitude	3.75	1.27	53	—				
2. Experiential Attitude	2.66	1.34	53	.28*	—			
3. Subjective Norm	4.04	1.27	53	.63***	.26	—		
4. Perceived Capacity	2.79	1.49	53	-.03	.75***	-.05	—	
5. Intention	3.72	1.10	53	.54***	.27	.39**	.01	—

Note. * $p < .05$, ** $p < .01$, *** $p < .001$.

Identifying Beliefs Related to Tobacco Use Behavior

In order to improve messages in the future, the survey elicited thoughts from current nicotine/tobacco users related to barriers to quitting the use of tobacco/nicotine products. They responded to the following prompt “If you are trying to reduce usage of tobacco/nicotine products or quit using tobacco/nicotine products completely, what are some barriers or challenges you have faced in the process?” See Figure 5 for a word cloud of responses related to barriers.

An elicitation exercise revealed several key insights about barriers to quitting nicotine/tobacco products. The most cited barriers were general habit and addiction along with the negative emotional experiences associated with nicotine withdrawal: “stress,” “anxiety,” “nerves,” “craving.”

The survey also elicited thoughts related to benefits of not using tobacco/nicotine products from those who were not currently using these products. They responded to the prompt: “If you never started using tobacco/nicotine products, or successfully quit, why do you avoid using tobacco?”

See Figure 6 for a word cloud of responses related to benefits of not using tobacco/nicotine products.

An elicitation exercise revealed several key insights about the perceived benefits of tobacco-free living. The biggest reasons to avoid using tobacco were overall health and reduced cancer risk. Interestingly, the smell of cigarettes appears to be a motive for tobacco-free living.

Perceptions of Health Promotion Efforts by Lee College

This survey was interested in assessing the overall perception related to health promotion efforts on campus. Participants were asked to rate their agreement with the statement “Lee College cares about the well-being of its students, faculty, staff, and community.” 61 responses (51.4%) were missing. The most popular response was “strongly agree,” (62.50%, n = 210), and only one participant of 336 disagreed.

Participants were also asked to share their thoughts about health promotion on campus. See the word cloud below.

The opinions about Lee College’s health promotion show several trends. Generally, sunscreen and sun safety is associated with health at Lee College, suggesting it is the most recognized of all the health efforts on campus. There are also a lot of words associated with care and community, including “love,” “encourage,” “hope,” “effort” and “care.”

Review of Major Findings

Major Findings for Tobacco/Nicotine Use

1. The vast majority of campus members do not use tobacco/nicotine products.
2. Users have negative instrumental attitudes toward tobacco/nicotine use (e.g. they know it's bad for them), but they have more positive experiential attitudes (e.g. they enjoy it, it fills a need).
3. Inversely, users have positive instrumental attitudes toward quitting (e.g. they know it would be good for them), but they have negative experiential attitudes (e.g. quitting will be unpleasant).
4. Many are already intending to quit using tobacco/nicotine products.
5. Emphasizing ways to make quitting less difficult would be a strategic direction for future messaging.
6. Awareness of the tobacco-free policy is very high.

APPENDIX E - Intercollegiate Athletics: Substance Abuse Education and Testing Program

INTRODUCTION / PURPOSE

The Administration and Athletic Department of Lee College strongly believe that the use and/or abuse of alcohol and other drugs can be detrimental to the athlete's health, academic achievement, individual athletic performance and a team's success. It is the intent of the College to educate and inform athletes of the effects of alcohol and other drugs thereby allowing them to make responsible decisions and avoid dependency.

The purpose of the Substance Abuse Education and Testing Program is to:

- a) protect the health and safety of student athletes and others with whom they interact;
- b) promote alcohol and drug education;
- c) identify student athletes who are abusing substances—assessing the issues and offering education and support to meet the individual need of the student athlete.
- d) serve as a deterrent to alcohol and drug use;
- e) promote fair competition and;
- f) preserve the integrity of the Lee College athletic program; and
- g) when necessary, dismiss the student athlete with repeated incidents of drug abuse.

