

# Mental Health Counselor

## Meet the Mental Health Counselor

Linda Torrez-Mann is a licensed professional counselor and chemical dependency counselor through the state of Texas. She received her master of science in counseling at the University of Houston-Clear Lake and her undergraduate degree at the University of Houston-Central campus.

Linda generally sees students for one to five sessions, by appointment only. Sessions are 45-50 minutes by video, phone, or in her office.

The link below is to be used to refer a student for mental health counseling for non-emergency situations. It can be a self-referral (completed by the student) or completed by a faculty or staff member with the student's permission. Once the form is submitted, Linda will contact the student within 24 business hours.

[www.lee.edu/go/mental-health-referral](http://www.lee.edu/go/mental-health-referral)

If you believe you are experiencing a mental health crisis, call 911 or go to your nearest emergency room.

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