Hurricane Survival Kit



After an

emergency, you may need to survive on your own for several days. Being prepared means having your own <u>food</u>, <u>water</u>, and other <u>supplies</u> to last for several days. A disaster supply kit is a collection of basic items your household may need in the event of an emergency.

Make sure your emergency kit is stocked with the items in the checklist below. Once you take a look at the basic items, consider which <u>unique needs</u> your family might have, such as supplies for <u>pets</u> or <u>seniors</u>.

Basic Disaster Supply Kit

To assemble your kit, store items in airtight plastic bags, and put your entire disaster supply kit in one or two easy-to-carry containers, such as plastic bins or a duffel bag.

A basic emergency supply kit could include the following recommended items:

- Water (one gallon per person per day for several days, for drinking and sanitation)
- Food (at least a three-day supply of non-perishable food)
- Battery-powered or hand-crank radio and a NOAA weather radio with tone alert
- Flashlight
- · First aid kit
- Extra batteries
- Whistle (to signal for help)
- Dust mask (to help filter contaminated air)
- Plastic sheeting and duct tape (to <u>shelter in place</u>)
- Moist towelettes, garbage bags, and plastic ties (for personal sanitation)
- Wrench or pliers (to turn off utilities)
- Manual can opener (for food)
- Local maps

Cell phone with chargers and a backup battery

Additional Emergency Supplies

Consider adding the following items to your emergency supply kit, based on your individual needs:

- Prescription medications
- Non-prescription medications, such as pain relievers, anti-diarrhea medication, antacids, or laxatives
- Prescription eyeglasses and contact lens solution
- · Infant formula, bottles, diapers, wipes, and diaper rash cream
- Pet food and extra water for your pet
- · Cash or traveler's checks
- Important family documents, such as copies of insurance policies, identification, and bank account records saved electronically or in a waterproof, portable container
- Sleeping bag or warm blanket for each person
- Sturdy shoes and a complete change of clothing appropriate for your climate
- · Fire extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates, paper towels, and plastic utensils
- Paper and pencil
- Books, games, puzzles, or other activities for children

Maintaining Your Supply Kit

- Keep canned <u>food</u> in a cool, dry place.
- Store boxed food in tightly closed plastic or metal containers.
- · Replace expired items as needed.
- Re-think your needs every year and update your kit as your family's needs change.

Kit Storage Locations

Because you do not know where you will be when an emergency occurs, prepare supplies for home, work, and cars.

- **Home:** Keep this kit in a designated place, and have it ready in case you have to leave your home quickly. Make sure all family members know where the kit is kept.
- Car: In case you are stranded, keep a kit of emergency supplies in your car.

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