DESCRIPTION

Lee College athletes are prohibited from possession or being under the influence of illegal drugs or other prohibited substances as well as the abuse of and/or dependency upon legally permitted substances. Athletes found to be in illegal possession, or illegally distributing prohibited substances, or in possession of paraphernalia may be subject to disciplinary action up to immediate dismissal from the athletic team with all scholarships cancelled.

All athletes will participate in the Substance Abuse Education and Testing Program which includes mandatory education sessions and periodic drug screening as described in this document.

The Athletic Department shall inform in writing the student-athlete of the drug testing policy and regulation of Lee College. Athletes will be given a copy of the policy and applicable regulations prior to the signing of a National Letter of Intent or before his/her initial participating each year and be asked to sign the Consent to Drug Testing and Authorization for Release of Test Results form. If the athlete is a minor, the athlete and a parent/guardian will sign the form. Refusal to sign the Consent to Drug Testing and Authorization for Release of Test Results form by the athlete will disqualify the athlete from participation in the Lee College Athletic Program and prevent the awarding of athletic student financial aid.

PREVENTION / EDUCATION

All athletes and staff will participate in a drug and alcohol education program at the beginning of each fall semester. Additional sessions may be required if deemed necessary. In addition to general education, these sessions will also have information on the effects of tobacco, alcohol, and other drugs.

ASSISTANCE

Athletes are encouraged to seek confidential assistance before violations of this policy occur. No athlete will be penalized for seeking this assistance; however, disciplinary action is required in cases where drug testing shows the athlete to be in violation. The Athletic Director will be notified as a point of record.

Any student athlete who tests positive for drugs (including alcohol) or comes forward with a request for assistance will undergo an assessment to determine the severity of the misuse for that individual athlete. Based on the recommendation of this third-party assessment, the athlete may be required to participate in additional support programs. All mandatory assessments and subsequent support will be at no cost to the student.

DRUG TESTING / SCREENING PROCEDURES

All drug tests and analyses will be conducted by an independent lab selected by the Athletic Director/Administrator.

The first such testing may be a part of the student athlete's physical examination conducted annually prior to sport participation. This is a mandatory program for all participants in college sponsored athletics.

Random testing also may occur during each semester. The timing and identity of the student athlete to be tested shall be determined by random drawing or by the Athletic Director or Administrator. Failure to appear at the stated time and location for such random testing will be assumed as a positive result of drug use. The tests will be conducted by qualified personnel. Every practical effort will be made to assure the accuracy and confidentiality of the test results. The records shall be secured by the Athletic Director.

SUBSTANCES TESTED

Testing of the sample is intended to detect and/or identify any illegal or otherwise banned substance. In addition, such testing can detect substances used as a recreational drug, as well as those that are performance enhancement, and prescription drugs.

USE OF DIETARY SUPPLEMENTS

Athletes commonly use drugs and dietary supplements with the goal of improving their athletic performance. Many performance-enhancing substances include ergogenic and thermogenic supplements, stimulants, anabolic steroids, and peptide hormones. Before consuming any nutritional/dietary supplement product, the student athlete should review the product with the Head Coach. There are no approved NJCAA dietary supplement products.

Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test result. Such supplements may contain banned drugs not listed on the label. Any product containing a dietary supplement ingredient is taken at the student athlete's risk. Athletes should have their nutritional needs met through a healthy, balanced diet without dietary supplements.

USE OF ALCOHOL

All student athletes are to abide by federal, state, local, and college alcohol policies. Student athletes are not to attend any athletic-sponsored meetings, practices, programs, services, contests, etc. while under the influence of alcohol. This includes all events both on and away from the campus. The use or possession of alcohol is also prohibited at the college provided housing and by any athlete under the age of 21. The Athletic Department supports Lee College's policy on the use of Alcohol and Other Drugs as stated in the College Catalog.

USE OF TOBACCO

The use of tobacco products, including "vaping," e-cigs, and/or smokeless tobacco, is prohibited for student athletes in all sports during practice and competition on campus or in college provided housing.

SANCTIONS FOR POSITIVE TEST RESULTS

The following outlines the consequences for those students who test positive for the required drug testing.

a) First Positive

- The Athletic Director and the student athlete's Head Coach will be notified that a positive result was obtained from the participant.
- The student athlete will undergo an assessment from a third-party agency to determine if there is a substance use disorder and, if so, the severity.
- Based on the recommendations of this assessment, he or she must participate in additional support programs which may include, but not limited to, additional education and/or counseling. Failure to participate in these sessions will be constructively treated as a second positive and treated accordingly.
- The student athlete will be individually screened for the presence of drugs at the discretion of the Athletic Director or Administrator or treatment consultant for up to fifty-two (52) weeks or the end of the student-athlete's eligibility, whichever exhausts first.
- In addition to the above, any student athlete testing positive for drugs or alcohol will be suspended from two regular season games. Additional sanctions may be assessed based on recommendations of the Head Coach and as approved by the Athletic Director.

- In the event that the suspensions would lead to forfeit of games, the Athletic Director would have the authority to stagger the suspensions as deemed necessary.
 - Notification of parent or guardian will occur as soon as possible.
- b) Second Positive
- The Athletic Director and student athlete's Head Coach will be notified if the student athlete is found to have a second positive in screening for drugs during his/her athletic career.
 - The student athlete may be dismissed from her/his team with immediate loss of any remaining scholarship funds. This decision will be based on the student's overall behaviors and recommendations from the Head Coach, the treatment consultant, and/or others who may attest to the student's attitude and desire to improve.
 - If not dismissed, the student athlete will be suspended from four regular season games.
 - Notification of parent or guardian will occur as soon as possible.
- c) Third Positive
- Any third positive will lead to immediate suspension from the team with loss of any remaining scholarship funds.
- d) Sanctions involving alcohol and/or involvement of criminal justice system

When a student athlete is determined to be under the influence of alcohol or drugs while involved in a team related function (either on campus or away) or in college provided housing, he or she may be subject to disciplinary action as determined by the Head Coach and the Athletic Director.

Any legal issues arising from the misuse of alcohol or other drugs may lead to disciplinary sanctions. (Examples include driving under the influence, providing alcohol to others under the age of 21, sexual misconduct including rape or date rape, physical assault, disorderly conduct, and destruction of property, etc.) Upon verification of an arrest for a crime involving alcohol or drugs, the student athlete shall be immediately suspended from practice and competition pending a meeting with the Head Coach and the Athletic Director who will determine the appropriate intervention or sanction.

With any sanction, parents will be notified

EXCEPTIONS FOR PRESCRIPTION MEDICATIONS

A student athlete may verify prescribed drugs or over-the-counter drugs that have resulted or may result in a positive test by presenting an original note from his/her physician on office letterhead to the Head Coach as well as the independent lab responsible for the screening.

APPEAL PROCESS

The student may appeal the decision of the College by utilizing the student grievance procedures as outlined in the student catalog.

AMENDMENTS OR MODIFICATIONS TO THE PROGRAM

This Program may be modified or amended with the approval of the President of Lee College. Such amendments or modifications shall apply to, and be effective for, all student athletes participating in the Lee College athletics program upon notice and acknowledgment by such student athletes of the Substance Abuse Education and Testing Program as so amended or modified.

APPENDIX F – Summer Bash Event (Evaluation Data)

SUMMER BASH AWARENESS DAY / JUNE 13, 2023

Overview / Activities

Sponsored by Student Activities, the Lee College Summer Bash was held on June 13 in the Mall Area (outdoors between Moler Hall and the Gymnasium) from 10 am – 2pm. This was the sixth annual Summer Bash which included information on services and resources for mental health and alcohol, tobacco, and other drug awareness.

There were approximately 100 participants in addition to the community partners. The event featured the following:

- 19 booths which included community partners and Lee College departments
- Through Student Activities, a handheld branded LED lighted fan was provided to all participants (completing the event survey) and community partners.
- Activities included the following:
 - Pedal Cars with drunk goggles (Baytown Fire Department)
 - Drunk Simulator (UTMB)
 - Painting Rocks / Happiness Project (BACODA and LC Mental Health Services)
- Door prizes for each student completing an evaluation of the event (measuring the perceived gain of knowledge) were donated by the Student Activities department.



Participant Information and Evaluation

Participants were given an opportunity to complete an evaluation, receiving a door prize as an incentive. 56 participants completed the evaluation representing general students, dual credit students, employees, and community members.

The following questions were asked to participants to gauge knowledge and change in attitude based on their attendance at the event. Based on responses, participants reported higher rates not driving under the influence and not getting in the car with someone under the influence.

- How likely are you to drive while under the influence of alcohol or other drugs?
 - Before event – 70.9% (Extremely Unlikely or Unlikely)
 - After Event – 94.5% (Extremely Unlikely or Unlikely)
- How likely are you to get in the car with someone who has been drinking or using drugs?

- Extremely Unlikely - Before event = 69.6%; After event = 92.5%
- More Likely Than Not – Before event = 7.1%; After event = 1.9%

The evaluation also asked the participants for their level of confidence in knowing available resources for both mental health services and substance abuse support.

- After attending today's event, how confident do you feel in knowing what resources are available for you or others who may need help...
 - For Mental Health - 74.5% (somewhat or extremely confident)
 - For Substance Abuse – 82.3% (somewhat or extremely confident)

LEE COLLEGE SUMMER BASH / JUNE 13, 2024

AOD AND MENTAL HEALTH AWARENESS EVENT

Overview / Activities

Sponsored by Student Activities and the Bay Area Council on Drugs and Alcohol (BACODA), the Summer Bash was held on June 13th, 2024 in the Student Center from 11 am to 2 pm. With the first Summer Bash in 2016, this is the seventh year for the event.

Approximately 100 individuals attended the event which featured the following:

- Community Partner tables representing 16 College and Community partners.
- Sponsored by the Student Engagement department, a personalized water bottle was available for all participants.
- A 'thank you' gift for the community partners was provided which included the Navigator Trail tumbler filled with Be Well Baytown promotional items (sunscreen, lip balm, sticker, buttons).
- Activities for the day included the following:
 - Pedal Cars with drunk goggles (Baytown Fire Department)
 - Rock Painting (LC Mental Health Services)
 - Cool Cow Creamery Ice Cream Truck (BACODA)



Participant Information and Evaluation

Participants who attended the event were given an opportunity to complete an evaluation, receiving a door prize as an incentive. 72 participants completed the evaluation representing students, employees, and community members.

The survey for participants included the following questions. Those who attended the event indicated a slight increase in the unlikelihood of driving while under the influence or getting in a car with someone under the influence.

- How likely are you to drive while under the influence of alcohol or other drugs?
 - Before event – 4.83%
 - After Event – 4.88%
- How likely are you to get in the car with someone who has been drinking or using drugs?
 - Before event – 4.71%
 - After event – 4.89%

The following questions gathered information on the participants' confidence in knowing available resources after attending the event.

- After attending today's event, how confident do you feel in knowing what resources are available for you or others who may need help...
 - For Mental Health – 70.2% (somewhat or extremely confident)
 - For Substance Abuse – 86.4% (somewhat or extremely confident)

APPENDIX G – New Student Orientation Slides

Alcohol, Tobacco and Other Drugs

- Alcohol and Other Drugs
 - Issues and substance abuse more common with college students
 - Stressors, peer pressure, "because I can"
 - Unhealthy coping mechanism
- Tobacco-Free Campus
 - No form of tobacco is allowed on campus, including personal vehicles
 - Cessation support - www.lee.edu/go/tobacco-free
- Get involved
 - Peers Against Tobacco Student Group
 - Drug-Free Campus Committee



Fentanyl – One Pill Can Kill

- Fentanyl – One Pill Can Kill
 - #1 Public Health Issue
 - Synthetic Opioid up to 50X stronger than heroin and 100X stronger than morphine.
 - 7 out of every 10 pills found on the internet contain a potentially lethal dose of fentanyl. (DEA)
 - Narcan dispensers on campus
 - <https://www.lee.edu/emergency/overdose-kits/>
 - Fentanyl Community Town Hall
 - October 17, 6 pm



APPENDIX H – Naloxone Dispensers / BACODA Partnership



November 29, 2023

This Memorandum of Agreement (MOU) between the Southeast Harris County Community Coalition, a program of the Bay Area Council on Drugs and Alcohol, and Lee College is to facilitate safe and appropriate opioid overdose emergency responses in our community.

Naloxone is a life-saving drug that rapidly reverses opioid overdose. Naloxone (Narcan nasal spray) increases the ability of schools, community agencies and law enforcement departments to respond effectively to opioid overdose crisis situations. Naloxone administration is part of a multi-pronged national strategy to reduce opioid-related mortality in the United States.

Naloxone safety kits mounted in buildings increase ease of access to Naloxone to effectively respond to opioid overdose emergencies. The purpose of the safety kit is to provide a consistent mounted location, high visibility and easy to grab in an emergency.

The Southeast Harris Community Coalition will:

- Provide 15 free Naloxone wall mounts.

The Southeast Harris Community Coalition is NOT responsible for maintaining the safety kits and restocking items such as Naloxone (Narcan) nasal spray.

Lee College will:

- Continue to follow and update their safety procedures as documented in the Emergency Response Plan for Naloxone administration within your school/agency/department.
- Continue to train your school/agency/department on responding to an opioid overdose emergency and Naloxone administration.
- Affix the Naloxone wall mount in high-risk areas.
- Promote the Naloxone wall mount as a part of school, agency, or department safety plan.
- Be responsible for maintaining and restocking items in the wall mount including Naloxone (Narcan) nasal spray.

Signed and dated:

AM CARTER

Coalition Coordinator

Amanda Summers

Lee College Representative

11-30-23

Date

11/30/2023

Date

www.bacoda.org 800.510.3111

NALOXONE TRAINING FREE WORKSHOP



**TUESDAY,
APRIL 30**

1 – 2 P.M.

**COVESTRO CONFERENCE CENTER
LEE COLLEGE**

Open to all students and employees.
Attendees will receive FREE Narcan
Nasal Spray (while supplies last).

Learn to Save a Life

Every day, more than 188 people in the United States die after overdosing on opioids. The misuse of and addiction to opioids—including prescription pain relievers, heroin, and synthetic opioids such as fentanyl—is a serious national crisis (NIDA).

In this presentation, you will:

- Examine the current status of the opioid crisis
- Examine basic opioid characteristics
- Describe the role of naloxone in opioid overdose prevention
- Identify common risk factors for opioid overdose
- Recognize signs and symptoms of acute opioid overdose
- Learn to administer Naloxone



Presented by:

JOY ALONZO, ME, PHARM D

Clinical Associate Professor
Department of Pharmacy
Practice, Texas A&M College of
Pharmacy

For more information, contact:

Amanda Summers (asummers@lee.edu) or
Rosemary Coffman (rcoffman@lee.edu)

7796_0524

S.E.HarrisCounty
COMMUNITY COALITION



LEE COLLEGE

APPENDIX I – Peers Against Tobacco Student Group



Hien H. Nguyen, PhD
Department of Kinesiology and Health Education
hiennnguyen@utexas.edu

October 4, 2024

I serve as the primary coordinator for the Peers Against Tobacco (PAT) program, a system-level, multi-component tobacco prevention program for colleges and universities in the state of Texas. The PAT program is funded by the Texas Department of State Health Services and is coordinated by the University of Texas at Austin's (UT Austin) Tobacco Research and Evaluation Team. Participation in the program involves Texas college and university students implementing tobacco prevention and control activities on their campuses, including 1) an outreach initiative, 2) forming a peer group, 3) an online tobacco prevention curriculum, 4) environmental and campus scan activities, and 5) tobacco-free campus policy initiatives.

Peers Against Tobacco programming aims to reduce the use and initiation of all tobacco and nicotine products, including combustible cigarettes, smokeless tobacco, cigars, hookah, and e-cigarettes, among 18–25-year-old college and university students in Texas. The project will achieve this through a system-level approach that raises awareness about the potential dangers of tobacco/nicotine products, corrects the misperception that some levels of tobacco use are safer than others, and improves upon current campus tobacco policies. The goal of the program is to transform the tobacco landscape of Texas college and university campuses, ultimately serving to reduce initiation and use of tobacco and nicotine across the state.

Lee College's implementation of the Peers Against Tobacco program is an exemplary comprehensive multi-pronged model of tobacco education and prevention. Over the past five academic years, the college's active participation in PAT has led to substantial and wide-reaching impacts both on campus and in the surrounding community. For the 2023-2024 academic year, the campus's tobacco prevention and education-related goal was: "Educate Students about Tobacco Prevention and provide cessation resources through Yes, Quit and/or Freedom from Smoking Plus." Lee College frequently organized resource fairs on campus with both on-campus and off-campus community partners to provide tobacco cessation resources to students. Student educators often host themed outreach events to educate peers. As a 100% tobacco-free campus, Lee College peer educators have also played a pivotal role in enhancing campus signage, effectively raising awareness among students.

faculty, staff, and visitors about the college's tobacco-free policy and reinforcing the commitment to a healthier campus environment. This year, Lee College has made substantial progress towards their goal with an estimated impact of reaching approximately 7,000 students and 300 faculty/staff members. One of the most notable aspects of Lee College's involvement in PAT is its strong collaboration with the local Baytown community coalition, the Bay Area Council on Drugs and Alcohol (BACODA). This outreach reflects not only the college's dedication to promoting a healthier campus but also its commitment to serving the local community, which includes high school students from the local school district. This partnership has been instrumental in extending the reach of tobacco prevention and cessation efforts beyond the campus.

In addition to the required prevention and education components of PAT programming, Lee College administrators also incorporated a cessation piece in 2023. Notably, Lee College developed a novel "Freedom from Smoking" annual course. The free in-person course was available to all tobacco users in the Baytown area community and was led by a certified cessation specialist. The course provided critical support to those in the community attempting to quit tobacco use.

Lee College's sustained commitment to tobacco prevention, education, and cessation through the PAT program is commendable. Their efforts not only align with the goals of the program but also make a tangible difference in reducing the use of tobacco and alternative tobacco products on campus and within the broader Baytown community. I fully support Lee College's continued participation in PAT and look forward to seeing their future successes in promoting a tobacco-free campus and community.

Sincerely,



Hien H. Nguyen, PhD
Program Manager
The University of Texas at Austin

APPENDIX J – Say What! Youth Initiative

2023 Texas Tobacco-Free Conference

Tobacco-Free Vision

Register a youth group to attend the top youth conference in the state where they'll gain new leadership skills and learn how to use those skills to create the first tobacco, nicotine, and vape-free generation!

AGENDA OVERVIEW

Sunday

- 2-6pm Conference Check-In & Games
- 6-7pm Dinner
- 7-10:30pm Opening Session & Activities

Monday

- 8-9am Breakfast
- 9am-12pm Morning Session & Breakouts
- 12-1pm Lunch
- 1-5pm Afternoon Session & Breakouts
- 6:30-7:30pm Dinner
- 7:30-10pm Evening Games & Activities

Tuesday

- 8-9am Breakfast
- 9am-12pm Morning Breakouts
- 12-1pm Lunch
- 1-5pm Afternoon Breakouts
- 6:30-7:30pm Dinner
- 7:30-10pm Evening Games & Activities

Wednesday

- 8-9am Breakfast
- 9-11am Closing Session
- 11am Conference Ends

July 23-26, 2023
www.txsaywhat.com

Breakout Sessions

Both youth and adult participants will be able to attend a variety of breakout sessions from Say What! Teen Ambassadors, Say What! youth groups, and experts from diverse fields discussing a range of tobacco and vaping prevention, addiction, youth leadership, and youth advocacy topics. Sponsors and adult participants will also be able to attend specialized sessions discussing the importance of being an adult ally and how to strengthen your youth-adult partnerships.

Project Tracks

Youth groups will also choose a project planning track to help create and plan a tobacco prevention project for their school or community. Tracks will focus on increasing awareness and providing educational opportunities to schools or the community through a variety of advocacy activities. We encourage youth groups to split up their youth members to attend all project tracks so as many projects for the school or community can be taken home. Groups will be able to sign up for the tracks they would like to attend during conference check-in on day 1 of the conference.

Location

DoubleTree by Hilton Hotel Austin
 6505 N IH 35
 Austin, TX 78752

TEXAS STATE
 TEXAS SCHOOL SAFETY CENTER

TEXAS
 Health and Human
 Services

TEXAS
 Department of State
 Health Services

Say What! is a program of the Texas School Safety Center at Texas State University and is funded through a contract from the Texas Department of State Health Services, Tobacco Prevention Initiative.

Coffman, Rosemary

From: txsaywhat@txstate.edu
Sent: Thursday, June 6, 2024 9:37 AM
To: Coffman, Rosemary
Subject: Payment Receipt – 2024 Say What! Conference



2024 Say What! Texas Tobacco-Free Conference

Payment Receipt Number: 260020

Payment Received From:
Lee College Peers Against Tobacco

1304 Adams st
Baytown , Tx 77520

Amount Paid: \$2,125.00

Payment Method: Credit Card

Balance Due: \$0.00

Attendee(s):

1 Yahaira Gomez - \$425.00
2 Rosemary Coffman - \$425.00
3 Debany Flores - \$425.00
4 Ruben Capetillo - \$425.00
5 Adrian Alvarado - \$425.00

Cancellation Policy:

A \$50 processing fee will be applied for cancellations requested after **July 1, 2024**. No refunds after July 15, 2024. Please send cancellation request via email to txsaywhat@txstate.edu.

APPENDIX K - Tobacco Project / Be Well Baytown & Lee College

2023

Instructions: The following table is prefilled with the objectives for the current funding year as well as relevant data. Please provide numeric values for "Quarterly Reporting" column. Update column "Objective Status Indicator" by selecting the current status from the drop down menu. Provide 2-3 sentences with an update in the "Opportunities and Challenges" column. Click on each column header to view definitions. Please provide an update on any supplemental reports. Update the Quarterly column and select the current status from the drop down

Objective	Metric	Objective Status Indicator	Opportunities and Challenges
<i>(Objective will be prefilled for each organization based on the Service Agreement)</i>	<i>(Metric will be prefilled for each organization, i.e. number of program participants)</i>	Met objective	
By August 31, 2023, at least 1 individual will participate in the American Lung Association's Freedom from Smoking (FFS) Facilitator Training Program	Number of individuals completed Freedom from Smoking Facilitator Training	Met objective	For FY23, one individual completed the FFS Facilitator training and provided support and guidance in our tobacco cessation efforts.
By August 31, 2023, Lee College will offer at least 1 virtual or in-person Freedom from Smoking Cohort for the fall 2022 and spring 2023 semester	Number of cohorts	Met objective	There were two attempts to have a cohort class--one starting in January and another starting in March. Neither of the sessions had enough students to have the cohort class. In response to the difficulty in getting the class to make, we offered the FFS Plus (virtual class) and was able to recruit two individuals.
	Number of class sessions held		
	Number of individuals who initiated the FFS program		
	Number of individuals who completed the FFS program		
	Number of incentives delivered to virtual participants		
	Survey data		
By August 31, 2023, up to 5 individuals who express readiness to quit using tobacco products will initiate the Freedom from Smoking Plus program	Number of individuals who initiated the program	Request to carryover objective	For FY23, we purchased five FFS plus tokens to be used for those who preferred a virtual platform. Two individuals initiated the program, but have not yet completed.
	Number of individuals who completed program		

By August 31, 2023, a minimum of 2 individuals will participate annually in the Eliminate Tobacco Summit (ETU)	Number of individuals participating at the ETU Summit	Met objective	For this year, Lee College remains active with the Eliminate Tobacco Use Working Group. 3 individuals attended the ETU Summit in Dallas with 2 additional participating virtually. At the Summit, our PAT student participated in 2 panels. We consistently attend the ETU quarterly webinars and Lee College is represented on the ETU state-wide steering committee.
	Number of ETU Follow-Up calls attended by at least 1 Lee College representative		
By August 31, 2023, continue to fully execute the tobacco-free living campaign	Number of events hosted/attended	Met objective	For Q4, there were 4 events to include NSO, the NSO module, and tabling events. Throughout FY23, we continued to promote our tobacco-free campus and tobacco education. In addition to tabling events, we hosted an ETU Day speaker and providing information at New Student Orientations. Over 5,000 students, staff, and community members had access to the information at the events. In addition, messaging was provided through social media, plasma screens, and printed materials (posters, palm cards, outdoor signs [outside large venues with community attendance]). We had opportunities to utilize incentives provided by our participation with Peers Against Tobacco and Say What. Pens with tobacco messaging were provided to all NSO students and welcome week activities.
	Estimated number of event attendees engaged (provide description in narrative)		
	Number of signs on campus		
	Number of plasma screens incorporated into rotation		
	Type of materials distributed (describe in notes section)		
	Type of incentives distributed (Describe in notes section)		
	Social Media Report on number of engagements per social media posts (likes, shares, comments)		
By August 31, 2023, create a strategic plan for Year 2 on continuation of tobacco cessation efforts	Strategic Plan	Met objective	Report Submitted.

APPENDIX L – Eliminate Tobacco Use Workgroup

ELIMINATE TOBACCO USE

Mission of the Eliminate Tobacco Use (ETU) Initiative

- To reduce the burden of tobacco-related illness by advancing a tobacco-free culture through policy, prevention and cessation services on both academic and health science center institutions of higher education in Texas and beyond.

Goals of the Eliminate Tobacco Use Initiative

- Reduce the number of tobacco users among employees, students and patients at Texas institutions of higher education by at least 50% by 2025.
- Increase participation in the ETU Initiative from all Texas institutions of higher education by 2025.
- Train at least one non-Texas institution on the core elements of the ETU Initiative annually.

Duties/Responsibilities and Expectations

- Be appointed or gain buy-in from executive leadership to participate as a representative of your campus.
- The Eliminate Tobacco Use Steering Committee member (Member) is responsible for actively engaging in this committee through attendance at 2 steering committee meetings (in-person and/or virtual), 4 webinar-style meetings and attend the annual Summit in April (in-person and/or virtual).
- Member dedicates approximately 5 hours a semester (not counting the 2-day Summit in April) to steering committee and workgroup meetings.
- Member will share regular updates from their campus perspective on challenges, successes and planning regarding their tobacco-free campus policy, prevention and cessation efforts.
- Offer ideas on how the initiative may be enhanced on campuses.
- Make recommendations for annual Summit topics, speakers and activities.
- Serve as tobacco control champion and liaison on your campus and a part of the ETU initiative.
- If necessary, develop a campus task force to implement strategies on your campus, by drafting a campus taskforce plan, with activities and services.

As an Eliminate Tobacco Use Steering Committee Member, I agree to serve on this committee and commit to:

- Live a tobacco and nicotine free lifestyle.
- Attend and participate actively during the in-person and virtual meetings.
- Serve as a tobacco control champion and liaison on my campus for the ETU Initiative.
- Identify ways to collaborate with the members of the Steering Committee as part of ETU and externally, as opportunities arise.

Printed Name: Rosemary Coffman, PhD, CRC

Signature: Rosemary Coffman

Date: July 15, 2021





